Course Description
Advanced psychiatric nursing care of children and adolescents: including assessment, diagnosis, health promotion/management, and evaluation.

Course Purpose
This course is designed to prepare the PMHNP student to provide holistic and developmentally appropriate care to the child, adolescent, and family. The PMHNP student will evaluate human growth and development, recognize typical versus atypical development, explore the theoretical basis of care, and engage in health promotion for the pediatric population from infancy to late adolescence. The PMHNP student will also develop understanding, and critically analyze theoretical biopsychosocial etiology and evidence-based treatments for neurodevelopmental disorders, childhood maltreatment, anxiety and obsessive-compulsive disorders, mood disorders and psychosis, eating and feeding disorders, substance use, and oppositional defiant and conduct disorders.

Course Structure/Approach
Fully Online: This course will be delivered entirely online. Students will be required to access materials and complete activities and assignments online via Canvas including:
1. Lectures
2. Discussions
3. Presentations
4. Online testing

Course Student Learning Outcomes
Upon completion of the course, the successful student will:

Clinical Practice and Prevention
1. Utilize health promotion and disease prevention frameworks in planning care for children and adolescents in psychiatric and mental health settings. (AACN Domains 8 & 9)
2. Modify interviewing and assessment frameworks for children and adolescents in psychiatric-mental health settings. (AACN Domains 1 & 9)
3. Construct a psychiatric formulation for a child or adolescent based on symptoms; psychiatric and medical history; genetic factors; family dynamics; social and developmental achievements; MSE; coping abilities, and differential diagnoses. (AACN Domains 1 & 9)
Critical Reasoning
4. Identify advanced psychiatric nursing and biopsychosocial theories to diagnose children and adolescents with psychiatric disorders. (AACN Domains 1 & 9)
5. Identify psychopharmacological and nonpharmacological interventions in the management of psychiatric disorders in children and adolescents using contemporary research of best evidence. (AACN Domains 4 & 9)

Leadership
6. Analyze initiatives of social justice that enhance access, quality, ethical practice, and cultural competence in mental health care for children and adolescents. (AACN Domains 6 & 9)

Professionalism and Professional Values
7. Evaluate outcomes of care related to quality and safety in diagnosis and treatment of children and adolescents. (AACN Domains 3 & 9)

Global Health
8. Identify strategies for advocacy in the needs of the specialized and vulnerable population of mentally ill children and adolescents. (AACN Domains 6 & 9)

Assignments/Assessments of Course Student Learning Outcomes
NUR 657 will be graded with a letter grade using the following weighting for each assignment. Total points possible are 1000.

<table>
<thead>
<tr>
<th>Item</th>
<th>Percent of Grade</th>
<th>Points</th>
<th>Student Learning Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reflection Video</td>
<td>3</td>
<td>30</td>
<td>2</td>
</tr>
<tr>
<td>Psychiatric Evaluation Template for Children &amp; Adolescents</td>
<td>9</td>
<td>90</td>
<td>2</td>
</tr>
<tr>
<td>Child &amp; Adolescent Health Promotion &amp; Disease Prevention</td>
<td>10</td>
<td>100</td>
<td>1</td>
</tr>
<tr>
<td>Child &amp; Adolescent Diagnostic Presentation</td>
<td>18</td>
<td>180</td>
<td>1, 3, 5</td>
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<tr>
<td>Quizzes (3 total; 50 pts each)</td>
<td>15</td>
<td>150</td>
<td>2, 3, 5</td>
</tr>
<tr>
<td>Discussions (6 total; 20 pts each)</td>
<td>12</td>
<td>120</td>
<td>4-8</td>
</tr>
<tr>
<td>Board Vitals Final Exam</td>
<td>10</td>
<td>100</td>
<td>1, 3-5</td>
</tr>
<tr>
<td>Comprehensive Exam</td>
<td>23</td>
<td>230</td>
<td>1-8</td>
</tr>
<tr>
<td>Total</td>
<td>100%</td>
<td>1000</td>
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</tbody>
</table>

Reflection Video: Answer the prompt using a video recording (audio and camera) and post to the discussion board. A response to a peer is not required but is encouraged.

