Lumberjacks stick together – it’s who we are.
When we are strong, we defend our peers
When we are healthy, we protect the vulnerable
When we work together, we support our community

LUMBERJACKS CAN HELP SLOW THE SPREAD OF COVID-19
In the face of the COVID-19 pandemic, Lumberjacks are dedicated to protecting their community. Consider not just your own well-being, but the well-being of the students, staff, faculty, and community members around you. We strongly encourage all Lumberjacks to make these commitments for a safer, healthier, and more unified NAU. In doing so, we can help slow the spread of COVID-19.

I COMMIT TO:

PROTECTING MYSELF

- Washing my hands frequently with soap and water or using hand sanitizer
- Practicing physical distancing by staying six feet away from others
- Staying up-to-date with my vaccinations and getting a flu shot
- Monitoring my health and contacting my healthcare provider when I feel sick
- Not touching my face with unwashed hands
- Getting plenty of rest, exercise, and nutritious food

PROTECTING MY FELLOW LUMBERJACKS

- Wearing a face mask in university buildings (including classrooms)
- Staying at home when I feel sick
- Covering my cough or sneeze with a tissue or a sleeve
- Offering support for those around me who may be struggling

PROTECTING MY NAU COMMUNITY

- Following institutional directions and recommendations – even if I don’t feel sick
- Helping to keep personal spaces and common areas clean
- Not attending gatherings or large events where I cannot be assured that proper safety measures are in place
- Educating myself on COVID-19 mitigation strategies

Thank you for doing your part to keep NAU safe and healthy – for yourself, for your peers, and for all of the Lumberjack community.

Tag #TheLumberjackWay on social media to share your commitment!