ARRIVAL GUIDE
FOR
INTERNATIONAL STUDENTS
NAU.EDU/CIE
A Letter from President Cheng

Welcome to Northern Arizona University. You will be joining more than 20,000 students, including about 1,300 international students from 70 countries who have chosen to pursue their degrees at NAU. We offer all the tools and resources necessary for you to find your way and enjoy this time of growth, exploration, and transformation. Immerse yourself in the campus and community environment, including exciting athletic events, the arts, and student-driven activities.

Sincerely,
Rita Hartung Cheng
President

Join the Lumberjack community of enthusiastic students and professors!

I received a high-quality education. 95% of the university’s alumni agree or strongly agree with this statement.

Welcome to Flagstaff

3rd Best College Town in the U.S. (American Institute of Economic Research)
6th Happiest City in America (Time.com)
World’s First International Dark Sky City great for star-gazing!
288 days/year of sunshine
4 seasons (yes, it does snow in Arizona!)
ABOUT OUR CAMPUS

5th Most Scenic College Campus in the US (College Prowler)
30+ on-campus dining options
$1 billion in new construction and facility upgrades since 2003
300+ student clubs and organizations
And growing! Find one that’s right for you (or start your own!) at nau.edu/clubs

WHERE TO BEGIN

Getting a Visa | educationusa.state.gov

A visa allows you to enter the United States. A valid I-20 or DS-2019 form allows you to stay in the US during your studies. Students with an I-20 must obtain an F-1 student visa and students with a DS-2019 must obtain a J-1 exchange student visa before entering the US to study. To make an appointment and locate a Consular Office, visit the Department of State website: usembassy.gov.

What to bring to your visa interview?
1. A receipt for the SEVIS fee.
2. A receipt showing payment of your visa application fee (if applicable).
3. An I-20 or DS-2019 form from Northern Arizona University.
4. Your admission letter from Northern Arizona University.
5. A completed Form DS-160 Online Nonimmigrant Visa Application (available online at: ceac.state.gov/genniv or at any US Embassy or Consulate).
6. A passport valid for at least 6 months beyond your intended date of entry into the US.
7. Two recent passport photographs.
8. A bank letter showing sufficient funds to study in the US.

*Please check the embassy website for additional information.

SEVIS Fee | fmjfee.com

The SEVIS (I-901) fee must be paid before you schedule your visa appointment. This fee is non-refundable. Please remember to print and save your proof of payment receipt.

1. Visit fmjfee.com to fill out the Form I-901.
2. Pay your SEVIS Fee one of the following ways:
   a. By credit card or debit card; OR
   b. Submit the Form I-901 with a money order and mail this to:
   I-901 Student/Exchange Visitor Processing Fee
   1005 Convention Plaza St. Louis, MO 63101 United States
   Phone Number: 1-703-603-3400 (United States Country Code 001)

Now… what do you do next?
Don’t forget to check the “International Student Checklist” included in your admission packet, or online: nau.edu/admitted.

About this page:

Jacob
Assistant Director, International Admissions and Recruitment
Suggested items to bring to the US

Clothing – NAU is located at an elevation of 7,000 feet or 2,138 meters. Be sure to pack some clothes for cold weather, as well as sunglasses for Flagstaff’s 288 average days of sunshine each year. There’s plenty of shopping opportunities once you arrive in Flagstaff!

Money – Bring a credit card with “VISI” or “MASTERCARD” logos when traveling internationally. Also bring a small amount of cash in US dollars for food, taxi, or other incidentals.

Adaptor/Converter – If your home country has a different outlet configuration than the US, you will need an adaptor. North American devices run on 110/125V electricity.

Cellphone – There are 4 primary service providers in the US: Verizon, AT&T, T-Mobile, and Sprint. You can bring your cellphone to the US and change the SIM card to be compatible with a US provider. In the US, Sprint, Verizon use CDMA; AT&T and T-Mobile use GSM.

