

# FALL TRANSITION PULSE

## HOW YOU DOING?

**NAU** NORTHERN ARIZONA  
UNIVERSITY

Campus Living

Each fall, NAU surveys new students with a small survey (taking less than two minutes) to assess their transition into the semester. Based on your responses, staff will partner with various offices across campus to connect you with applicable resources, review responses, celebrate successes, and share helpful resources.

**Community members who complete the survey will be entered into a drawing for incentives!**

### QUESTIONS

Survey Questions & Possible Responses	Did You Know?
<p><b>1. How does it feel to be at NAU?</b></p> <p>A. I am so happy to be at NAU, I don't want to leave.</p> <p>B. I am happy to be here but miss my support network from time to time.</p> <p>C. I am missing my support network a lot, but I am adjusting to being here.</p> <p><i>D. I miss my support network so much, I want to leave NAU.*</i></p>	<p>85% of students say they're happy to be at NAU, though some miss their support network while adjusting. Building a core community can boost college success. Explore resources to join clubs, get involved in leadership, or connect with University services:</p> <ul style="list-style-type: none"> <li>• <a href="#">NAU Clubs and Organizations</a></li> <li>• <a href="#">Office of Inclusion</a></li> <li>• <a href="#">Counseling Services</a></li> </ul>
<p><b>2. About how many of your classes have you missed since the Fall Semester began?</b></p> <p>A. 0 class sessions</p> <p>B. 1 class session</p> <p>C. 2-3 class sessions</p> <p><i>D. 4-5 class sessions*</i></p> <p><i>E. More than 5 class sessions*</i></p>	<p>9 out of 10 NAU students report missing no more than one class in the first few weeks. Establishing a good routine for attending classes early on is key to academic success.</p> <p>Other resources:</p> <ul style="list-style-type: none"> <li>• <a href="#">Academic Success Centers</a></li> <li>• <a href="#">University Advising</a></li> </ul>

Survey Questions & Possible Responses	Did You Know?
<p><b>3. Please rate your level of agreement with the following statement: I am confident that I will succeed in my classes this semester.</b></p> <p>A. Strongly Agree  B. Agree  C. <i>Disagree</i> *  D. <i>Strongly Disagree</i> *</p>	<p>At NAU, the Academic Success Centers found that 98% of students aim for an A or B in their classes. To help you achieve your academic goals, consider utilizing the following resources:</p> <ul style="list-style-type: none"> <li>• <a href="#">Academic Success Centers</a></li> <li>• <a href="#">Lumberjack Writing Center</a></li> <li>• <a href="#">Career Development</a></li> </ul>
<p><b>4. Have you made friends?</b></p> <p>A. Yes, I have one or more good friends here at NAU.  B. Not yet, but I know how I want to make friends.  C. <i>No, I am finding it hard to make friends.</i> *</p>	<p>Positive social connections build a sense of belonging. Over 75% of students report having one or more good friends at NAU, though it can take time. To help, try attending community events, joining clubs or organizations, or getting involved in leadership opportunities.</p> <p>Other resources:</p> <ul style="list-style-type: none"> <li>• <a href="#">NAU Clubs and Organizations</a></li> <li>• <a href="#">(including Campus Living Student Association (CLSA) and National Residence Hall Honorary (NRHH))</a></li> <li>• <a href="#">NAU's Office of Inclusion</a></li> <li>• <a href="#">Counseling Services</a></li> </ul>
<p><b>5. How are things going with your roommate(s)?</b></p> <p>A. Great, with no real issues.  B. Good, with nothing we can't work out.  C. Fair, with some issues I am facing.  D. <i>Poor, with some big issues I am struggling with.</i>  E. N/A - I don't have a roommate or they have not moved in yet.</p>	<p>Developing a positive roommate relationship can be one of the most rewarding aspects of college. And conflict is normal. (Both are true!) Students who completed a roommate agreement report higher satisfaction with their roommate relationship. Open communication is key, and practicing effective communication techniques will build the foundation for a respectful and enjoyable experience. For help, check out the <a href="#">Living Together</a> section of the Roommate Success Guide. If you live on campus, your Community Assistant can provide additional assistance.</p> <p>Other resources:</p> <ul style="list-style-type: none"> <li>• <a href="#">NAU's Office of Inclusion</a></li> <li>• <a href="#">Counseling Services</a></li> </ul>

**\*Community Assistants or other university staff may reach out to share helpful resources!**

## **RESULTS**

This survey is crucial for supporting your success. With responses coming early in the fall:

- University staff can quickly address critical concerns about academics and social connections, improving retention and student success.
- Community Assistants (CAs) can provide personalized follow-up and will check if your feelings or circumstances have changed since the survey.
- Campus Living staff and partner offices can adjust events and activities based on survey trends to better meet your needs.