

**ELDC Preschool Daily Schedule**

|  |  |
| --- | --- |
| **7:30-8:30****Arrival and Free Play** | Children have a sign-in area or a place to mark their attendance. Activities or provocations may be set up in parts of the classroom for children to interact with.  |
| **8:30-9:00****Morning Snack** | Children present have a morning snack provided by home.  Personal care routines are completed, which include handwashing, toileting, and cleaning up their snack section.  |
| **9:00-9:15****Morning Meeting** | Children and teachers gather for group activities and discussions.  This includes time to build community through songs or games, develop a classroom culture that supports social-emotional skills, and explore topics that the children are interested in.   |
| **9:15-10:45****Investigation Time** | Children have the option to explore a variety of interest areas in the classroom, including dramatic play, block play, sensory play, art and fine motor play.  Teachers will set up and facilitate optional activities for further exploration of children's interests.    |
| **10:45-11:30****Outside Time** | Gross motor and outdoor experiences are provided daily for children.  During a weather advisory, children may engage in gross motor play indoors.    |
| **11:30-12:00****Lunch Time** | Family-style meal service between teachers and children are shared during this time. |
| **12:00-1:30****Nap/Rest Time** | Children need time designated for rest and relaxation.  Children will rest on their cots for 30 minutes, then will have the option of quiet time activities if they do not nap.  |
| **1:30-1:45****Awake and Transition** | Children take care of their rest area and personal care routines, preparing to join the group again. |
| **1:45-2:00****Read Aloud** | Teachers spend time reading rich and enjoyable children's literature to a group of children.  The same book is read throughout the week to build specific language and literacy skills. Questions and props enhance the experience and engagement of children.  |
| **2:00-2:30****Small Group Time** | Teachers facilitate open-ended activities with children in smaller groups.  Activities are based on interests and developmental goals and allow for the exploration of new materials, concepts, or skills.  |
| **2:30-3:00** **Snack Time** | Children enjoy a snack before wrapping up their day.  Children engage in personal care routines, such as handwashing, toileting, and cleaning up their snacks.  |
| **3:00-3:30****Closing Meeting** | Teachers lead the whole group in a wrap up of the day. Children share their accomplishments and participate in community-building activities that the teacher facilitates, such as a song or game.  |
| **3:30-4:30****Outside Time** | Gross motor and outdoor experiences are provided daily for children.  During a weather advisory, children may engage in gross motor play indoors.    |
| **4:30-5:00****Free Play or Outside** | Children have the option to explore areas of the classroom and engage in the activity of their choice during pick-up time.  |