

College of Education

Joseph Aruguete, M.A.
Doctoral Student

Admission Year: 2018

Professional Bio

Joseph Aruguete is a half Chinese, quarter Cuban, and quarter Irish student from Chinle, Arizona, located on the Navajo reservation. Joseph Aruguete earned his B.S. in Psychology and M.A. in Clinical Mental Health Counseling from Northern Arizona University (NAU). He is currently in his third year in the doctoral program. His research interests have been driven by his practice experience (interning with the Hualapai tribe and Exodus program) desire to help his local community on the Navajo reservation. His research interests include understanding and addressing mental health accessibility issues for rural and ethnic minorities in the Southwest. His research interests have led him to investigate prescribing psychologist practice and how they impact and address mental health accessibility issues. He is also interested in exploring research climate, how it impacts research quality and how it leads to disproportionately affecting students of color.

Areas of Teaching Interest

Joseph enjoys teaching clinical process classes, such as Group Processes, Individual Processes, and Master's level Supervision.

Areas of Research and Clinical Interest

- Identify and understand knowledge and skill gaps in diagnosis, treatment, and care coordination of children with autism
- Explore clinical competencies in working with children diagnosed with autism
- Identify evidence-based therapeutic interventions and best-practices to assess children and adolescents with developmental and learning disabilities and adults with psychological disorders

Recent Publications

Bartz, J., Applequist, K. & **Aruguete, J.** (2020). Moving the needle: Developing and refining professional practices of rural teacher candidates. (Manuscript submitted).

Aruguete, J., Garcia, Y., De La Torre, A. & Swenson, C. (2020). Prescription privileges and prescribing psychology: A scoping review. (Manuscript in preparation).

Recent Presentations

Kolodinsky, P., Pepic, V., Winans, S., Bouffard, S., **Aruguete, J.**, & Goforth, C., (November 2020). Teaching Wellness Practices to Counselors-in-Training: A Three-Year Overview. WACES Conference, Tucson, AZ, United States. (Conference canceled).

Aruguete, J., Garcia, Y., & Swenson, C., (August 2020). The experiences of prescribing psychologists: A systematic literature review. APA Conference, Washington D.C.

Rodriguez, L., **Aruguete, J.**, Kalas, K., & Horn, R. (August 2020). Scientific misconduct: addressing questionable research practices. APA Conference, Washington D.C.

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Hanks, E. & **Aruguete, J.** (February 2019). Building professional relationships to make a difference. NAU Leadership Conference, Flagstaff, AZ.

Aruguete, J., Rodriguez, V., Garvin, C., Vargas, B., & Dickey, L. (May 2018). Suicide Among Navajo Nation Youth. Chinle High School, Chinle, AZ.

Kolodinsky, P., Hanks, E., Savage, M., **Aruguete, J.**, & Horn, R. (April 2017). The effects of a comprehensive, semester-long self-care course on counselor-in-training wellness. Poster presented at the annual Rocky Mountain Psychological Association Conference, Salt Lake City, UT.

Professional and Leadership Activities

- Division Student Representative, American Psychological Association: Division 45, 2020-present
- President, Social Justice Advocacy Committee
- Vice-President, NAU National Alliance on Mental Illness
- Board Member, Flagstaff National Alliance on Mental Illness
- Graduate Assistant, NAU College of Education Research Center

Professional Memberships

- American Psychological Association (APA)
- American Psychological Society (APS)

*CV available upon direct request to student at jj87@nau.edu.

*Bios and CVs are updated during the Fall term of each year and may not include the most recent information