

Timothy C. Thomason, Ed.D.
Professor

Professional Bio

Timothy C. Thomason is a Licensed Psychologist and teaches courses in the clinical mental health and school counseling programs and the doctoral program in counseling psychology. Dr. Thomason has been a Licensed Psychologist since 1977. He has 27 years of teaching experience at graduate level in counseling psychology. He has published over 50 professional publications and gave 75 presentations at professional conferences and workshops in the past 20 years. He has attended over 50 continuing education workshops in the past 10 years. His publications have been downloaded over 75,000 times via his Digital Commons web site.

Licenses / Certifications

- Arizona Licensed Psychologist
- Certified School Counselor
- Certified Biodyne Provider

Areas of Teaching Interest

- Doctoral Practicum and Supervision
- Advanced Counseling and Psychotherapy
- Masters Counseling Practicum
- Techniques of Counseling
- Psychopathology
- Personality
- Social Psychology
- Theories of Counseling
- Counseling Processes
- Lifespan Development

Areas of Research and/or Professional Interest

Dr. Thomason's professional and research interests include evidence-based psychotherapy, psychological diagnosis, and counseling and psychotherapy with Native American clients.

Recent Publications

Thomason, T. C. (2016). The shadow side of the great psychotherapists. *Counseling & Wellness Journal*, 5. Available at <http://openknowledge.nau.edu/2346>

Thomason, T. C. (2015, March). Altered states of consciousness in Native American healing. *Cuyamungue* (online journal).

- Thomason, T. C. (2014). Counseling Native Americans and social justice. In M. J. Ratts & P. Pedersen (Eds.), *Counseling for multiculturalism and social justice: Integration, theory, and application* (pp.157-177). Alexandria, VA: American Counseling Association.
- Thomason, T. C. (2014). Issues in the diagnosis of Native American culture-bound syndromes. *Arizona Counseling Journal*, 28, 80-88.
- Thomason, T. C. (2014). Criticisms, benefits, and limitations of the DSM-5. *Arizona Counseling Journal*, 28, 32-39.
- Thomason, T. C. (2013). Resources for counseling Native Americans. *Journal of Indigenous Research*, 3(1).
- Thomason, T. C. (2012). Recommended movies and television programs featuring psychotherapy and people with mental disorders. *Counseling and Wellness*, 4, 54-70.
- Thomason, T. C. (2012). A week in the life of a university professor: Issues of stress, workload, and wellness. *Counseling and Wellness*, 3, 24-37.
- Thomason, T. C. (2012). Recommendations for counseling Native Americans: Results of a Survey. *Journal of Indigenous Research*, 2(1).
- Thomason, T. C. (2012). Paradoxical treatment of severe depression: An unconventional therapy. *Scientific Review of Mental Health Practice*, 9(1), 41-52.

Recent Presentations

- Thomason, T. C., Olvey, C. & Moan, E. (2014). Ethics for Psychologists. Workshop sponsored by the Northern Arizona Psychological Society, 9/19/14, Flagstaff, AZ.
- Thomason, T. C. (2013). An Overview of DSM-5. Workshop sponsored by Chi Sigma Iota, Beta Alpha Chapter, Northern Arizona University, 11/15/13, Flagstaff, AZ.
- Thomason, T. C. (2013). Counseling Native Americans. Presentation as a guest speaker in the course EPS 690 Multicultural Counseling, Northern Arizona University, 10/16/13, Flagstaff, AZ.
- Thomason, T. C. (2013). Diagnosing delusions and delusional disorder. Workshop presented at the meeting of the Northern Arizona Psychological Society, 2/15/13, Flagstaff, AZ.
- Thomason, T. C. (2012). Issues in the diagnosis and treatment of culture-bound syndromes. Workshop presented at the meeting of the Northern Arizona Psychological Society, 3/23/12, Flagstaff, AZ.

Professional Memberships

- American Psychological Association
- American Counseling Association
- Association for Counselor Education and Supervision
- Northern Arizona Psychological Society
- Society of Indian Psychologists