Academic Unit: School of Nursing

Course Prefix: NUR 349L

Course Title: Psychiatric-Mental Health Nursing Practicum

Term Offered: Fall and Spring

Credit Hours/Clock Hours: 2 credits/90 clock hours

1. Orientation 7 hours
2. Clinical observation and experience with inpatient, outpatient psychiatric and substance abuse clients at The Guidance Center with direct supervision of clinical instructor: 35 hours
3. Clinical observational activities only at the behavioral health unit, Flagstaff Medical Center: 21 hours
4. One hour post conference per week with clinical instructor: 9 hours
5. Skills Development with Motivational Interviewing via videotapes: 8 hours
6. Orientation 7 hours
7. Clinical observation and experience with inpatient, outpatient psychiatric and substance abuse
8. **Note:** Clinical Observation only indicates that students will not perform any nursing skills or therapeutic interventions including therapeutic communications. When students are assigned to The Guidance Center, direct supervision of the clinical instructor is provided. Therefore, students will perform assessments and therapeutic interventions.
9. Clients at The Guidance Center with direct supervision of clinical instructor: 35 hours
10. Clinical observational activities only at the behavioral health unit, Flagstaff Medical Center: 21 hours
11. One hour post conference per week with clinical instructor: 9 hours
12. Skills Development with Motivational Interviewing via videotapes: 8 hours
13. Observation of two AA/12 step Meetings: 3 hours
14. Clinical Simulation Experience: 7 hours

Course Prerequisite: NUR 345, NUR 345L, NUR 390W.

Co-requisites: NUR 347, NUR 347L, NUR 349

Mode of Instruction: In-person Practicum

Instructor Name:
Instructor Contact Information:

Instructor Availability:

Catalog Description:
Supervised clinical experiences working with individuals with mental health and/or psychiatric diagnoses, simulations, and clinical conferences provide a variety of opportunities to apply theory into practice with this population. The emphasis is placed upon using nursing strategies for promoting, maintaining, and restoring mental health utilizing therapeutic communication and nursing interventions for patients along the mental health/disorder continuum.

Course Purpose:
Building on pre-requisite psychology courses, therapeutic communication and nursing process taught during the first semester in the nursing program, this course provides opportunities to apply knowledge learned in NUR 349, the related didactic course. Clinical application features keen observations with therapeutic presence and communications for those with psychiatric and/or addiction diagnoses and challenges. This leads to individualized clinical reasoning and collaborative care planning which sets the stage for caring and successful psychiatric and psychosocial nursing practice in all health care settings.

Student Learning Outcomes (Note: course assignments that meet each outcome are in parenthesis)

Following completion of NUR 349L, the student will be prepared for achievement of the following clinical outcomes:

Clinical Practice and Prevention
- Provides safe, effective nursing care for patients, family, and groups (post patient interactive interview, PAC patient clinical case study, & leading a group written assignment)
- Implements nursing care using psychiatric nursing body of knowledge, theory and evidence-based research SOAP Charting & (PAC patient clinical case study)

Communication
- Integrates psychiatric nursing theories of communication into practice through engaging in clinical interactions with patients having complex communication difficulties (process communication recording)
- Evaluate patient’s mental health status using therapeutic communication individualized to the clinical circumstances.(process communication recording and PAC patient clinical case study)

Critical Reasoning
- Synthesizes knowledge of neurobiology, psychological theory, and nursing theories in order to plan and prioritize nursing care for patients with alterations in mental health status (PAC patient clinical case study & 12 step meetings assignment )

Global Health (diversity education)
• Examines the impact of health equity and social justice on nursing and health care in a variety of settings (PAC Client Clinical Case Study and a simulated experience titled *A Day in the Life...*)

**Leadership**
• Collaborates with the members of the interdisciplinary mental health care team to plan for and manage patient care considering delegation, coordination, and procurement of available resources (post patient interactive interview and PAC patient clinical case study)

**Professionalism and Professional Values**
• Assumes accountability for self by practicing according to the legal and ethical principles of nursing in various clinical and community settings, and by incorporating psychiatric nursing standards into practice (PAC patient clinical case study)
• Integrates empathy and therapeutic use of self in the comprehensive care of patients along the mental health/mental disorder continuum (process communication recording)

**Assignments/Assessments of Course Student Learning Outcomes:**

NUR 349L clinical practicum will be graded with a letter grade using the following weighting for each clinical assignment. Total points possible are 70.

<table>
<thead>
<tr>
<th>Clinical Assignment</th>
<th>Points Possible</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Case Study</td>
<td>40</td>
</tr>
<tr>
<td>Process Communication Recording</td>
<td>25</td>
</tr>
<tr>
<td>Post Patient Interaction Interview by Clinical Instructor</td>
<td>5</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>70</strong></td>
</tr>
</tbody>
</table>

1. One *Clinical Case Study* (with the option of a second if grade is at C or less). The top grade will then be posted: The possible points are 40. **A grade of C or better is required in order to pass this course.**

2. *Process Communication Recording*: This clinical assignment includes an initial process recording and individual consultation with clinical instructor. If the process recording is graded C or less, a second one will be required and posted as the final grade. For B grades, it is optional to complete a second process recording. The total possible points are 25. **A grade of C or better is required in order to pass this course.**

3. *Post Patient Interaction Interview by Clinical Instructor*: While students are in the psychiatric acute care unit, clinical instructors will work with students using the clinical practice rubric in a formative assessment manner to enhance students’ success. This will be followed by a summative, graded assessment with no cueing provided by the instructor. The total possible points are 5.

