

***Welcome to NAU's Clinical Mental Health Counseling Orientation  
to Internship Video #1***  
**Part I: Introduction**

1. THANK YOU for considering working w/ an NAU CMHC Intern!
2. This is Video #1, Orientation to NAU CMHC internship, **required** by all site sup's starting Jan. 2020
  - a. 1 CEU available
3. Video #2, Overview of Supervision Models & Methods, is our optional Professional Development opportunity tailored toward a review of basic Models and Methods.
  - a. 1 CEU available
4. Videos meets CACREP requirements:
  - a. *Orientation, consultation, and professional development opportunities are provided by counselor education program faculty to site supervisors. (Sec 3-Q, Supervisor Qualifications)*
    - i. Video #1 **ORIENTS** supervisors to NAU CMHC program and internship
    - ii. Video #2 meets the **PROFESSIONAL DEVELOPMENT** opportunity requirement
    - iii. **CONSULTATION** is provided via NAU CMHC faculty before and during internship (at least 3 contacts)

## Part 2: What courses have your intern will have completed BEFORE Internship?

### Foundational Courses

- EPS 615 Lifespan Human Development: Implications for Counseling
- EPS 690 Multicultural Counseling (MC competencies, social justice, advocacy)
- EPS 617 Counseling Research (producer, consumer of counseling research)
- EPS 625 Intermediate Statistics (producer, consumer of stats within research)

### Counseling Specializations

- EPS 617 Counseling Assessment (interviewing, test-worthiness, test section, interp.)
- EPS 621 Counseling Couples and Families
- EPS 592 Intro Clinical Mental Health Counseling (orientation to profession)
- EPS 601 Theories of Counseling (modern theories, applied)
- EPS 620 Vocational Counseling and Career Development (career + personal)
- EPS 660 Counseling Processes (15 weeks of microskills practice on peers, supervised)
- EPS 661 Group Processes (15 weeks of experience in group with peers, leadership)
- EPS 669 Crisis, Trauma and Disaster Counseling
- EPS 681 Evidence-Based Counseling Techniques (*ACT, DBT, M/I, Advanced CBT, Eating, Personality*)
- EPS 680 Psychopathology and Diagnosis (Psychopathology & DSM-5)
- EPS 590 Substance-related and Addictive Behaviors (includes process addictions)
- EPS 670 Professional Ethics, Legal Standards, and Responsibilities

### Electives (with advisor's consent)

- One THREE credit hour elective:
  - EPS 622 Child and Adolescent Counseling (3 cr hour course)
  - EPS 640 Biological Bases of Behavior (3 cr hour course)
- OR, Three one-credit hour electives
  - EPS 599A Self-Care and Wellness for Counselors
  - EPS 599B Spirituality & Counseling
  - EPS 697 Independent Study (Clinical MH Counseling focus)

### Professional Practice:

- EPS 692 Counseling Practicum (ex, 3 clients in lab weekly, co-lead group, careful SV)
- EPS 694 Counseling Internship: Pre-req: EPS 692

### Summary

- Program meets current CACREP standards
- Program curricular meets AZ BBHE Curricular Rules for Licensure (and most other states)

## **Part 3: Related websites, manual, etc.**

### **NAU CMHC website:**

<https://nau.edu/ed-psych/ma-clinical-mental-health-counseling/>

### **Review NAU CMHC Internship website:**

<https://nau.edu/ed-psych/forms-checklists-manuals/#Practicum>

### **CMHC Manual (For students, faculty, and Site Supervisors)**

See manual