International Student Orientation
nau.edu/cie/orientation

As a new international student, you are required to attend orientation sessions beginning one week prior to the start of every fall and spring semester. Your official orientation date is the same as your program start date listed on your sponsor document, I-20 or DS-2019. To best prepare for your experience at NAU, the Center for International Education arranges a full week of events and activities, including:

• Orientation Check-in and Immigration Document Check-in: Mandatory for all new international students.
• English Placement Exam: Mandatory for all students in the Program in Intensive English (PIE).
• Academic Advising: Individual meeting with your academic adviser for course registration.
• Life in the US: Current international students will discuss US culture and dealing with culture shock with other students.
• Resource Fair: Companies and vendors will be available for you to activate cellphones and learn about campus student resources.
• Pizza Party: Eat some free pizza while you meet members of NAU’s International Club.
• Small Group Lunches and Dinners: Go to Flagstaff’s delicious local restaurants with current US and international students.
• New Student Welcome Trip: A day trip to the Grand Canyon or Sedona with new international students.

Suggested items to bring to the US

Arriving in Flagstaff

Arrival by Air – American Airlines (aa.com) operates daily flights from the Phoenix Sky Harbor International Airport (Airport Code: PHX) to Flagstaff (Airport Code: FLG).

Arrival by Train – Amtrak Train (amtrak.com) arrives in Flagstaff daily from Chicago and Los Angeles. We also offer pick-up services for new international students from either the Flagstaff airport (FLG) or the Amtrak station (Arizona Shuttle arrivals). Online reservation required; check the Orientation Website for details.

Hotels near NAU campus

• Drury Inn
• Grand Canyon International Hostel
• Quality Inn
• Embassy Suites and more.

Taxi Services

• Apex Taxi: 928-779-0000
• A Friendly Cab: 928-774-4444
• Better Taxi: 928-522-3232
• UBER is also available in Flagstaff area.

Orientation dates

<table>
<thead>
<tr>
<th>Spring 2018</th>
<th>Fall 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, January 8th to Friday, January 12th</td>
<td>Students admitted to the English language program – Program in Intensive English</td>
</tr>
<tr>
<td>Wednesday, January 10th to Friday, January 12th</td>
<td>Undergraduate degree-seeking students</td>
</tr>
<tr>
<td>Monday, August 20 to Friday, August 24</td>
<td>J-1 Exchange students</td>
</tr>
<tr>
<td>Monday, August 20 to Friday, August 24</td>
<td>Graduate students</td>
</tr>
<tr>
<td>Tuesday, August 21 to Friday, August 24</td>
<td>Students admitted to the Program in Intensive English</td>
</tr>
<tr>
<td>Tuesday, August 21 to Friday, August 24</td>
<td>1st year (Freshman) undergraduate degree-seeking students</td>
</tr>
<tr>
<td>Wednesday, August 22 to Friday, August 24</td>
<td>Transfer undergraduate degree-seeking students</td>
</tr>
<tr>
<td>Friday, August 24</td>
<td>J-1 exchange students</td>
</tr>
<tr>
<td>Friday, August 24</td>
<td>Graduate Students (may need to arrive earlier per departmental requirements)</td>
</tr>
</tbody>
</table>

Students admitted to the English language program – Program in Intensive English

• Undergraduate degree-seeking students

• J-1 Exchange students

• Graduate students

• Students admitted to the Program in Intensive English

• 1st year (Freshman) undergraduate degree-seeking students

• Transfer undergraduate degree-seeking students

• J-1 exchange students

• Graduate Students (may need to arrive earlier per departmental requirements)
Established in 1899, Northern Arizona University (NAU) is a prestigious public institution with more than one-hundred years of history. With nearly 100 majors and nationally ranked programs in business, engineering, biology, nursing, and more, NAU combines exceptional academics and opportunities for research with renowned professors and a commitment to making your education relevant and rewarding.

Academic Resources

Tutoring and the Student Learning Center
The Student Learning Center offers free, 45-minute tutoring sessions for students taking a variety of subjects (English, biology, math, etc.). There are two locations, a North LAC and a South LAC. For more information, visit their website at nau.edu/Student-Learning-Centers

Supplemental Instruction
Supplemental Instruction (SI) is a series of review sessions for difficult courses. SI sessions are led by an NAU student who attends class with you. SI sessions are voluntary and you can expect to review materials, discuss difficult concepts, and learn study skills. The SI schedule can be found at nau.edu/Student-Learning-Centers/Supplemental-Instruction.

