Graduate Education: The Cultivation of Intellect and Citizenship

The Psychology Department of the College of Social & Behavioral Sciences at Northern Arizona University (NAU) has developed a graduate student exchange program. The goal of the program, Psychology Scholarship and Teaching Exchange Program (Psych-STEP), is to build the intellectual and citizenship skills among graduate students in psychology through a partnership with the Psychology Department at the University of Groningen (UG) in the Netherlands.

NAU’s Psych-STEP program allows graduate students to study abroad for one academic semester. In addition to taking classes, students are matched with professors in their specialty areas for the purpose of conducting research.

In January 2009 Julia Berry, a second-year graduate student in the Department of Psychology, became the first graduate student to study abroad at UG. One of our own NAU undergraduates, Ms. Berry has been working under the supervision of Dr. Ann Huffman in the area of work-life stress since her undergraduate days and now will be working with Dr. Annet de Lange who shares similar research interests. This opportunity will provide Julia with an important cross cultural perspective related issues related to work-life processes. Julia will take two graduate courses, collaborate on research projects with her sponsoring professor, and be able to complete her research thesis while at UG. One of the side benefits of such an exchange program is the collaboration and partnerships among the sponsoring faculty at both institutions: NAU and UG.

We expect that one or two students from UG will be coming to NAU and Flagstaff in the 2009-2010 academic year. Although the PsychSTEP program is in its first year, there are several faculty members at both NAU and UG that are enthusiastic about the shared educational, cultural, and citizenship opportunities that lie ahead!

The NAU Department of Psychology’s PsychSTEP graduate exchange program is one way NAU is meeting its goal for “global engagement.” Internationalizing graduate education profits all. Through the experience, the student is provided the opportunity to develop both intellectually and socially. Finally, it is also the case that such exchange programs can strengthen the academic disciplines they represent. Completing a graduate program with international experience and expertise is likely to place our students in a position to apply their skills and citizenship to make a better world for us all.