

STUDENT RESOURCE

Guide

Connecting
students with
free resources

NAU
NORTHERN
ARIZONA
UNIVERSITY

Student Affairs



NAUgo

**Your NAU
resource app!**

"Statewide Student"
experience
available!



Academic and career support

Academic Success Centers

928-523-5524 | nau.edu/asc

Offers limited free online tutoring, learning strategies, online Peer Academic Coaching, and live online graduate test prep for GRE, GMAT, MCAT, and LSAT at a reduced cost.

Career Development

928-523-1087 | nau.edu/career
nau.edu/internships | in.nau.edu/career/online

Provides career advising, workshops/guest lectures, and online career education resources. Serves as a centralized resource for student employment and internships. Oversees online and on-campus recruitment. All services available virtually to statewide students.

Cline Library

928-523-2173 or 800-247-3380
nau.edu/library/onlinestudents

Statewide students have access to a wide variety of services, including research assistance, 3D printing, course reserves, and document delivery services.

Disability Resources

928-523-8773 | nau.edu/dr

Provides services and accommodations at no cost to students with disabilities. DR assists with a broad spectrum of disabilities, including but not limited to individuals with physical, medical, sensory, learning, and mental health disabilities. Available virtually for statewide students.

Graduate College

928-523-4348 | nau.edu/graduate-college

Students can explore graduate degree programs or seek mentoring or professional development opportunities with the NAU Graduate College.

Handshake

nau.edu/handshake

An online portal for on-campus and off-campus job postings, career fairs, and other career events. Now with virtual options to meet recruiting employers!

Lumberjack Writing Center

928-523-7745 |
nau.edu/interdisciplinary-writing-program

Provides one-on-one online writing assistance for students at all stages in the writing process across all programs and disciplines.

Office of the Registrar

(928) 523-5490 | nau.edu/registrar

Assists students with academic records and course enrollment.

University Advising

928-523-4772 | nau.edu/advising

All NAU students have an assigned advisor prepared to support with class scheduling, resource referral and support, and general University assistance. Students are encouraged to meet with their advisor regularly. Setting up an appointment is easy at: nau.edu/appointments





Financial support

Childcare Assistance

928-523-2659 |

nau.edu/early-learning-development-center/scholarships/

Student parents may be eligible to receive an award to help with the cost of childcare through NAU's Early Learning and Development Center.

Course Material Assistance Program

928-523-5181 | nau.edu/cmap

Assists students with limited financial means in obtaining required course materials for classes by providing a \$200 credit at the NAU Bookstore. Materials may be mailed.

Office of Scholarships and Financial Aid

928-523-4951 | nau.edu/finaid

Assists students in applying for and managing financial resources for college, including loans, scholarships, and grants. NAU School Code 001082

Student Service Center

928-523-9501 | nau.edu/statewide-ssc

A first stop for triaging registration, financial aid, and student account issues. Enrollment Management Coordinators are available on all statewide campuses.



Student tools

Appointment Planner

nau.edu/appointments

An online tool for students to schedule appointments with academic advisors, support services, and mentors.

Canvas

nau.edu/canvas

Canvas is NAU's Learning Management System for online classes and online resources for in-person classes. Make sure to log in early and often to stay up to date with your assignments and requirements.

Student tools (continued)

ITS Service Desk

928-523-3335 | nau.edu/its/help

Students can speak directly to a tech via phone or email for technical issues regarding LOUIE, Canvas, and more. Available during extended hours in the fall and spring semesters.



Advising and degree plans

Academic Advising Report

nau.edu/registrar/academic-advisement-report

A report that assists students in tracking their progress to graduation. It can be used in conjunction with Jacks Planner and can also be found in Louie.

Academic Catalog

nau.edu/catalog

The catalog contains detailed requirements for every program at NAU. Search for degree programs to explore the specific course requirements for any degree, certificate or minor.

Jacks Path

jackspath.nau.edu

An online tool where students can determine what credits will transfer to NAU from other institutions.

Jacks Planner

nau.edu/jacksplanner

An interactive academic planning tool students can utilize to plan course sequencing from term to term.



