**Practicum Laboratory**

Mental Status / Behavioral Checklist

Client: Counselor-in-training: Date:

|  |  |  |
| --- | --- | --- |
|  |  | Present |
|  |  | No | Somewhat | Yes |
| Appearance | 1. physically unkempt, unclean
 |  |  |  |
| 1. clothing disheveled, dirty
 |  |  |  |
| 1. clothing atypical, unusual, bizarre
 |  |  |  |
| 1. unusual physical characteristics
 |  |  |  |
| Comments: |

|  |  |  |  |
| --- | --- | --- | --- |
|  |  |  | Present |
|  |  |  | No | Somewhat | Yes |
| BEHAVIOR | Posture | 1. slumped
 |  |  |  |
| 1. rigid, tense
 |  |  |  |
| 1. unusual, inappropriate
 |  |  |  |
| FacialExpressionSuggests | 1. anxiety, fear, apprehension
 |  |  |  |
| 1. depression, sadness
 |  |  |  |
| 1. anger, hostility
 |  |  |  |
| 1. unchanging or fixed expression
 |  |  |  |
| 1. bizarreness, inappropriateness
 |  |  |  |
| General BodyMovements | 1. accelerated, increased speed, hyper
 |  |  |  |
| 1. decreased, slowed
 |  |  |  |
| 1. peculiar, inappropriate
 |  |  |  |
| 1. restlessness, fidgety
 |  |  |  |
| Speech | 1. increased, loud
 |  |  |  |
| 1. decreased, slowed
 |  |  |  |
| 1. unusual, slurring stammering
 |  |  |  |
| Client’s AttitudeToward Counselor-in-training | 1. domineering
 |  |  |  |
| 1. submissive, overly compliant
 |  |  |  |
| 1. provocative
 |  |  |  |
| 1. suspicious
 |  |  |  |
| 1. uncooperative
 |  |  |  |
| Comments: |

|  |  |  |
| --- | --- | --- |
|  |  | Present |
|  |  | No | Somewhat | Yes |
| FeelingAffectMood | 1. emotion inappropriate for situation
 |  |  |  |
| 1. emotional swings
 |  |  |  |
| 1. flat, unvarying mood
 |  |  |  |
| 1. euphoric, elated(happy) mood
 |  |  |  |
| 1. angry, hostile mood
 |  |  |  |
| 1. fearful, anxious, apprehensive
 |  |  |  |
| 1. depressed, sad
 |  |  |  |
| Comments: |

**Mental Status / Behavioral Checklist,** *continued*

|  |  |  |
| --- | --- | --- |
|  |  | Present |
|  |  | No | Somewhat | Yes |
| Perception | 1. illusions (erroneous perceptions)
 |  |  |  |
| 1. auditory hallucinations
 |  |  |  |
| 1. visual hallucinations
 |  |  |  |
| 1. other type of hallucination
 |  |  |  |
| Comments: |

|  |  |  |  |
| --- | --- | --- | --- |
|  |  |  | Present |
|  |  |  | No | Somewhat | Yes |
| THINKING | IntellectualFunctioning | 1. impaired level of consciousness
 |  |  |  |
| 1. impaired attention span
 |  |  |  |
| 1. impaired abstract thinking
 |  |  |  |
| 1. impaired calculation ability
 |  |  |  |
| 1. impaired intelligence
 |  |  |  |
| Orientation to | 1. person
 |  |  |  |
| 1. place
 |  |  |  |
| 1. time
 |  |  |  |
| Insight | 1. difficulty acknowledging presence of psychological problems
 |  |  |  |
| 1. blames others or circumstances for most problems
 |  |  |  |
| Judgment | 1. impaired ability to manage daily living activities
 |  |  |  |
| 1. impaired ability to make reasonable life decisions
 |  |  |  |
| Memory | 1. impaired immediate memory
 |  |  |  |
| 1. impaired recent memory
 |  |  |  |
| 1. impaired remote memory
 |  |  |  |
| ThoughtContent | 1. obsessions
 |  |  |  |
| 1. compulsions
 |  |  |  |
| 1. phobias
 |  |  |  |
| 1. derealization / depersonalization
 |  |  |  |
| 1. suicidal thoughts
 |  |  |  |
| 1. homicidal thoughts
 |  |  |  |
| 1. delusions (false beliefs)
 |  |  |  |
| 1. ideas of reference (“actions or talk of others somehow relate to me”)
 |  |  |  |
| 1. ideas of influence (one has more impact or influence than is true)
 |  |  |  |
| Stream of Thought(As Manifested by Speech) | 1. loose associations
 |  |  |  |
| 1. decreased / slow thought flow
 |  |  |  |
| 1. increased thought flow
 |  |  |  |
| Comments: |