

College of Education

Christopher Kalas, B.A.

Doctoral Student
Admission Year: 2020

Professional Bio

Christopher was born and raised in Flagstaff, AZ. He earned his B.A. from Northern Arizona University (NAU). He was influenced while living in Japan and studying Hikikomori, a Japanese culture-bound disorder, to focus on the mental health impacts of immigration and cultural assimilation in the United States. During his work at the Inpatient Behavioral Health Unit at Flagstaff Medical Center, he discovered his passion for working with children and adolescents. He hopes to expand his knowledge of school systems, conduct research that will back up with clinical work, and hone his skills as a future clinician. He is also interested in expanding his knowledge about Native American and Latinx cultures.

Areas of Research and Clinical Interest

- The impact of immigration on social belonging in adolescents
- Culture-bound disorders
- Multicultural competence in psychotherapy
- Child and adolescent psychotherapy
- Play therapy
- Multicultural therapy

Recent Presentations

Kalas, C., McFarland, E., Westbrook, A. D., Weston, R., & Whitney, D. (2018, November 30). *Gender's Influence on the Correlation between Distance and Trust in Romantic Relationships*. [Poster presentation] Northern Arizona University, Flagstaff, AZ, United States

Cargile, A., Franciosi, S., & **Kalas, C.** (2019, April 26) *A Systematic Literature Review of PST for Geriatric Patients with MDD*. [Poster presentation] Northern Arizona University, Flagstaff, AZ, United States

Professional Memberships

- APA Graduate Student Affiliate Membership