Transfer Credit
To meet the requirements of your degree plan, you may be able to use transfer credits that you earned at another institution. Transfer evaluators in the International Admissions office review your transcript to determine your total number of transfer credits and how those credits will count toward satisfying NAU’s Liberal Studies requirements. Faculty from the appropriate academic departments evaluate your transfer work to determine how any transfer courses may count toward your major and minor requirements.

Students can receive up to 90 credits from a four-year institution and up to 64 credits from a two-year institution. Students must submit official transcripts and course descriptions in English in order to receive transfer credit (NAU Policy #100224).

Dining

NAU Dining offers meal plans for students to eat on campus without carrying cash. Students who buy meal plans do not pay sales tax on their meal purchases. There are several meal plan options such as 10 meals per week, 14 meals per week, or 19 meals per week. Halal and Kosher meals are available upon request.

Access your NAU Email
Your personal email address will not be used for official communication. Your NAU email is your official email when communicating with NAU and when submitting forms. Please begin using your NAU email before arriving to campus. For more information on accessing your NAU email, please visit the Student Technology Center, nau.edu/its/students.

The Jacks Card
The Jacks Card is the name of your student ID card. On this card you will have two accounts: the JacksDebitExpress (JDE) and the Dining Dollar account. Both of these accounts work like a prepaid debit account. JDE can be used at non-dining locations such as the NAU Bookstore, the Recreation Center, and the Post office. The Dining Dollar account can be used to purchase tax-free food at dining locations on campus. Meal plans are also accessed by using the JacksCard.

Louie the Lumberjack
Louie the Lumberjack is NAU’s much beloved official mascot. The word “lumberjack” has a strong tie to the history of Flagstaff because it comes from the nickname for the loggers and lumber workers who first settled in the area. Louie is an icon for the strength of NAU’s students and athletics teams. Your NAU student online account is also called “LOUIE” (nau.edu/louie), and is where you complete for course and access your class schedule, financial account, grades, and other information about your academic life at NAU.

Cultural tip: What is “mascot”?
Many universities in the US have a mascot which represents their institution’s common identity. A mascot is a person, animal, or item used as a rallying point for a group’s common goal, especially during athletic events. Just as the Football World Cup features such mascots as the English Lions, Egyptian Pharaohs, and the French Roosters, NAU’s mascot is Louie the Lumberjack!
On-campus Housing

Apply for On-Campus Housing
On-campus housing is very popular and you must apply by the deadlines. Residing on campus provides a convenient, economical, and fun living environment for students. The Office of Residence Life is responsible for housing students at NAU. We recommend visiting their website at nau.edu/reslife for more information about living on campus and the cost of rent.

Family Housing
Balancing life as a student while having a family can be challenging, but our family housing options make it a little easier. nau.edu/residence-life/housing-options/family-housing

Arizona Childcare Resource and Referral: arizonachildcare.org

Off-campus Housing

If you choose to live off-campus, there are many apartment buildings within walking distance to campus.

Resources
Flagstaff Homestay and International Student Housing: ihouseflagstaff.com
Residence Life Guide to Living Off-Campus: nau.edu/residence-life/housing-options/off-campus-housing

Housing Deposits
If you choose to live off-campus, you will have to pay a security deposit that would pay for any damage to the apartment. If there is no major damage to the apartment at the end of your stay, a portion of the deposit may be given back to you when you move out.

Paying Rent
If you are living off-campus, rent is normally paid to the property management company. If you are living in a house, rent is often paid directly to the landlord.

Finances

You may wish to open a bank account in your name when you arrive in Flagstaff. Having a bank account (or checking account) will allow you to pay bills such as tuition, rent, and utilities. This will also give you access to a check or debit card you can use in Automatic Teller Machines (ATMs) at any time of day or night. You will need cash or traveler’s checks, your passport, and your NAU ID card to open a bank account. There are several banks and one credit union located within walking distance of campus.

Wells Fargo: wellsfargo.com | Chase: chase.com | Arizona State Credit Union: azstcu.org

Paying Your Fees
nau.edu/sdas

You should be prepared to pay your tuition and fees or sign up for the NAU Payment Plan when you arrive on campus. Please contact the Student and Departmental Account Services for more information at: SDAS@nau.edu or 928-523-3122.

