

MADISON BOWDEN

EDUCATION

Graduate School

Northern Arizona University, **PhD Combined
Counseling & School Psychology** May 2024
Advisor: Dr. Kim Kalas (expected)
GPA: 4.0

Northwestern University, **MA Counseling** June 2020
Advisor: Dr. Eleni Honderich
GPA: 3.98

Undergraduate

University of Puget Sound, **BA Psychology** May 2017
GPA: 3.68
Minor in Humanities

PROFESSIONAL LICENSES

NBCC Board Certification

Passed the National Counselor Exam to earn an NCC in July 2020

Licensed Associate Counselor (LAC), Arizona

LAC-19245 issued September 1, 2020 valid through September 2024.

CLINICAL AND WORK EXPERIENCE

EPS 799: Internship— Connections Day School Fall 2023-Summer 2024
Vernon Hills, IL

Therapy Intern, Supervisor: Dr. Kristen Pollina

- Therapeutic caseload of students ages 6-18 in a therapeutic day school setting.
- Treating a wide range of clinical presentations (i.e., Emotional Disability, schizophrenia, and severe depression and anxiety) as both a school psychologist/clinical counseling psychologist intern.

EPS 740: Doctoral Practicum in Counseling Psychology Fall 2022-Spring 2023
and Supervision, Flagstaff, AZ

Supervisor of Master's Level Clinicians, Supervisor: Dr. Kim Kalas

- Provided 20+ hours individual and triadic supervision to master's level counselors-in-training

- Engaged in case presentations and problem solving related to practicum placement at The Guidance Center.

EPS 694: CMHC Internship, Flagstaff, AZ September 2022 – December 2022
Internship Group Supervisor, Supervisor: Dr. William Kolodinsky

- Provided group supervision for master’s level interns currently enrolled in the master’s level internship class and placed at their respective sites
- Led students in facilitation of case presentations and didactic training

The Guidance Center, Flagstaff, AZ September 2022 – May 2023
Doctoral Practicum Student, Supervisor: Dr. Stephanie Babbitt

- Saw clients aged 16-60 for mental health counseling in a community mental health agency.
- Experience with individual weekly sessions, diagnostic assessment (ADHD, Autism, Cognitive, and Neuropsychological), and integrated care consultation. 16 hours/week. Engaged in weekly supervision.
- Special focus on LGBTQIA+ teens/adults

Balance Mental Health and Wellness, Flagstaff, AZ December 2020-September 2022
Licensed Associate Counselor, Supervisor: Katherine Meyer, LCSW

- Saw clients aged 5-40 for mental health counseling in a private practice setting.
- Experience with individual weekly sessions, crisis intervention, and family work, averaging about 16 direct client hours per week, in addition to weekly supervision and monthly group supervision.
- Special focus on LGBTQIA+ teens/adults, with 90% of caseload identifying as such.

Sinagua Middle School, Flagstaff, AZ Fall 2021
School Psychology Practicum Student, Supervisor: Dr. Dina Neuberger

- Provided psychoeducational assessment testing and recommendations for special education re-evaluations during the fall semester. Experience with WIAT-4, WISC-V, Beery VMT, WJ- IV Cognitive, WJ-IV Achievement, DAS-II, KABC-II, and Unit 2.
- Engaged in MET meetings and classroom observations
- Wrote 5 comprehensive psychoeducational reports for use in determining special education eligibility
- Conducted a Functional Behavior Analysis for a student to add to an existing IEP.

Practicum Lab, NAU College of Education, Flagstaff, AZ Fall 2020 & Fall 2022
Graduate Assistant, Graduate Assistantship Supervisor: Dr. Robert Horn, Dr. Kim Kalas & Vesna Pepić

- Assisted counseling practicum students with assessment test kits, office space organization, and filing documentation.
- Screening and assigning potential clients for the practicum clinic and students in the counseling practicum class

Counseling Center, Highland Park High School, Highland Park, IL 2019-2020
Mental Health Drop-in Center Counseling Intern, Internship Supervisor:

Holly Fleischer, MA Counseling

- Saw clients aged 13-18 for mental health counseling at the counseling center drop-in inside the high school.
- Experience with individual weekly sessions, crisis intervention, triage, family work, and group therapy (LGBTQIA+, Latina Girls Group) to accumulate over 200 hours of direct client contact. Participated in weekly supervision and case consultation, totaling clinical work to over 400 hours.

