

Supervised Internship Experiences
M.A. Clinical Mental Health Counseling – Reflection Paper

Directions for Mid-Point/Final Reflection Paper:

1. Prepare an APA-formatted paper which provides evidence that you are successfully engaged in each of the evaluation categories shown in the rubric below. There is no paper length requirement, per se, however, you should aim for all 4's in the rubric shown below.
2. Please submit this reflection paper to your Agency Supervisor for feedback and recommended revisions prior to completing your mid-point/final evaluations.
3. Once your Agency Supervisor has read and offered feedback about this assignment, email the paper to your NAU internship instructor. Your NAU instructor may require some revision.
4. The instructor will use the rubric shown below to evaluate your paper.

EPS 694 Mid-Term Reflection – Clinical Mental Counseling

	Needs Remediation: 1.00	Meets Expectations: 2.00	Exceeds Expectations: 3.00
GOALS & OBJECTIVES: Reflective thinking on goals and objectives related to the promotion of client well-being and improving agency functioning	Demonstrates vague, unclear goals or goals not closely aligned with the mission of community counseling and/or little or vague description of progress and little or no future goal orientation.	Demonstrates thoughtful identification of goals/objectives to promote all client well-being.	Demonstrates exceptional insight and thorough articulation of goals/objectives to promote well-being for all client well-being.
ACTIONS TAKEN: Reflective thinking on actions taken to achieve goals and objectives	Demonstrates vague, unclear actions or actions that are not aligned with contract objectives	Demonstrates thoughtful actions that are well-aligned with contract objectives	Demonstrates exceptional insight and thorough articulation of actions taken to achieve contract goals and objectives
THEORIES & TECHNIQUES: Reflective thinking on the counseling theories and techniques that have been actively used, and any other community counseling core knowledge that has been integrated into the internship experience.	Demonstrates poorly explained or inappropriate explanation of counseling theories and techniques used in direct services with clients	Demonstrates thoughtful and articulate explanation of counseling theories and techniques used in direct services with clients	Demonstrates very thorough and well-organized explanation of counseling theories and techniques used in direct services with clients

<p>DATA MANAGEMENT: Reflective thinking on methods & outcomes used for data collection to assess your overall effectiveness as a counselor</p>	<p>Minimally or poorly organized thinking about data collection to assess your overall effectiveness as a counselor with limited details.</p>	<p>Thoughtful reflective thinking about data collection to assess your overall effectiveness as a counselor with moderate details.</p>	<p>Detailed and insightful reflective thinking about data collection to assess your overall effectiveness as a counselor with high level of detail.</p>
<p>EVIDENCEBASED TREATMENT Reflective thinking on how scientific research in the counseling discipline has been used in treatment planning and specific interventions</p>	<p>Minimal and/or poorly organized description of ways which you have successfully integrated evidence-based research into your work with clients.</p>	<p>Thoughtful but not detailed descriptions of ways in which you have successfully integrated evidence-based research into your work with clients.</p>	<p>Detailed and articulate descriptions of ways in which you have successfully integrated evidence-based research into your work with clients.</p>
<p>PROFESSIONAL RELATIONSHIPS: Describe your interactions with key agency personnel, as well as relationships outside of the agency, and how you have navigated these relationships in ways that have helped you in your work.</p>	<p>Poorly described or inadequate interactions with key agency personnel, as well as relationships outside of the agency, and how these have been navigated in ways that have helped you in your work.</p>	<p>Demonstrates thoughtful and articulate explanation of interactions with key agency personnel, as well as relationships outside of the agency, and how these have been navigated in ways that have helped you in your work</p>	<p>Demonstrates excellence and very articulate explanations of interactions with key agency personnel, as well as relationships outside of the agency, and how these have been navigated in ways that have helped you in your work</p>
<p>MULTICULTURAL COMPETENCIES: Reflective thinking about how you have interacted with a variety of clients, including those with disabilities and/or those from diverse ethnic, racial, gender, and SES groups.</p>	<p>Minimal and/or poorly organized description of how you have applied multicultural competencies with diverse populations</p>	<p>Thoughtful but not detailed descriptions of how you have applied multicultural competencies with diverse populations.</p>	<p>Detailed and articulate descriptions of how you have applied multicultural competencies with diverse populations.</p>
<p>TECHNOLOGY: Describe how you have successfully used technology/ technologies in order to benefit your development, as well as your clients' overall well-being.</p>	<p>Minimal and/or poorly organized description of use of technology in order to benefit your own development, as well your clients overall well-being</p>	<p>Thoughtful but not detailed description of use of technology in order to benefit your own development, as well as your clients overall well-being</p>	<p>Detailed and insightful description of use of technology in order to benefit your own development, as well as your clients overall well-being.</p>

<p>LEGAL & ETHICAL CHALLENGES: Reflective thinking on legal and ethical issues encountered and how they were or will be resolved.</p>	<p>Minimal and/or poorly organized description of legal and ethical issues encountered and how they were or will be resolved.</p>	<p>Thoughtful but not detailed descriptions of legal and ethical issues encountered and how they were or will be resolved.</p>	<p>Detailed and articulate descriptions of legal and ethical issues encountered and how they were or will be resolved. Demonstrates exceptional insight and thorough understanding of relevant legal and ethical issues in internship experiences and how they were or will be resolved</p>
<p>STRENGTHS & AREAS OF IMPROVEMENT: Reflective thinking on strengths and areas of improvement.</p>	<p>Minimal and/or poorly organized description of strengths and areas of improvement with basic/vague improvement plan.</p>	<p>Thoughtful but not detailed reflection about 2 or more strengths and 2 or more areas of improvement with an improvement plan.</p>	<p>Detailed and articulate reflection about 3 or more strengths and 3 or more areas of improvement with well defined improvement plan.</p>
<p>GOALS FOR REMAINDER OF INTERNSHIP*: Reflective thinking about ways you intend to continue reaching your initial goals and objectives during the remainder of the internship that focus on improving client welfare with an emphasis of improving practice as a community counselor. * When writing the Final Reflection Paper, write about goals for immediate future in the field.</p>	<p>Demonstrates minimal or inadequate reflective thinking about ways in which you intend to continue reaching your initial goals and objectives during the remainder of the internship</p>	<p>Demonstrates thoughtful and articulate reflective thinking about ways in which you intend to continue reaching your initial goals and objectives during the remainder of the internship</p>	<p>Demonstrates excellence and very well-articulated reflective thinking about ways in which you intend to continue reaching your initial goals and objectives during the remainder of the internship</p>
<p>WRITING SKILLS: Careful organization of ideas using assigned headings, APAformatted and error-free</p>	<p>Demonstrates poor organization, lack of APA formatting, and frequent errors in grammar, punctuation and spelling, etc.</p>	<p>Demonstrates good organization of ideas, use of assigned headings, and APA formatting, with occasional minor errors.</p>	<p>Demonstrates excellence in organization of ideas, use of assigned headings, APA formatting, and is error-free.</p>