Jobs on Campus

International students may work on-campus up to twenty hours per week when school is in session. Students may work on campus up to 40 hours per week during official breaks if registered for classes for the next semester. The official breaks are: Summer break/Spring break/Winter break.

For on-campus employment information, check nau.edu/career/jobs-for-jacks.
**Getting Involved**

**Our Community**

**First Friday Art Walk:** Live music and refreshments, local artists, and original artwork displayed in downtown Flagstaff’s many galleries, restaurants and shops. This event takes place on the first Friday of every month.

**Farmer’s Market:** Come and check out the local farmer’s market in downtown Flagstaff on Sundays! You can purchase locally-grown produce, antiques, books, gems and minerals, ceramics, and vintage clothing! Ends in October.

**Coconino County Fair:** The County Fair features amazing local and national acts each year. Entertainment is available all day, every day — over 40 hours’ worth! Check coconino.az.gov/countyfair.

**Concert Series:** In addition to the classical music concerts hosted by NAU School of Music, SUN Entertainment typically brings several concerts a semester. Past performances have included Phillip Phillips, Jason Mraz, Owl City, and Plain White T’s.

**Sports at NAU**

NAU students may attend intercollegiate sporting events on campus for FREE with their student ID cards. Schedules for NAU’s Athletic teams are available online at nau.edu/athletics.

**Student Activities**

**nau.edu/Student-Life**

The Office of Student Life has information on over 400 recognized student clubs and organizations on campus. The Associated Students of Northern Arizona University serves as the student government on campus.

There are also opportunities for students to join a Sport Club or an Intramural Sport. Make friends, get involved, and have fun while you learn a new sport or continue with the sport you love. Learn more about campus recreation at nau.edu/Campus-Recreation.

**Flagstaff Festivals**

**Festival of Science:** In September, the Festival of Science is a 10-day family event with open houses, lectures, in-school presentations, hikes and excursions at various locations throughout the city.

**Celtic Festival:** Every July, the Northern Arizona Celtic Heritage Society brings the Celtic Festival to Flagstaff to promote and preserve Celtic culture. Learn about heritage, language, traditions, art, and history of the Celtic people both ancient and modern.

**Pickin’ in the Pines:** A world-class bluegrass and acoustic music festival. Event happens every September come rain or shine.

**Chocolate Walk:** A one-day chocolate event that invites the public to enjoy all different varieties of chocolate while exploring downtown Flagstaff. Happens in February.

**On-campus Activities**

**Concert Series:** In addition to the classical music concerts hosted by NAU School of Music, SUN Entertainment typically brings several concerts a semester. Past performances have included Phillip Phillips, Jason Mraz, Owl City, and Plain White T’s.

**Sports at NAU:**

**FOOTBALL**

**SOCCER**

**VOLLEYBALL**

**INDOOR AND OUTDOOR TRACK AND FIELD**

**BASKETBALL**

**CROSS COUNTRY**

**TENNIS**

**GOLF**

**SWIMMING AND DIVING** (Western Athletic Conference)
City of Flagstaff

Located in Northern Arizona, the city of Flagstaff is a vibrant mountain town with a robust entertainment scene and unparalleled natural scenery, only hours away from the Grand Canyon and Las Vegas. The American Institute of Economic Research named Flagstaff the 3rd best college town in America; the city also ranks 1st for cleanest air quality according to American Lung Association.

Historic downtown Flagstaff, located within close walking distance north of NAU, is popular with locals and tourists.

Getting around Flagstaff

Public Transportation: Mountain Line is Flagstaff’s fixed-route bus system. For more information, including maps and route information, check mountainline.az.gov.

Yellow Bike Program: NAU’s Yellow Bike Program provides free bike rentals to students. Bike rentals are good for up to seven days, and include a lock, key, and helmet. For more information, check nau.edu/yellowbike.

Getting a driver’s license: An Arizona Driver’s License allows you to drive in Arizona as well as the rest of the US, and can be used instead of a passport in states where photo identification is needed. There are paid parking spaces available on campus. For more information, check azdot.gov/mvd.

