



# Native Journey to Academic Success (NJAcS) program: Promoting Resilience among Native American Students

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#### NATIVE AMERICAN HEALTH & WORKFORCE

- Health disparities: lower life expectancy, lower quality of life, greater incidence of chronic diseases<sup>1</sup>
- Shortage of health care providers is a major challenge in tribal communities<sup>2</sup>
- 2018 IHS (Indian Health Service) estimates 25% vacancy rate across health professions; some locations (rural and remote areas) as high as 50%<sup>2</sup>
- American Indian/Alaska Natives Health Care Workforce<sup>3-6</sup>
  - 0.5% Dental Hygienist
  - 0.5% Nurses
  - 0.4% Physicians & Physician Assistants
  - 0.2% Physical Therapist

#### **IMPROVE HEALTH EQUITY**

Increase
number of
Native
Americans
entering health
profession
programs



- \* NA graduates are more likely to return to their communities to work
- \* More familiar with culture, health beliefs and practices



Reduce health profession shortages in rural and tribal communities



Begin to address health disparities in tribal communities

# **NAU College of Health & Human Services**

#### **Mission Statement:**

The College of Health and Human Services prepares students to become competent health professionals while inspiring leaders in practice, scholarship, and service. We strive to improve the health and well-being of the diverse communities we serve.

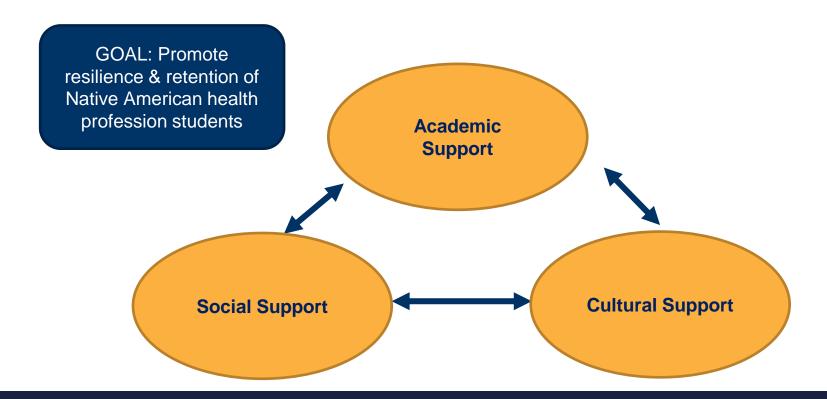
- Athletic Training
- Communication Sciences& Disorders
- Dental Hygiene
- Health Sciences
- Nursing
- Occupational Therapy
- Physical Therapy
- Physician Assistant Studies

#### **NATIVE AMERICAN STUDENTS**

# Education journey comes with many challenges<sup>7</sup>:

- Limited academic preparation and support
- Less likely to have a family member that has attended college
- Financial barriers
- Food insecurity
- Feeling of isolation being far from home, family and cultural support

- Established 2008-09 in CHHS
- NJAcS Faculty Academy appointed to serve as faculty mentors



## Academic support:

- Faculty mentoring check-in email
- Peer tutoring funds support peer tutor
- Student travel support- attend professional conference

## Cultural support:

- Annual gatherings Welcome Back Event
- Traditional blessing/prayer
- Cultural presentations/Storytelling
- Traditional/ceremonial support referrals

## Social support:

- Gas and food vouchers limit (2) per semester
- Childcare
- Referrals to campus/off-campus resources

## Middle and High School Pipeline Initiatives:

- Targets Native American youth
- Partnerships with Navajo Nations schools, FUSD and continues to grow
- Dream Catchers Event
- Mentoring/Tutoring Program @ local Residential
   Dormitory for High School Students

### **DREAM CATCHERS EVENT**

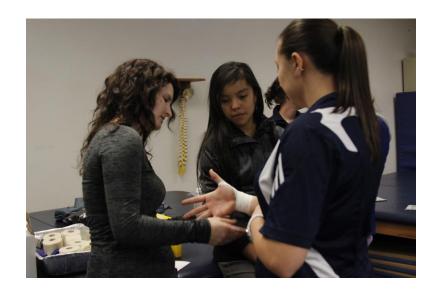






## **DREAM CATCHERS EVENT**





# **Questions**



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