

**Katherine Pastor, M.A.**  
Affiliate Professor

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**Professional Bio**

Katherine Pastor began serving as the Flagstaff High School (FHS) Counseling Department Chair in the 2008-2009 school year and has been an Arizona School Counselors Association (AzSCA) board member since 2007. She was recognized as the 2010 Arizona School Counselor of the Year. Her roles with AzSCA have included the vice president for Secondary Counselors in 2008-2011 and the conference director since 2012. Before coming to FHS, Katherine worked at Northern Arizona University as a Financial Aid Counselor and Coordinator of Student Employment, and in the Office of Undergraduate Admissions and Athletic Department.

Katherine is the American School Counselor's Association 2016 School Counselor of the Year. Katherine joined the Design Committee for the Arizona Department of Education, ECAP (Education Career and Action Plan) in 2007 and was an adjunct faculty member at Northern Arizona University's College of Education where she taught the next generation of school counselors. She holds a Bachelor of Science in Psychology, a Masters of Education in Student Affairs and School Counseling from Northern Arizona University. Katherine enjoys singing in the Master Chorale of Flagstaff for the past 14 years, hiking various locations in northern Arizona, mastering her culinary skills in the kitchen and is an avid college sports fanatic.

**Licenses / Certifications**

- Professional School Counselor
- College Access Professional
- Youth Mental Health First Aid

**Areas of Teaching Interest**

- Foundations of School Counseling
- Practices of School Counseling

**Areas of Research and/or Professional Interest**

Katherine is interested in teaching new and incoming students within her field, and has passions about being involved in professional organizations, and finding methods/supports to assist students in reaching for higher goals and success.

## **Recent Presentations**

- Pastor, Katherine (2016, October). *Let's work together*. Keynote address at the meeting of GEAR UP West Conference, Spokane, WA.
- Pastor, K., & Dewyer, R. (2016, October). *Move from good to great with collaboration to ensure college and career readiness across your community*. Presentation at the meeting of GEAR UP West Conference, Spokane, WA.
- Pastor, K. & Skemp, S. (2016, September). *Strategies for creating a post-secondary culture*. American School Counselors Association Webinar
- Pastor, K. & Reykdal, K. (2016, July). *The reach higher recipe: helping first generation college students access the right mix of resources and information to achieve their post-secondary aspirations*. Presentation at the meeting of American School Counselors Association Annual Conference, New Orleans, LA.
- Pastor, K. (2016, May). *Inspire ALL students to reach higher by cultivating a college going culture at your institution*. Keynote address at the meeting of National Association of College Admissions Counselors Critical Components Conference, Pittsburgh, PA.
- Pastor, K. (2016, April). *Teaching on the front lines: interrupting the crisis*. Keynote address at the meeting of NAU College of Education There's a Reason I'm a Teacher Conference, Flagstaff, AZ.
- Pastor, K. & Lorents, T. (2016, March) *IMovie for beginners: promote your school counseling program*. Arizona School Counselors Association Annual Conference, Scottsdale, AZ.
- Pastor, K., Linell, K., Dougherty, C., & Simon, P., (2016, February). *The importance of early intervention*. Presentation at the meeting of NASSP Annual Conference, Orlando, FL.
- Pastor, K., Heister, R., & Gilmore, C., (2015, March). *Effective high school counseling programs: how they make a difference for students in low income and rural communities*. Presentation at the meeting of Arizona School Counselors Association Annual Conference, Scottsdale, AZ.
- Pastor, K., Burge, D., Knaus, T., & Hudson, D., (2014, September). *The school visit: essential, outdated, or perhaps both*. Presentation at the meeting of National Association of College Admissions Counselors Annual Conference, Indianapolis, IN.
- Pastor, K., Heister, R., and Skemp, S., (2014, October). *How they make a difference for students in rural communities*. Presentation at the meeting of State ACT Conference: Effective High School Counseling Programs, Phoenix, AZ.
- Pastor, K. (2012, March). *Technology and the college going culture: the student perspective*. Presentation at the meeting of Arizona School Counselors Association Annual Conference, Mesa, AZ.

**Professional Memberships**

- Phi Kappa Phi Society
- Alpha Delta Kappa Women's Educators Society
- Raymond Educational Foundation
  - Board Member
- Master Chorale of Flagstaff
- Arizona High School/College Relations Council
- Arizona Counselors Association
- American School Counselors Association
- Rocky Mountain Association of College Admission Counselors
- National Association of College Admission Counselors