



Equal Partners
in Inclusive Community
Program at Northern Arizona University

MENTORSHIP PROGRAM

MENTEE HANDBOOK 2020-2021



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PROGRAM GOAL:

The EPIC program pursues its mission through dedicated activities that support thoughtful community engagement in a respectful, safe, and supportive environment, building on our unique strengths and successes in promoting inclusion. One of the emphasis areas for EPIC is the Mentorship program.

A strong relationship with an aspirational mentor is one of the most positively impactful forces in the academic success of underrepresented students, and these students often lack the opportunities to build such relationships. EPIC will foster connecting freshmen and sophomores with upper-division students, graduate students, and faculty to build strong and nurturing mentorship relationships.

MENTEE GOALS:

EPIC mentees will develop new connections, contribute to building a sense of community, set themselves up for academic success and prepare themselves for their future careers by:

1. Willing to identify and use campus resources
2. Following University policies and procedures
3. Setting and working towards short and long term goals
4. Engaging in purposeful academic and extra-curricular activities



MENTEE EXPECTATIONS:

1. Minimum of three mentor meetings per semester
2. Meetings can be over the zoom, by phone or by email
3. At least one zoom or face time meeting per semester
4. Document date and duration of each meeting

STRATEGIES FOR A SUCCESSFUL MENTORING RELATIONSHIP:

1. Establish a warm and genuine relationship
2. Meet regularly
3. Be honest, positive and respectful
4. Share your personal experiences with your mentor
5. Be punctual and prepared for meetings
6. Show eagerness to learn
7. Ask questions
8. Be patient
9. Be a risk taker
10. Have a positive attitude
11. Allow your mentor to take the lead
12. Be an enthusiastic and active listener
13. Behave professionally
14. Take notes during meetings

BEHAVIORS TO AVOID:

1. Do not use unprofessional language
 2. Do not miss meetings or break promises
 3. Do not be critical of other faculty, staff or other students
 4. Do not be late to meetings
 5. Do not take longer than pre-arranged time during meetings
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