Shopping in Flagstaff

Flagstaff Mall & The Marketplace
- Best Buy: Electronics
- Dillard’s: Department Store
- Marshalls: Discount Clothing
- Old Navy: Clothing
- Vans Shoes and Accessories

University Plaza Shopping Center
- Safeway: Groceries
- Bed Bath & Beyond: Bedding and Kitchenware
- Ross: Discount Clothing
- GNC: Vitamins and Health Supplements
- Walgreens: Health and beauty products, over-the-counter medicine
- Walmart: US’s largest retail chain

Other Stores
- Bashas: Groceries
- Bookman’s: Used books, music, movies exchange
- Sprouts: Groceries
- Target: Home Goods and Clothing
- Walgreens: Health and beauty products, over-the-counter medicine
- Walmart: US’s largest retail chain

Cultural Tip

The Grand Canyon: One of the seven natural wonders of the world.

Havasu Falls: The falls are known for their natural pools that are in vivid blue-green color. Reservations are required.

Lowell Observatory: Visit the place where the dwarf planet Pluto was discovered in 1939.

Antelope Canyon: Antelope Canyon is a spectacular petrified sand dune, created by wind, water, and time. Reservations are required.

Sedona: The world-famous red rock scenery is breathtaking and just a short drive away!

Scottsdale Fashion Square: The mall is recognized as one of the top visitor destinations in Arizona with exceptional brands such as H&M, Nordstrom, Prada, Tiffany and Co., and ZARA.

Antelope Outlets
- Tanger Outlets
- Phoenix Premium Outlets

Food
- Beaver Street Brewery (American): 5 minutes
- Hot Wok Restaurant (Chinese): 2 minutes
- Himalayan Grill (Indian): 2 minutes
- Karma (Japanese): 8 minutes
- Oregano’s Pizza Bistro (Italian): 2 minutes
- Brix Restaurant and Wine Bar (Fine Dining: brixflagstaff.com): 10 minutes
- Karma (Japanese): 8 minutes
- Oregano’s Pizza Bistro (Italian): 2 minutes
- Brix Restaurant and Wine Bar (Fine Dining: brixflagstaff.com): 10 minutes

Tipping is a standard practice in the US. In restaurants, tipping 15% of the bill is expected. Taxi drivers and hairdressers also expect between 10% and 15%.

Shopping in the Phoenix area

1. Scottsdale Fashion Square
2. Antelope Outlets
3. Tanger Outlets
4. Phoenix Premium Outlets

1. The Grand Canyon
2. Sedona
3. Antelope Canyon
4. Havasu Falls
5. Lowell Observatory

EXPLORE ARIZONA

-13-
Requirements

Health Insurance: It is mandatory for all international students to have university health insurance. The fee for insurance will be charged to your university bill. Even if you already have health insurance, you will need to purchase the NAU health insurance plan as only select plans are accepted by area clinics and the hospital. The most up-to-date health insurance costs are available at: nau.edu/Medical-Services/Insurance-and-Payment.

MMR Immunization Requirement: You will not be able to register for classes, add or drop classes until you meet this requirement. Please submit the NAU immunization form and vaccination records before your arrival to NAU. More information: nau.edu/Health-Services/Medical-Services/Immunizations.

Campus Health Services: You have access to NAU’s full-service, professional medical facility with physicians and nurse practitioners. It offers a full spectrum of healthcare services on site including lab, X-ray, nursing, health education, and some specialty care. More information: nau.edu/Medical-Services

The Flagstaff Medical Center (FMC): Flagstaff hospital and is located at 1200 North Beaver Street. FMC is a member of Northern Arizona Healthcare and provides high quality healthcare services to residents and visitors to northern Arizona.

*Please use Campus Health Services or an Urgent Care Facility for non-emergencies as hospitals are expensive.

Emergency Contact

Before arrival:
If you are in the US and an emergency arises during your arrival to NAU and the office is closed, please use one of the following phone numbers:

Within the US and Canada: 1-800-285-3943
Outside the US and Canada: 1-602-234-9105

**Please note that if you do NOT have an emergency, please call the office phone number at 928-523-2409.

In the United States, 911 is the emergency number in the US. If you need an ambulance, fire truck, or police car, you can be dialled for free from any pay phone or cell phone 24 hours a day. An operator will answer and will send help.

NAU has a fully accredited police department for safety on campus.

Health and Safety

“Flagstaff is known as a safe, friendly, and welcoming community.”