Health and wellness

Campus Health Services: Counseling Services

928-523-2261 | nau.edu/counseling

Provides telehealth counseling, consultation, and referral services for all statewide NAU students residing in Arizona.

Campus Health Services: Health Promotion

928-523-2131 | nau.edu/healthpromotion

Offers programs and resources to help students stay healthy and safe. Topics include relationships, sexual health, sexual violence, stress and substance. Online health and wellness resources are available. Virtual health and wellness events are available.

Crisis Response Network

877-756-4090 or text "connect" to 741741
crisis.solari-inc.org

Available 24/7/365 for anyone experiencing a mental health crisis.

Jacks Care 24/7

866-656-9983 | nau.edu/jacks-care

Jacks Care 24/7 is a partnership between Counseling Services and THSS (Telus Health Student Support) offering free and confidential mental health and wellbeing support to NAU students anytime, anywhere. To connect to a counselor via text, chat, or telehealth, call 866-656-9983 or download the THSS app.

Live Well NAU

nau.edu/livewell

Live Well NAU is the one-stop-shop for optimal well-being. Through the website, students can complete a wellness self-assessment, set a wellness goal, view a list of wellness resources, and find events that support their wellness.

UCAN University Coaching for Activity and Nutrition

928-523-2566 | nau.edu/ucan

Highly trained student health coaches provide support for NAU students, faculty, and staff who want to make changes related to nutrition, physical activity, sleep, and stress management.



Student support and advocacy

Campus Inclusion Team

nau.edu/campus-inclusion-team |
campusinclusionteam@nau.edu

The Campus Inclusion Team fosters a campus community that honors diversity, freedom of expression, and inclusiveness through individual support, campus trainings, and resource referrals.

Dean of Students: Lumberjack CARE Team

928-523-5181 | nau.edu/CARECenter

The Lumberjack Case Management, Advocacy, Resources, & Essential Needs (CARE) Center assists students with support and advocacy, including crisis management, problem solving, and campus referrals. The office to go to if you don't know where to go.

NAU SAFE App

nau.edu/nausafe

The NAU SAFE app is NAU's emergency message dissemination system. Anyone can download the app on their mobile device. Be sure to mark your campus locations in the Notification Preferences section to receive relevant safety alerts.

Office for the Resolution of Sexual Misconduct (ORSM): Title IX Institutional Compliance, Prevention & Response

928-523-5434 | nau.edu/title-ix

The ORSM receives and addresses complaints of sex/gender based-harassment, including sexual assault and other forms of sexual misconduct, using formal and informal processes; the Title IX Coordinator has independent authority to halt and correct discrimination, harassment, and behavior that constitutes sexual misconduct.

Student Legal Counsel

928-523-4971 | nau.edu/legal

The Student Legal Counsel is a service provided by ASNAU to assist NAU students with issues of a legal nature.



Mentoring and support

First-Generation Programs

928-523-6980 | nau.edu/firstgen

Offers support for first-generation students through peer mentoring and student-focused guidance.

Office of Inclusion: Multicultural and LGBTQIA Student Services (IMQ)

928-523-5656 | nau.edu/inclusion

Provides culturally inclusive services, events and support for students of all backgrounds. Services and events through Zoom are available to statewide students.

Office of Indigenous Student Success

928-523-8086 | nau.edu/oiss

Offers guidance and personal cultural support to Indigenous students regarding academics, financial literacy, community connections, and adjusting to college.

Transgender and Gender-Diverse Resources

928-523-6971

Students are encouraged to get in touch for resources on Preferred and Legal Name change processes and Trans healthcare.

Veteran & Military Services

928-523-8387 | nau.edu/vets

Offering services and resources for Veterans and military-connected students.



Involvement opportunities

Center for International Education

928-523-2409 | nau.edu/cie

NAU's hub for all things international: from international student admissions and education abroad to incorporating a global perspective into our academic and social programs.

Student Organizations

928-523-5181 | nau.edu/get-involved

Connect with fellow Lumberjacks by joining a NAU student organization, and maximizing your life outside of the classroom.



Did you know? **NAUgo** puts information at students' fingertips with quick access to campus updates, course schedule, grades, and more! Available for iOS and Android.

Download now! Use the "Statewide" persona for news and updates relevant to you!

