

William “Pit” Kolodinsky, Ph.D.
Professor

Professional Bio

Dr. Kolodinsky has been with NAU since 2000 and is Professor and Program Coordinator for the Flagstaff M.A. Clinical Mental Health Counseling and M.Ed. Counseling – School Counseling CACREP programs. Dr. Kolodinsky integrates over 18 years of clinical experience as a licensed psychotherapist into his highly experiential teaching philosophy. His teaching approach relies on the circular integration of theory into practice. His clinical experiences involved working with adolescents and adults in individual, couple, family, group, and multi-family group therapy modalities in a variety of setting, including; community agencies; a sexual abuse treatment clinic within a downtown Orlando hospital; psychiatric hospitals, and in private practices in Florida and Arizona. Dr. Kolodinsky also was a Clinical Director of the Counseling Center at the University of Maryland’s European Division Branch Campus for two years. He also has extensive clinical training and professional practice with anxiety disorders, Ericksonian Hypnotherapy, Narrative therapy, and Self-Psychology (Kohurt). Dr. Kolodinsky trained in Orlando for several years under Dr. Robert Bollett (Rogerian and Ericksonian approaches), Dr. Andy Creamer (Family systems, sexual abuse treatment), and Dr. Bill Player (Self-Psychology, Kohurt), and is very grateful for the vast array of clinical lenses opened by these talented psychotherapists.

Licenses / Certifications

- Licensed Professional Counselor (LPC) in Arizona since 2002
- Licensed Mental Health Counselor

Areas of Teaching Interest

- Counseling Theories
- Counseling Processes
- Internship
- School Counseling
- Marital Counseling and Family Systems
- Crisis, Trauma, and Disaster Counseling
- Group Processes

Areas of Research and/or Professional Interest

Dr. Kolodinsky areas of research interest include live supervision, positive psychology, career psychology, and school counseling.

Recent Presentations

Kolodinsky, P., Hanks, E., Hoxer, B., & Garcia, G. (2014). 3-2-1 Process: An Integral, Compassion-Building Technique for Psychotherapists, *Compassion in Everyday Life: People, Programs and Possibilities*, March 28, 2014, Northern Arizona University.

- Kolodinsky, P., & Edgerly, B. (2013). *Can Counselor Educators Learn from the Positive Psychology Movement?* Presentation delivered at the American Counselor Education and Supervision (ACES) biannual conference, Denver, CO. October 19, 2013.
- Kolodinsky, P., Nickolaisen, S., & Wright, M. M. (2013). *Gearing up for Practicum & Internship via a Comprehensive Clinical Simulation Experience.* Roundtable presentation delivered at the American Counselor Education and Supervision (ACES) biannual conference, Denver, CO. October 19, 2013.
- Kolodinsky, P., Farmer, S., Vazquez, J., & Renteria, M. R. (2013). *Straddling the Border: Interns' experiences in counseling Mexican-Americans on the Arizona-Mexico border.* Presentation delivered at the Arizona Counseling Association annual conference, Mesa, AZ. April 21, 2013.
- Kolodinsky, P., Farmer, S., Amparo, J., Vazquez, J., Gomez, M., & Renteria M. Y. (2012). *Straddling the Border: Interns' experiences in counseling Mexican-Americans on the Arizona-Mexico border.* Presentation delivered at the Western Association of Counselor Educators and Supervisors (WACES) 2012 biannual conference, Portland, OR. November 16, 2012.
- Young, M. A., & Kolodinsky, P. (2012). *Live Supervision: Moving from the Past into the Future.* Presentation delivered at the Western Association of Counselor Educators and Supervisors (WACES) 2012 biannual conference, Portland, OR. November 16, 2012.
- Kolodinsky, P. (2012). *Integrating Positive Psychology into Counselor Education: Results from a national survey and interviews with leading Counselor Educators.* Paper presented at the American Spiritual, Ethical, and Religious values in Counseling (ASERVIC) Annual Conference, Santa Fe, NM. June 3rd, 2012.
- Kolodinsky, P., Englar-Carlson M., & Draves, P. (2011). *Does the Positive Psychology movement have a place in Counselor Education? Results from a national survey of Counselor Educators.* Paper presented at the American Counselor Education and Supervision (ACES) biannual conference, Nashville, TN. October 27, 2011.
- Kolodinsky, P., & Young, M. A. (2010). Research in Counseling Supervision. Invited INFORM Roundtable presentation to Western Association of Counselor Education & Supervision's 2010 Annual Conference, Sacramento, CA. November 5, 2010.
- Kolodinsky, P. (2010). *Moving Toward Counselor Accountability in an Elementary School District: A 3-Year Review of Data.* Paper presented at the 2010 Annual Conference of the Arizona School Counselors Association (AzSCA), Mesa, AZ. March 26, 2010.
- Kolodinsky, P. (2010). Positive Psychology in Counselor Education. Presentation of Fall 2009 Sabbatical Project, NAU College of Education, May 5, 2010.

Recent Publications

- Kolodinsky, P., Dubner, D., Surmitis, K. A., Edgerly, B. S., Nickolaisen, S. N., Garcia, G. G., Englar-Carlson M., & Boyd, R. C. (2015). Positive Psychology in Counselor Education: An Exploration of Leading Counselor Educators' Opinions. *Vistas*, Summer 2015, American Counseling Association, Retrieval from: http://www.counseling.org/docs/default-source/vistas/article_56a55a22f16116603abcacff0000bee5e7.pdf?sfvrsn=4

Kolodinsky, P., Englar-Carlson M., Montopoli, G., & Edgerly, B.S. Dubner, D., & Horn, R. A. (2014). Does the Positive Psychology movement have a place in Counselor Education? Results from a national survey. *Vistas, American Counseling Association*, Retrievable from: <http://www.counseling.org/knowledge-center/vistas/vistas-2014>.

Kolodinsky, P., Lindsey, C., Young, M., Lund, N., Edgerly, B.S., & Zlatev, M. (2011). An Analysis of Supervision Modalities Utilized in CACREP On-Campus Clinical Training. *Professional Issues in Counseling*, Spring, 2011. Retrieved from <http://www.shsu.edu/~piic/AnAnalysisofSupervisionModalitiesUtilizedinCACREPOnCampusClinicalTraining.htm>

Professional Memberships

- American Counseling Association (ACA)
- American Counselor Education and Supervision Association (ACES)
- Western ACES (WACES)
- Arizona Counseling Association (AzCA)