

# NORTHERN ARIZONA UNIVERSITY

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## Accelerated Master of Science in Athletic Training

### Department of Athletic Training

#### ACCELERATED PROGRAM: **BS Fitness Wellness – MS Athletic Training**

#### Overview

*Note: This plan includes 9 units that are used to complete both the undergraduate and the graduate requirements: 9 at the graduate level. Students must receive a grade of "B" or higher in this coursework used towards both degrees.*

#### Undergraduate requirements for students in the accelerated program

Take the following 82 units, maintaining a 3.0 GPA overall:

##### **Health sciences core (31 units)**

- BIO 181 (3 units)
- [BIO 201](#), [BIO 201L](#), [BIO 202](#), [BIO 202L](#)<sup>\*</sup>, and [BIO 338](#) (11 units)
- [HS 200](#) (3 units)
- [HS 390W](#) (3 units)
- CHM 151 and CHM 151L (5 units)
- PHY 111 (4 units)
- [NTS 135](#) and [NTS 425](#) (6 units)
  - \*You must earn a Grade of "C" or better in [BIO 201](#), [BIO 201L](#), [BIO 202](#), and [BIO 202L](#) as they are prerequisites for specific FW courses.

##### **Content knowledge in Fitness Wellness (51 units)**

- [FW 321](#), [FW 330](#), [FW 343](#), [FW 405](#), [FW 406](#), [FW 420C](#), and [FW 430](#) (21 units)
- [BIO 192](#) (3 units)
- [FW 408](#) (9 units)
- [PE 325](#) or BIO 334 (3 units)
- [PSY 101](#) (3 units)
- AT 520, AT 525, AT 530 (9 units)
- Three one-unit FIT 100 units which must include the following (3 units):
  - Teaching Group Fitness (Mind/Body)
  - Strength Training Program Design

#### Graduate requirements for students in the accelerated program

Take the following 58 units, while remaining in [good academic standing](#):

- [AT 500](#), [AT 510](#), [AT 515](#), [AT 520](#), [AT 525](#), [AT 526](#), [AT 530](#), [AT 535](#), [AT 536](#), [AT 540](#), [AT 545](#), [AT 555](#), [AT 610](#), [AT 620](#), [AT 625](#), [AT 630](#), [AT 635](#) (43 units)
- [AT 501](#), [AT 502](#), [AT 504](#), and [AT 505](#) – which complete the clinical education component (13 units)

Select following (2 units):

- [AT 597](#) (2 units) - Students enrolled for [AT 597](#) must take and pass a written comprehensive exam.

#### Suggested Progression Plan

<sup>^</sup> Denotes undergraduate course applied towards the undergraduate degree

% Denotes a course that applies towards both degrees

\* Denotes graduate course applied towards the graduate degree

Fall Year 1 (Term 1: 15 units)	Spring Year 1 (Term 2: 18 units)
^BIO 181 (3 units)	^MAT 125 (4 units)
^NTS 135 (3 units)	^HS 200 (3 units)
^PSY 101 (3 units)	^Liberal Studies or Diversity (3 units)
^ENG 105 (4 units)	^BIO 201 and 201L (4 units)
^FIT 100 (1 unit)	^BIO 192 (3 units)
^FIT 100 (1 unit)	^FIT 100 (1 unit)

Summer Year 1 (7 units)
^Liberal Studies or Diversity (3 units)
^PHY 111 (4 units)

Fall Year 2 (Term 3: 18 units)	Spring Year 2 (Term 4: 15 units)
^BIO 202 and 202L (4 units)	^BIO 338 (3 units)
^FW 343 (3 units)	^FW 321 (3 units)
^PE 325 or BIO 334 (3 units)	^FW 330 (3 units)
^CHM 151 and CHM 151L (5 units)	^FW 380 (3 units)
^Liberal Studies or Diversity (3 units)	^Liberal Studies or Diversity (3 units)

Summer Year 2 (6 units)
^Liberal Studies or Diversity (3 units)
^Liberal Studies or Diversity (3 units)

Fall Year 3 (Term 5: 18 units)	Spring Year 3 (Term 6: 18 units)
^HS 390W (3 units)	^FW 430 (3 units)
^FW 405 (3 units)	^FW 408 (9 units)
^FW 406 (3 units)	^Liberal Studies or Diversity (3 units)
^FW420C (3 units)	^undergraduate elective course (3 units)
^NTS 425 (3 units)	
^Liberal Studies or Diversity (3 units)	

Summer Year 3 (5 units)
*AT 500 (3 units)
*AT 515 (2 units)

Fall Year 4 (Term 7: 16 units)	Spring Year 4 (Term 8: 15 units; graduate with the BS)
*AT 501 (3 units)	*AT 502 (3 units)
%AT 520 (3 units)	%AT 525 (3 units)
%AT 530 (3 units)	*AT 535 (2 units)
*AT 540 (3 units)	*AT 536 (1 unit)
*AT 510 (1 unit)	*AT 545 (3 units)
^Liberal Studies or Diversity (3 units)	*AT 555 (3 units)

Fall Year 5 (Term 9: 14 units)	Spring Year 5 (Term 10: 12 units; graduate with the MS)
*AT 504 (4 units)	*AT 505 (4 units)
*AT 526 (1 unit)	*AT 625 (3 units)
*AT 610 (3 units)	*AT 635 (3 units)
*AT 620 (3 units)	*AT 597 (2 units)
*AT 630 (3 units)	