

**Kim A. Kalas, Ed.D.**  
Assistant Clinical Professor

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**Professional Bio**

Kim Kalas, Ed.D. is an Assistant Clinical Professor in the Department of Educational Psychology at Northern Arizona University. Dr. Kalas completed her Master's degree in Clinical Psychology at John F. Kennedy University in Orinda, CA. and has a specialty in child and adolescent counseling. She completed her doctoral work in the Clinical Mental Health program in the Educational Psychology Department at N.A.U. Dr. Kalas is a Licensed Psychologist and has worked in private practice in Flagstaff since 1990. Dr. Kalas also has experience working in family law in Coconino County and works as a court-appointed advisor, parenting coordinator and custody evaluator.

**Licenses / Certifications**

- Licensed Psychologist
- Certified Professional Counselor from 1995-2001

**Areas of Teaching Interest**

- Personality Adjustment
- Counseling Processes
- Group Processes
- Child and Adolescent Counseling
- Lifespan Development for the Helping Professions
- Master's Level Practicum
- Doctoral Level Practicum

**Areas of Research and/or Professional Interest**

Dr. Kalas' scholarship has focused on the mental health needs of Native Americans living off-reservation as well as counseling efficacy among graduate students and counseling trainees. Dr. Kalas is also interested in the areas of domestic violence and children and adolescents - specifically child abuse, suicide and children of contentious divorces.

**Recent Presentations**

Donohue, K., Moan, E., Margeson, C., Kalas K., & Farmer, S., (2015). *Enhancing trainee self-efficacy through the study of personal adjustment variables*. Poster session presented at the American Psychological Association Conference in Toronto, Canada.

Donohue, K., Moan, E., Margeson, C., Kalas K., & Farmer, S. (2015). *Psychosocial adjustment: The impact subscales have on trainee self-efficacy*. Poster session presented at the Arizona Psychological Association Conference in Carefree, Arizona.

Rabaino, A. J., Kalas, K. A., Donohue, K., & Richards, D. (2015). *Counseling Self-Efficacy Among Graduate Students: The Significance of Personal Adjustment*. Poster session presented at the American Counseling Association Annual Conference. Orlando, FL.

Moan, E., Kalas, K. A., & Bustamante, J. (2014, July). *Mental Health Needs of Native American Families Living Off-Reservation*. National Association for Rural Mental Health. Washington, D.C.

### **Recent Publications**

Rabaino, A. J., Donohue, K., & Richards, D. Kalas, K. A., (2016). Counseling Self-Efficacy Among Graduate Students: The Significance of Personal Adjustment. *Journal of Behavioral and Social Sciences*. *Accepted*.

### **Professional Memberships**

- American Psychological Association
- Northern Arizona Psychological Society