Bette D. Harris Clinic, The Family Institute at Northwestern, Chicago, IL 2018-2019
Therapist-in-Training, Practicum Supervisor: Dr. Kesha Burch

- Experience working with individual clients, accumulating over 60 hours of face-to-face time in therapy utilizing methods from theories and counseling methods classes.
- Participated in weekly triadic supervision as well as group supervision to hone skills in counseling.

Our Safe Place, San Diego Youth Services, San Diego, CA 2017-2018
Youth Support Partner

- Our Safe Place is a resource for LGBTQIA+ at-risk youth that includes support groups, individual therapy, activities, and events. As a Youth Support Partner, I was responsible for doing intakes, help with referrals, overall support for teens who are a part of the LGBTQIA+ community, and co-facilitating support groups for 30 hours/week.

Child Study and Treatment Center, Tacoma, WA 2016-2017
Recreational Therapy Practicum Student

- Assisted recreational therapists in activities such as sports, art groups, and group therapy and actively engaged in these activities with the kids 10 hours/week.
- Assisted staff in writing accounts of therapy groups, consulted with recreational therapists about the kids' progress, accompanied kids and staff on off-campus outings, and observed individual therapy with the psychologist.
- Participated in bi-weekly clinical rounds with the psychologist, psychiatrist, and social workers.

RESEARCH EXPERIENCE

Northern Arizona University, Flagstaff, AZ 2022-present
Researcher, Dissertation Chair: Dr. Robert Horn

- Submitted prospectus for research project centered around resiliency and self-acceptance of LGBTQIA+ young adults while seeking to understand the role of family acceptance and rejection.

Northern Arizona University, Flagstaff, AZ 2021-2022
Researcher, Advisor: Dr. Joseph Wegwert

- Conducted a qualitative research project related to how mental health counselors supplement their graduate education to become LGBTQIA+ affirming to their queer clients.

- Presented this research as my Qualified Research Project for the PhD in Counseling/School Psychology program.
- Presented as poster session at APA 2022

Northwestern University, Evanston, IL 2019-2020

Research Assistant, Dr. Jessica Rohlving Pryor

- Research lab assistant for Northwestern University's Perfectly Imperfect lab that explores the role of perfectionism on mental health and well-being.
- Participated in weekly research lab meetings.

Northwestern University, Evanston, IL 2019-2020

Research Assistant, Dr. Erika Lawrence

- Trained to conduct interviews using the Relationship Quality Interview with Latinx couples regarding relationship quality (4 hours/week).
- Participated in research hypothesis generating meetings.

University of Puget Sound, Tacoma, WA 2016-2017

Lab Assistant, Dr. Jung Kim and Dr. Erin Colbert-White

- Responsible for animals (rats and mice) used in the exercise science department including weight recording, cage cleaning, food intake/recording.
- Maintained the lab space to keep it clean and I organized the materials used for upcoming labs (5 hours/week)

University of Puget Sound, Tacoma, WA 2016-2017

Researcher, Supervisor: Dr. Carolyn Weisz

- Wrote own grant and awarded a \$3,750 research stipend to conduct independent research on "Parent Sexual Communication and Male College Students' Attitudes about Women"
- Quantitative research using Qualtrics and statistical analysis using SPSS

TEACHING EXPERIENCE

Northern Arizona University, Flagstaff, AZ January 2023 to May 2023

Teaching Assistant, Dr. William Kolodinsky, College of Education, Evidence Based Techniques