Psychiatric Evaluation Template for Children & Adolescents: Each student will create a comprehensive psychiatric evaluation template that includes specific developmentally appropriate questions and required concepts for documenting the psychiatric evaluation of a child or adolescent.


Child & Adolescent Diagnostic Presentation: A topic will be selected for each student to generate a recorded audio-visual presentation with a handout. The presentation will compare and contrast the assigned diagnosis with the diagnosis’s differentials across the following concepts:
  - Symptom constellations
• Onset and course of illness
• Methods of differentiating diagnosis from differential diagnoses
• Treatment planning
• Anticipated outcomes

Quizzes: Each quiz is worth 50 points and will be 20 questions in length. There are three (3) total quizzes in this course. All quizzes will be administered via NAU Canvas and will be timed. You will have 30 minutes to complete the quiz. In the case you have technical difficulties with the examination, you must call the Help Desk at (928) 523-3335 immediately. Do not call the instructor first. Once the matter has been resolved by the Help Desk, call or email the instructor to alert them of the issue. No exceptions will be made to this policy and therefore must be followed. Each of the three quizzes will be available from Tuesday 1200 – Thursday 2359 of the corresponding week. No exceptions will be made to this policy, so please plan in advance.

Discussions: The student will respond to the discussion prompt on the discussion board by Wednesday 2359 of the given week. Respond to two (2) peers by Sunday 2359. Note that there may be some weeks where students will only respond to one (1) peer by Sunday 2359. The student’s initial post requires a minimum of 3 credible references. Each response to a peer requires a minimum of 2 credible references. Please see the rubric for specific assignment and grading criteria.

Board Vitals Final Exam: Students will complete a 100-question practice exam which takes place on the Board Vitals Platform. This assignment is meant to help prepare students for standardized questions. Students are expected to read the rationale provided for every question.

Comprehensive Exam: 150-question exam covering material from lecture, discussions, clinical, previous, and concurrent courses. This exam will be administered via NAU Canvas and will be timed. You will have 225 minutes to complete the exam. In the case you have technical difficulties with the examination, you must call the Help Desk at (928) 523-3335 immediately. Do not call the instructor first. Once the matter has been resolved by the Help Desk, call or email the instructor to alert them of the issue. No exceptions will be made to this policy and therefore must be followed. The exam will only be available on the date and time scheduled. No exceptions will be made to this policy, so please plan in advance.

Grading System
A passing grade is 84% or greater. If you receive less than 84% in the course, you must repeat the course in order to progress.

A =/> 93% (=/> 925 points)
B 84% - 92% (835 – 924 points)
F <= 83% (<= 834 points)

Note: a grade of B or above is a passing grade in this course

Readings and Materials
*Note: The textbooks required in this course will be used in future courses in the PMHNP program. It is recommended you obtain a copy of these texts and retain them so that you will have them for your upcoming courses. Many of your texts are available through the Cline Library.

<table>
<thead>
<tr>
<th>Module</th>
<th>Week</th>
<th>Topics</th>
<th>Assignments Due Sunday @ 2359 unless otherwise noted</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>1</td>
<td>Assessment &amp; Diagnosis</td>
<td>Reflection Video</td>
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<tr>
<td></td>
<td>2</td>
<td></td>
<td>Psychiatric Evaluation Template for Children &amp; Adolescents</td>
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<tr>
<td></td>
<td>3</td>
<td></td>
<td>Quiz 1</td>
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<td>2</td>
<td>4</td>
<td>Neurodevelopmental Disorders</td>
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<td>Disruptive, Impulse-Control, and Conduct Disorders</td>
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<td></td>
<td>5</td>
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<td>Discussion 1</td>
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<td>6</td>
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<td>Quiz 2</td>
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<td>7</td>
<td>Disorders Affecting Somatic Functioning</td>
<td>Discussion 2</td>
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<td>Feeding and Eating Disorders</td>
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<td></td>
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<td>Elimination Disorders</td>
<td>Child &amp; Adolescent Health Promotion &amp; Disease Prevention</td>
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<tr>
<td>4</td>
<td>9</td>
<td>Mood Disorders</td>
<td>Discussion 3</td>
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<td></td>
<td>10</td>
<td></td>
<td>Quiz 3</td>
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<tr>
<td>5</td>
<td>11</td>
<td>Anxiety &amp; Obsessive-Compulsive Disorders</td>
<td>Discussion 4</td>
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<td>Trauma &amp; Stressor-Related Disorders</td>
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<td>6</td>
<td>13</td>
<td>Substance Use Disorders</td>
<td>Discussion 5</td>
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<tr>
<td>7</td>
<td>14</td>
<td>Gender Dysphoria, Gender Identity, and Related Conditions</td>
<td>Discussion 6</td>
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<tr>
<td>8</td>
<td>15</td>
<td>Testing</td>
<td>Board Vitals Final Exam</td>
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<td></td>
<td>16</td>
<td></td>
<td>Comprehensive Exam</td>
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</tbody>
</table>

