Northern Arizona University Physical Therapy Alumni Chapter Presents:

2021 Borden Taber Lecture Series
Cardiopulmonary Implications: Emphasis on COVID 19 for the Physical Therapist
March 6, 2021 – Virtual via Zoom

Saturday, March 6, 2021
8:00am-8:30am
Registration

8:30-10:00am
Pathophysiology of COVID-19 on critically ill patients
Rebecca Ashcraft, PT, DPT & Dan Saftoiu, PT

Course Description: A brief overview of the pathophysiology of COVID-19 on critically ill patients. Our primary focus will be on methods and settings of both noninvasive (i.e. high-flow nasal cannula and BiPAP) and invasive (i.e. endotracheal intubation or tracheostomy) oxygenation for critically ill patients. We will provide case studies of several patients we have worked with in the ICU since COVID first hit Flagstaff last March, offer insight into what we've learned, and how we've adapted our practices to improve outcomes.
Department of Physical Therapy and Athletic Training

10:00am-12:00pm

Efficacy of prone position in treatment of COVID-19 patients

John Imundi, PT, DPT, EdD, CSCS
Assistant Clinical Professor NAU DPT

Course Description: Prescriptive and physiological positioning can impact patient recovery from cardiopulmonary disorders. This lecture will familiarize the learner with the various methods of patient positioning, its impact on COVID-19 recovery, and recommendations on incorporating evidence-based treatments into clinical practice.

12:00pm-1:00pm

COVID-19 and its effect on athletes

Sujan Gogu, DO, FAAFP
CAQ Sports Medicine, CAQ Pain Medicine

Course Description: COVID-19 and its effect on athletes.