- Responsible for providing course support for the Evidence Based Techniques course
- Supervised students while they practiced skills related to EBPs, including CBT, DBT, ACT, Psychodynamic, Somatic practices, Experiential, Narrative, and Mindfulness-based techniques.
- Graded course materials and facilitated discussion

Northern Arizona University, Flagstaff, AZ January 2023 to May 2023

Teaching Assistant, Dr. Chad Snyder, College of Education, Group Processes

- Responsible for providing course support for the Group Processes course taught by Dr. Snyder
- Graded course materials and facilitated discussion

Northern Arizona University, Flagstaff, AZ January 2023 to May 2023
Teaching Assistant, Dr. Shane Haberstroh, College of Education, Counseling Processes

- Responsible for providing course support for the Counseling Processes course, which teaches students fundamental counseling skills for the MA in Clinical Mental Health Counseling, Counseling Student Affairs, and School Counseling, EdS in School Psychology, and PhD in Counseling/School Psychology students.
- Supervised students while they practiced skills related to crisis, solution-focused, brief therapy, and Rogerian approaches.
- Graded course materials and facilitated discussion

Northern Arizona University, Flagstaff, AZ August 2022 to December 2022
Teaching Assistant, Dr. Shane Haberstroh, College of Education, Substance Use and Addiction course & Trauma and Crisis course

- Responsible for providing course support for the Substance Use Disorders course and the Trauma And Crisis course
- Supervised students while they practiced skills related to Motivational Interviewing and Crisis intervention.
- Graded course materials and facilitated discussion

Northern Arizona University, Flagstaff, AZ August 2021 to December 2021
Teaching Assistant, Dr. William Kolodinsky, College of Education, Self-Care and Wellness

- Responsible for co-teaching material for a curriculum on self-care and wellness as it intersects with professional work in mental healthcare.
- Utilized Indivisible Self Evidence Based Model of Wellness
- Tailored curriculum to address class needs, graded materials, and facilitated discussion around various topics relating to wellness and self-care.

Northwestern University, Evanston, IL January 2020 to March 2020
Teaching Assistant, Dr. Mark Kiel, The Family Institute, Theories and Techniques of Group Dynamics

- Responsible for supplementing class material through TA groups for 11 students.
- Responsible for analyzing class dynamics in relation to class content and applying it through the Tavistock Conference.

Northwestern University, Evanston, IL September 2019 to December 2019
Teaching Assistant, Dr. Mark Kiel, The Family Institute, Individuals and Systems: Psychodynamic Viewpoints

- Responsible for supplementing class material through TA groups for 11 students.
- Responsible for analyzing class dynamics in relation to class content

University of Puget Sound, Tacoma, WA December 2016 to May 2017
Teaching Assistant, Dr. Erin Colbert-White, Psychology Department, Learning and Behavior

- Responsible for supplementing class material through TA groups for 25 students.

- Responsible for animals (rats) used during the class including weight management and supervision.
- Maintained the lab space to keep it clean and set it up for upcoming labs.

PRESENTATIONS

Bowden, M. (2022, August). *The Road to Competence: How Mental Health Counselors Become More LGBTQIA+ Affirming*. Doctoral Colloquium. Flagstaff, AZ

Bowden, M. (2022, August). *The Road to Competence: How Mental Health Counselors Become More LGBTQIA+ Affirming*. American Psychological Association Conference 2022. Minneapolis, MN.

Bowden, M. (2020, May). *G(end)er: Creating Gender-Affirming Spaces in Mental Health*. Northwestern University Capstone Conference. Evanston, IL.

Bowden, M. (2017, May). *Parent Sexual Communication and Male College Students' Attitudes about Women*. University of Washington Undergraduate Summer Research Symposium. Seattle, WA.

Bowden, M. (2016, September). *Parent Sexual Communication and Male College Students' Attitudes about Women*. Arts, Humanities, And Social Science Summer Research Symposium. Tacoma, WA.

