

**NORTHERN
ARIZONA
UNIVERSITY**



**Nursing Therapeutics Skills List:
Traditional
(07/2015)**

This Skills List Belongs to: _____

NOTE:

This skills list is to be retained by the student throughout the NAU BSN program. It should be reviewed with Clinical Instructors at the beginning and completion of each clinical course. It is the student's responsibility for ongoing maintenance of this record.

Nursing Therapeutics Skills List

INSTRUCTIONS:

For successful completion of each course (see syllabus), all clinical skills listed specifically for that course in the checklist must be signed off. The checklist should be reviewed with clinical instructors at the beginning and completion of each clinical course unless directed otherwise.

It is the student’s responsibility to ensure that skills for each course are completed and signed off by the instructor.

The student is also responsible for ongoing maintenance of this record. These checklists are retained and maintained by the student. Updated copies of the checklist are placed in the portfolio binder at the completion of each clinical course throughout the NAU BSN program.

We suggest that at the end of each semester you make a copy of this checklist and have the copy placed in student services in your file. This way, if the checklist is misplaced there is a copy on file.

When signing off skills instructors should put initials and date in the appropriate section for each skill and sign the back of this list. Signatures for “Perform: Lab” indicate the student has been checked off as competent in the laboratory setting. Signatures for “Perform: Clinical” indicate the student has been checked off in the clinical setting.

Skill	Course Taught	Perform: Lab	Perform: Clinical	Comments
<i>Professional Communications and Presence</i>				
Therapeutic nurse/patient communications	NUR 225/349			
Interviewing	NUR 225			
Therapeutic presence	NUR 349			
Full narrative history	NUR 440			
Interdisciplinary communication	NUR 440			
Communication with Preceptor	NUR 451			
<i>Physical Assessment</i>				
Temperature: oral	NUR 225			
Temperature: tympanic	NUR 225			
Temperature: rectal	NUR 225			
Temperature: axillary	NUR 225			
Temperature: temporal artery	NUR 225			
Radial pulse	NUR 225			
Respiratory rate	NUR 225			

Skill	Course Taught	Perform: Lab	Perform: Clinical	Comments
Blood pressure	NUR 225			
Breath sounds	NUR 225			
Bowel sounds	NUR 225			
Apical pulse	NUR 225			
Peripheral pulses	NUR 225			
Doppler to assess pulses	NUR 225			
Skin assessment	NUR 225			
Level of consciousness (LOC)	NUR 225			
Oxygen saturation	NUR 225			
Pain assessment	NUR 225			
Focused Assessment	NUR 225			
Comprehensive (Head-to-Toe)	NUR 225			
<i>Infection Control</i>				
Handwashing	NUR 225			
Universal/standard precautions	NUR 225			
Airborne precautions	NUR 225			
Droplet precautions	NUR 225			
Contact precautions	NUR 225			
Use of PPE (yellow gown, gloves, face mask/ shield)	NUR 225			
Sterile technique (gloves & sterile field)	NUR 225			
Sterile gown, closed gloving, surgical cap, & foot covers	NUR 225			
Disposal of contaminated wastes	NUR 225			
<i>Patient Safety</i>				
Patient identification	NUR 225			
Bedrails/position	NUR 225			
Call light	NUR 225			
Restraints	NUR 225			
Documentation	NUR 225			
<i>Hygiene</i>				
Bathing	NUR 225			
Oral/denture care	NUR 225			
Perineal care	NUR 225			
Scalp/hair care	NUR 225			
Bed making: unoccupied	NUR 225			
Bed making: occupied	NUR 225			
TED hose/ Sequential Compression Device (SCD's)	NUR 225			
<i>Elimination</i>				
Bedpan	NUR 225			
Commode	NUR 225			
Ostomy care	NUR 225			

