



NAU is requiring that all faculty, staff and students complete [NAU Healthcheck](#), a self-assessment that will tell you whether you are cleared to come to campus or need to take other steps to maintain health and safety. This must be done daily, and it must be completed before coming to campus. This assessment tool takes less than a minute to complete each day.

To complete NAU Healthcheck:

1. Log in with your NAU credentials and phone number.
2. Enter your temperature and any COVID-19-related symptoms you have.
3. Indicate whether you've been exposed to someone who has tested positive for COVID-19.
4. Indicate whether a health care provider has told you to stay home or self-isolate.

You will receive a green, yellow or red assessment:

- **Green means you are at low risk:** You are cleared to come to campus while wearing a mask and taking appropriate precautions.

- **Yellow means you are at moderate risk:** You are not cleared to come to campus and should stay home and monitor your symptoms. Contact your health care provider with any questions.

- **Red means you are at high risk:** You are not cleared to come to campus and should stay home and monitor your symptoms. Contact your health care provider with any questions.

To make sure you complete this daily, bookmark the site or add the page to your cell phone screen, and set a reminder through your phone or calendar to complete it every morning whether or not you are coming to campus.

Thank you for doing your part in helping to keep our campus community safe.