

CARE Packing List

PLAN TO BRING THESE ITEMS WITH YOU

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|--|---|--|
| <input type="checkbox"/> *Everyday Clothes (for at least 7 days)
<input type="checkbox"/> Shirts/Tops
<input type="checkbox"/> Shorts/Long Pants/Bottoms
<input type="checkbox"/> Underwear/Socks
<input type="checkbox"/> Close-Toed Shoes
<input type="checkbox"/> Sleepwear
<input type="checkbox"/> Dressy/Traditional Outfit for Graduation | <input type="checkbox"/> Hat/Head Covering
<input type="checkbox"/> Light Coat
<input type="checkbox"/> *Over-the-Counter Medications
<input type="checkbox"/> *Prescription Medications
<input type="checkbox"/> Bedding/Sheets/Pillows (Mattress is XL Twin Size)
<input type="checkbox"/> Laptop/iPad/tablet
<input type="checkbox"/> Water Bottle
<input type="checkbox"/> Laundry detergent | <input type="checkbox"/> Shampoo, Conditioner & Body Soap
<input type="checkbox"/> Deodorant
<input type="checkbox"/> Brush/Comb/Hair Care Items
<input type="checkbox"/> Towels
<input type="checkbox"/> Shaving/Grooming Items
<input type="checkbox"/> Feminine Hygiene Items
<input type="checkbox"/> Sunscreen
<input type="checkbox"/> Backpack |
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THESE ITEMS ARE OPTIONAL TO BRING WITH YOU

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|---|---|---|
| <input type="checkbox"/> Umbrella
<input type="checkbox"/> Rain jacket
<input type="checkbox"/> Drinks (Juice/Soda/Etc.)
<input type="checkbox"/> Snacks (Grab & Go) | <input type="checkbox"/> Small Fan/Box Fan
<input type="checkbox"/> Batteries
<input type="checkbox"/> Shower slippers
<input type="checkbox"/> Shower caddy | <input type="checkbox"/> Robe & Shower Cap
<input type="checkbox"/> Hair Dryer/Curling Iron
<input type="checkbox"/> Dryer Sheets
<input type="checkbox"/> *Vitamins |
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DO NOT BRING THESE ITEMS WITH YOU

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|---|--|--|
| <input checked="" type="checkbox"/> Hot Plate
<input checked="" type="checkbox"/> Crock Pot
<input checked="" type="checkbox"/> Refrigerator
<input checked="" type="checkbox"/> Microwave
<input checked="" type="checkbox"/> Pots, and pans | <input checked="" type="checkbox"/> Air conditioner
<input checked="" type="checkbox"/> Pets
<input checked="" type="checkbox"/> Candles/incense
<input checked="" type="checkbox"/> Oversized furniture
<input checked="" type="checkbox"/> Air conditioner | <input checked="" type="checkbox"/> Exercise Equipment
<input checked="" type="checkbox"/> Tobacco Products
<input checked="" type="checkbox"/> Alcoholic Beverages
<input checked="" type="checkbox"/> Marijuana Products
<input checked="" type="checkbox"/> Any Weapons |
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*HELPFUL PACKING REMINDERS

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| <p><u>CARE DRESS CODE</u></p> <ul style="list-style-type: none"> Shoulders and midriff must be covered. No Spaghetti Straps/Short Tops No Clothes that display tobacco, alcohol, or drug logos. Close-toed shoes required for lab work | <p><u>NAU MEDICATION POLICY*</u></p> <ul style="list-style-type: none"> CARE staff is prohibited by NAU policy from administering medications, including over-the-counter. Please plan to provide and administer on your own. | <p><u>DON'T BRING TOO MUCH!</u></p> <ul style="list-style-type: none"> Your room is a modest size and will be shared with a roommate. Remember that you will be living here for 8 weeks. Less is more! |
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COOKING IN THE CAMPUS LIVING COMMUNITY

- A meal plan is provided so there should be limited need for additional meal options.
- Use of the kitchen in the community is permitted. Microwaves and refrigerators are provided for small food items.
- CARE will be providing pots, pans, silverware, plates in the community kitchens.
- Please clean up after yourself when using the community kitchens.