Skill	Course Taught	Perform: Lab	Perform: Clinical	Comments
Straight catheter insertion: M & F	NUR 225			
Foley catheter insertion: M & F	NUR 225			
Foley catheter care: M & F	NUR 225			
Emptying a foley bag	NUR 225			
Condom catheter/care	NUR 225			
Enemas: small volume (Fleets)	NUR 225			
Enemas: large volume	NUR 225			
Urine specimen: clean catch	NUR 225			
Urine specimen: straight cath	NUR 225			
Urine specimen: Foley	NUR 225			
Urine specimen: 24 hour urine	NUR 225			
Stool specimen	NUR 225			
Stool: occult blood	NUR 225			
Urine: labstix	NUR 225			
Intake/output measurement	NUR 225			
<i>Mobility & Positioning</i>				
Body mechanics (nurse)	NUR 225			
Turning & positioning	NUR 225			
Transfers	NUR 225			
Ambulation	NUR 225			
Range of motion	NUR 225			
Hydraulic lift	NUR 225			
Assistive devices: walker, canes, crutches	NUR 225			
Safe lifting	NUR 225			
Gait belt	NUR 225			
Seizure precautions	NUR 225			
<i>Nutrition</i>				
Feeding clients	NUR 225			
Care of feeding tubes	NUR 225			
Nutrition through feeding tube/pump	NUR 225			
Insertion of Nasogastric tube (NGT)	NUR 345			
Remove Nasogastric tube (NGT)	NUR 345			
Blood glucose monitoring	NUR 225			
<i>Comfort</i>				
Non pharmacologic nursing interventions	NUR 225			
<i>Medication Administration</i>				
Principles	NUR 225			
Oral meds	NUR 225			
Topical meds	NUR 225			
NG/PEG meds	NUR 225			

Skill	Course Taught	Perform: Lab	Perform: Clinical	Comments
Inhaler	NUR 225			
Nebulizer	NUR 225			
Nasal instillation	NUR 225			
Ophthalmic instillation	NUR 225			
Ear instillation	NUR 225			
Rectal suppository	NUR 225			
Vaginal suppository	NUR 225			
Subcutaneous injections	NUR 225			
Intradermal injections	NUR 225			
IM injections	NUR 225			
<i>Intravenous care and medications</i>				
Phlebotomy	NUR 345			
Insert IV	NUR 345			
IV site assessment	NUR 345			
IV infusion management	NUR 345			
IV pump	NUR 345			
IV push/bolus	NUR 345			
IV piggyback	NUR 345			
Hep/saline lock flush	NUR 345			
D'C IV	NUR 345			
<i>Advanced IV Care</i>				
Central line care	NUR 345			
Administer meds via central line	NUR 345			
Central line removal	NUR 345/347			
Port-a-cath care	NUR 347			
Blood administration	NUR 347			
<i>Sterile Wound Care</i>				
Dry dressing	NUR 225			
Wet to damp	NUR 225			
Wound irrigation	NUR 225			
Suture removal	NUR 225			
Surgical staple removal	NUR 225			
Steri-strip application	NUR 225			
J-P drains/care	NUR 225			
Hemovac/care	NUR 225			
<i>Respiratory Care</i>				
Oxygen administration	NUR 225/347			
Incentive spirometer	NUR 225/345			
Oral/nasal suctioning	NUR 347			
Nasal pharyngeal airway (NPA) insertion	NUR 347			
Oral pharyngeal airway (OPA) insertion	NUR 347			
Ambu bag/mask	NUR 347			
Tracheostomy care	NUR 347			
Tracheostomy suctioning	NUR 347			
Endotracheal tube care	NUR 347			
Ventilator care	NUR 347			

Advanced Assessment Monitoring				
Electrocardiogram	NUR 347			
Mock Code	NUR 347			
Pediatric/Labor and Delivery/Obstetric Care				
Administer Medications				
Principles	NUR 411			
Dosage calculations	NUR 411			
Oral medications	NUR 411			
IM injections	NUR 411			
Intradermal injections	NUR 411			
Ophthalmic instillation	NUR 411			
Developmental Assessment				
Newborn	NUR 411			
Infant	NUR 411			
Toddler	NUR 411			
School Age	NUR 411			
Adolescent	NUR 411			
Family	NUR 411			
Teaching				
Inpatient	NUR 411			
Outpatient	NUR 411			
Well Child	NUR 411			
Family	NUR 411			
Physical Assessment Newborn				
Temp: axillary	NUR 411			
Temp: temporal artery	NUR 411			
Brachial pulse	NUR 411			
Respiratory rate	NUR 411			
Breath sounds	NUR 411			
Bowel sounds	NUR 411			
Apical pulse	NUR 411			
Peripheral pulses	NUR 411			
Integument	NUR 411			
APGAR scores	NUR 411			
Physical Assessment Pediatric				
Temp: temporal artery	NUR 411			
Radial pulse	NUR 411			
Respiratory rate	NUR 411			
Blood pressure	NUR 411			
Breath sounds	NUR 411			
Bowel sounds	NUR 411			