The American Institute of Economic Research named Flagstaff the 3rd best college town in America, and Time.com has called it one of the nation’s happiest cities.
If you’re planning to make a call to the US Student Legal Counsel Office, visit flagstaffcentral.com/Subjects/Organizations/worshipdirectory.htm for phone numbers and email contacts.


Let’s connect! We are looking forward to your arrival to campus and are committed to ensuring you have the very best arrival experience possible at NAU. I encourage you to familiarize yourself with this arrival guide and the many resources that are available to you as a lumberjack. See you soon!

— Shannon Gourley

Associate Vice President, Center for International Education

Let’s connect!

Campus Map

Contact Us

Email: studentlife@nau.edu
Tel: +1 928-523-2401
Website: nau.edu/studentlife

Address: Northern Arizona University
Center for International Education
PO Box: 5598
Flagstaff, AZ 86011-5598

For more directional information, visit nau.edu/maps

Shannon Gourley

Associate Vice President, Center for International Education

Daniel Palm

Associate Vice President, Center for International Education

Campus Map

Northern Arizona University
Address:
Northwest Quad
Flagstaff, AZ 86011-5598

northernarizona.edu/maps

Connect With Campus

Helpful Resources

Academic

NAU Office of the Registrar
508-526-2105; registrar@nau.edu

Mobile Phones AT&T Wireless: att.com
Verizon Wireless: verizon.com

Health

NAU Counseling Services
Help students overcome concerns in psychological growth and emotional well-being: nau.edu/counseling-services

Transportation

Tales and Trails
928-526-6300; talesandtrails@nau.edu
Parking and Shuttle Services Provide on-campus and off-campus parking, shuttle, bike, and pedestrian transit services: nau.edu/Parking-Shuttle-Services

Student Life

NAU Office of Residence Life
928-523-3978; residence.life@nau.edu
NAU Office of Student Life
928-523-5181; student.life@nau.edu

Mobile Phones AT&T Wireless: att.com
Verizon Wireless: verizon.com

Finance

NAU Office of Student Financial Aid
928-526-8060 or naufinaid@nau.edu

Websites

nau.edu/cie

NAU Office of Student Financial Aid
928-523-1551; financial.aid@nau.edu
NAU Bursar’s Office 928-523-3122; SDAS@nau.edu

Academic Calendar
Learn about important dates during your academic semesters at nau.edu/Registrar/Important-Dates

International Admissions

Department of International Admissions
Email: study@nau.edu

Mobile Phones AT&T Wireless: att.com
Verizon Wireless: verizon.com

Parking and Shuttle Services
Provide and support parking, shuttle, bike, and pedestrian transit services: nau.edu/Parking-Shuttle-Services

School of Business and

disciplinary and fine arts

School of Natural Resources

School of Social Work

School of Tourism, Hospitality

School of Forestry

School of Communication

School of Health,

School of Education

School of Nursing,

School of Engineering

School of Engineering

School of Health Science

School of Business

School of Art and Design

School of Business

School of Social Work

School of Forestry

School of Engineering

School of Communication

School of Health Science

School of Business

School of Art and Design

School of Business

School of Social Work

School of Forestry

School of Engineering

School of Communication

School of Health Science

School of Business

School of Art and Design

School of Business

School of Social Work

School of Forestry

School of Engineering

School of Communication

School of Health Science

School of Business

School of Art and Design

School of Business

School of Social Work

School of Forestry

School of Engineering

School of Communication

School of Health Science

School of Business

School of Art and Design

School of Business

School of Social Work

School of Forestry

School of Engineering

School of Communication

School of Health Science

School of Business

School of Art and Design

School of Business

School of Social Work

School of Forestry

School of Engineering

School of Communication

School of Health Science

School of Business

School of Art and Design

School of Business

School of Social Work

School of Forestry

School of Engineering

School of Communication

School of Health Science

School of Business

School of Art and Design

School of Business

School of Social Work

School of Forestry

School of Engineering

School of Communication

School of Health Science

School of Business

School of Art and Design

School of Business

School of Social Work

School of Forestry

School of Engineering

School of Communication

School of Health Science

School of Business

School of Art and Design

School of Business

School of Social Work

School of Forestry

School of Engineering
If you walk toward the mountain range (called the San Francisco Peaks), you are heading North!