PROFESSIONAL DEVELOPMENT

APA Conference 2022, American Psychological Association, August 4-7, 2022.
Attended and presented at the 2022 APA Conference in Minneapolis, Minnesota. Attended several presentations and discussions during the three day conference.

Clinical Suicidology, National Register of Health Service Psychologists, National Register Associate Certificate Program (Online Webinar during Covid-19), October 28th, 2020.
4.5 direct hours of training in suicidology including risk factors, comfort, and openness in talking about suicide, and therapist self-care when working with suicidal individuals.

Tavistock Group Relations Conference, The Family Institute at Northwestern, Evanston, IL, February 2019
Participated in the Tavistock Group Relations Conference examining group dynamics as it relates to diversity, leadership, and authority.

Preceptor: Self-Awareness Training, The Family Institute at Northwestern, Evanston, IL, October 2018- June 2019
Weekly self-awareness training to better understand triggers, potential biases, and areas for improvement during the practicum year of the Master's program in Counseling.

Psychological First Aid, National Child Traumatic Stress Network, PFA Online Course, May 2019

Psychological first aid for providers who are present or responding to post-disaster scenes.

CITI Human Subjects Research, Collaborative Institutional Training Initiative, Online Course, April 2019

Training in human subjects research and ethical guidelines regarding research on human subjects.

Rainbows for All Children Facilitator, Rainbows for All Children, October 10, 2018

Facilitator training for leading support groups for children whose parents are divorcing or separating.

LGBTQ Youth: Clinical Strategies to Support Sexual Orientation and Gender Identity, PESI, San Diego, CA, May 17, 2018.

PROFESSIONAL AFFILIATIONS

National Association for School Psychologists (NASP) 2021-Present

Arizona Psychological Association (AzPA) 2020-Present

American Psychological Association (APA) 2020-Present

Chi Sigma Iota, International Counseling Academic & Professional Honor Society 2019-2021
Co-Treasurer for Nu Upsilon chapter of CSI (2019-2020)

American Counseling Association (ACA) 2018-Present

PROFESSIONAL/ACADEMIC SERVICE

Doctoral Student Organization
Faculty Liaison, Northern Arizona University, Fall 2022-Spring 2023

Counseling Capstone Project Committee
Counseling Capstone Conference, Northwestern University, 2019

HONORS AND AWARDS

Outstanding Doctoral Student 2023
Awarded based on nominations from faculty within the College of Education

Academic Distinction in MA Counseling 2020
Graduated with a 3.98 GPA from Northwestern University.

Master of Arts in Counseling Program Research Assistantship 2018-2020
Awarded a graduate research assistantship award to research under faculty at Northwestern University.

Distinction in Psychology 2017

This departmental award recognizes students for their high level of academic performance and scholarly engagement as psychology majors. Awarded for a Psychology GPA of 3.78.

Arts, Humanities, and Social Science Summer Research Award 2016

Awarded students the opportunity to engage in independent research during the summer with a grant of \$3,250 after submitting a grant proposal.

Psi Chi Psychology National Honors Society 2015-2017

Psi Chi requires a 3.5 GPA or higher in the psychology major for acceptance.

Phi Eta Sigma 2015

Requires a 3.5 GPA or higher within the first year of attending the University of Puget Sound.

REFERENCES

Dr. Deborah Pardee, Supervisor

The Guidance Center

Email: DPardee@tgcaz.org

Dr. Stephanie Babbitt, Supervisor

The Guidance Center

Email: SBabbitt@tgcaz.org

Katherine Meyer, Supervisor

Balance Mental Health and Wellness

Email: KMeyerLCSW@protonmail.com

Dr. Kim Kalas, Advisor, Supervisor

College of Education

Northern Arizona University

Email: Kim.Kalas@nau.edu

Dr. Jessica Rohlfig-Pryor, Research Lab Manager

The Family Institute at Northwestern

Northwestern University

Email: jpryor@family-institute.org

Dr. Kesha Burch, Professor/Supervisor

The Family Institute at Northwestern

Northwestern University

Email: kburch@family-institute.org