In addition, the student must pass the following pass/fail clinical assignments or activities. Each has a guideline with specific criteria to achieve.

• *Post Patient Interactive Interview Activity by Clinical Instructor*: While students are in the psychiatric acute care unit, clinical instructors will with them using a clinical practice
rubric in a formative assessment manner to enhance students' success with assessment and clinical reasoning.

- Observation at two different kinds of 12-Step Groups with an option for one support group; A written assignment is required for both
- Viewing 2 hour Motivational Interviewing videos with a written assignment required for each of the 4 videos
- Clinical Simulation titled *A Day in the Life* with written assignment

- Group Leading Assignment with required written assignment

Refer to *Assignments and Due Dates* for when assignments are due for your semester.

In order to pass this course, a C or better grade is required for the *Clinical Case Study* and *Process Communication Recording* regardless of the total points earned.

**Grading System:**

The clinical course is assessed using the following School of Nursing grading scale:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Points Range</th>
<th>Percentage Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>60-65</td>
<td>93-100%</td>
</tr>
<tr>
<td>B</td>
<td>55-59</td>
<td>84-92%</td>
</tr>
<tr>
<td>C</td>
<td>51-54</td>
<td>78-83% Required for passing</td>
</tr>
<tr>
<td>F</td>
<td>below 51</td>
<td>below 78%</td>
</tr>
</tbody>
</table>

**Reading:**


**Tentative Schedule for Post Clinical Conferences:** Preparation, attendance and engagement is required.

- Week 1: Clinical Orientation
- Week 2: Beginning Experiences and Members of the Psychiatric Interdisciplinary Health Team and Collaborative Nursing Role
- Week 3: Anxiety Disorders and Presentation of Case Studies
- Week 4: Depression Disorders and Presentation of Case Studies
- Week 5: Psychotic Disorders: Abnormal Involuntary Movement (AIM) assessment and Presentation of Case Studies
- Week 6: Bipolar Disorders
- Week 7: Addictive Disorders
- Week 8: Suicide Risk Assessment
- Week 9: Exercises in Self Exploration
- Week 10: Summary Closure, Analysis and Appreciations

**Class and School of Nursing Policies:**
Snow Day Procedure
When NAU cancels classes due to snow, your clinical day will be canceled also. If NAU has a designated a late start for 9 am or 10 am, you will your have clinical day starting when classes resume, ie 9 or 10 am. When NAU determines a late starts for 11 am or later, your clinical day will be cancelled.

Bb Learn Communication
Plan to check for course messages regularly in order to be current about what is happening. Your instructor will actively check for courses messages every other day except weekends. Please share your questions and concerns as they arise.

Respectful listening and responding can be a challenge with online communications without the ability to see nonverbal behaviors. Take time to carefully word your communications. Netiquette tm features the core rules of netiquette-online communication etiquette. The link to these is: http://www.albion.com/netiquette/corerules.html

Confidentiality Statement, School of Nursing Handbook
Students must maintain client confidentiality at all times. No discussion regarding clients is acceptable outside the classroom or clinical setting. In clinical conferences and in the classroom references to actual client experiences, refer to the client by their initials only.
Do not leave cell phones on and/or use cell phones in any clinical setting. In particular, it is a violation of confidentiality to take any pictures through cell phones including pictures of fellow students.

You may not remove from the clinical setting ANY part of a medical record that staff may tell you is “extra” and “you just have to cross out their name” (i.e. medication administration record back copies). These forms contain other identifying information on them and therefore should stay in the facility to avoid violating patient confidentiality. Too, please be careful what you say in halls, elevators and bathrooms while in clinical. Client records are not to be photocopied under ANY circumstances.

Failure to adhere to this policy can result in removal from the clinical experience, the course, and/or referral in accordance with the communication of concerns process in the NAU School of Nursing Student Handbook.

School of Nursing Clinical Attendance and Tardy Policy
Students are expected to be on time to all clinical and clinical related activities. Any tardiness or no call/no show is considered unprofessional behavior. Extenuating circumstances will be evaluated on a case by case basis. More than one tardy or any no call/no show absence will result in an initiation of a student contract. Any additional tardiness, you will be sent home from clinical and you will be required to meet with the School of Nursing Campus Coordinator. Three tardies or a second no call/no show absence may result in failure of this clinical course. In addition, students may be awarded scores lower than three (3) on the professionalism and professional values and communication sections of the clinical evaluation form for tardiness or absences. Any score below three (3) on any section of the clinical evaluation form will result in a failure in the clinical course. In cases of tardiness or absence/s related to illness, injury, or
pregnancy, faculty reserve the right, on an individual student basis, to request healthcare provider
documentation for medical clearance prior to returning to clinical.

Please refer to the School of Nursing BSN Handbook for further information on missed clinical
hours. You can access the NAU School of Nursing BSN Handbook via the following link:

University Policies:

Link to NAU policy statements for course syllabi: 
nau.edu/OCLDAA/_Forms/UCC/SyllabusPolicyStmts2-2014/

You can access the NAU Student Handbook via the following link: https://nau.edu/student-life/student-handbook/