All due dates are communicated well in advance & students should make arrangements to complete assignments early, if necessary.  

*(Subject to change with adequate notice)*
Class Policies

Scholarly Work: It is expected that students will proofread papers and other assignments prior to submission. Be advised that an assignment will likely take 3 to 5 revisions before it is close to being ready to submit. If there is evidence of lack of proofreading papers may be returned without review. It is expected that each student will incorporate feedback provided in a prior assignment to improve the next relevant assignment. Should there be no evidence of improvement, points will be deducted at the professor’s discretion. This could significantly affect student grades, and it is advised that students carefully attend to each assignment to ensure it their best work.

Retests/Makeup tests: It is expected that quizzes and examinations will be taken during the time scheduled. Illness or other reasons to delay testing should be brought up with the instructor prior to the date of the quiz/examination. Rescheduling of a quiz or examination may be arranged for valid reasons such as illness or personal/family emergencies. This is arranged at the discretion of the instructor.

Late assignments and discussions: No late DISCUSSIONS will be accepted. Late assignments are subject to a 10% reduction in points. No assignments will be accepted after being 7 days late. Some exceptions may occur to late assignments if you contact the instructor prior to the due date with a reasonable excuse for tardiness which may include documentation of a family or personal emergency. Very few exceptions will be made.

Attendance Policy: Under NAU Policy students are expected to engage in class and prepare for participation in all activities and discussions. The SON believes active engagement enriches the learning experience.

Academic Dishonesty/Plagiarism: All forms of student academic dishonesty, including cheating, fabrication, facilitating academic dishonesty, and plagiarism are prohibited and subject to disciplinary action. Cheating means intentionally using or attempting to use unauthorized materials, information, or study aids in any academic exercise. In this course, quizzes and tests are to be completed without the assistance of books, Internet resources, or assistance from other individuals or resources. Fabrication means intentional and unauthorized falsification or invention of any information or citation in an academic exercise. Plagiarism means intentionally or knowingly representing the words or ideas of another/artificial intelligence (Chat AI or Chat GPT, etc) as one's own in any academic exercise. For further explanation of academic dishonesty refer to the School of Nursing Graduate Student Handbook and Northern Arizona University Student Handbook.

Important Notice: There is strict adherence to every part of the NAU Student Handbook and the NAU Graduate Nursing Student Handbook.

University Policies

Review the following NAU Policy Statements for Syllabi by accessing this URL: https://nau.edu/wp-content/uploads/sites/26/Syllabus-Policy-Statements.pdf

1. COVID
2. Academic Integrity
3. Course Time Commitment
4. Disruptive Behavior
5. Non-discrimination and Anti-Harassment
6. Title IX
7. Accessibility
8. Responsible Conduct of Research
9. Misconduct in Research
10. Sensitive Course Materials

The Impaired Student policy will be strictly adhered to; there will be no tolerance for any evidence of substance abuse.

COVID Policies/Procedures
To allow flexibility to pivot as the path of this virus continues to evolve, please refer to the *Jacks Are Back* webpage: [https://nau.edu/jacks-are-back/](https://nau.edu/jacks-are-back/). Any necessary information and updates will be posted there throughout this academic year.