

# COVID Signage Installation Guidelines

Here are guidelines to help you properly install self-printed wall signs. The signs prompt students, faculty, and staff to follow recommended CDC guidelines to help stop the spread of COVID-19. The signs are one part of our multi-faceted effort to prepare NAU for the fall semester. We are also installing breath guards, hand sanitizers, and wipe stations, as well as decals to reinforce physical distancing. For more information on how we are getting ready for fall classes visit [nau.edu/jacksareback](http://nau.edu/jacksareback).

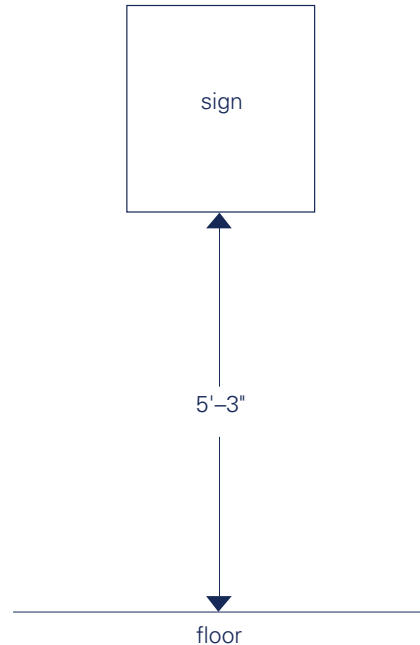
## Printing signs

- All prints must be in color.
- Make sure the "fit" box is checked before printing.
- Do not print an individual sign on multiple pages to create a larger sign.

## Hanging signs

Hang these signs at 5' 3" from the floor to the bottom of the sign.

- Hang signs straight and level.
- Place signs in the most visible location, where possible.
- If they are going to the side of a door, they should be on the "handle" side.
- Do not block existing signs.
- If there are multiple signs at the same location, they should be hung side-by-side, 1" apart as the situation allows.



## Available signs



# KNOW THE SYMPTOMS.

You might have COVID-19 if you experience:

- Fever or chills
- New loss of taste or smell
- Cough
- Congestion or runny nose
- Shortness of breath or difficulty breathing
- Nausea or vomiting
- Fatigue
- Muscle or body aches
- Headache
- Sore throat
- Diarrhea



People with coronavirus (COVID-19) have a wide range of symptoms, from mild to severe. *Symptoms appear 2 to 14 days after exposure.*

Stay home if you are sick and let your healthcare provider know about your symptoms.

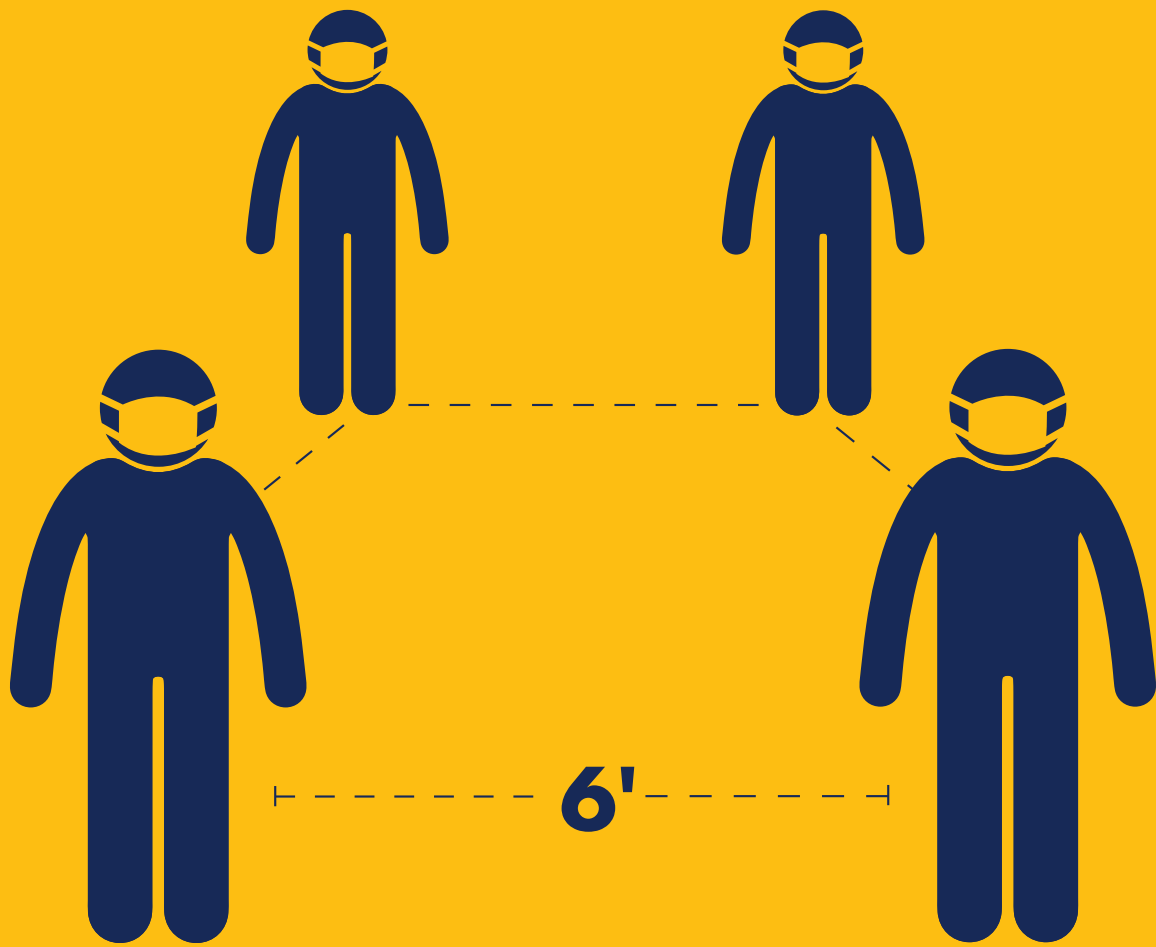
**CDC**

Visit [cdc.gov](https://www.cdc.gov) or [nau.edu/coronavirus](https://nau.edu/coronavirus)  
for more information.

**NAU**

stop the spread

# MAINTAIN PHYSICAL DISTANCING.



**Stay safe; stay 6 feet apart.**

stop the spread

# WIPE DOWN SURFACES

BEFORE AND AFTER USE.



stop the spread

Keep Lumberjacks safe.

# WASH HANDS FOR 20 SECONDS.



stop the spread

That's the "ABCs" twice!

# HOW TO PROPERLY WASH YOUR HANDS FOR 20 SECONDS.



1. Wet your hands with clean water.



2. Lather your hands with soap.



3. Rub palms together—interlace fingers to get those areas clean.



4. Spread soap over the back of each hand—interlace fingers, again.



5. Rub the thumb with the other hand—do this for each thumb.



6. Rub your palms with the fingertips of the other hand.



7. Rub each wrist with opposite hand.



8. Rinse with clean, running water.



9. Dry your hands with a clean towel or air dryer.

*Use hand sanitizer that contains 60% alcohol if you don't have access to soap and water.*

# MASKS REQUIRED.



**My mask protects you.  
Your mask protects me.**

stop the spread

# LUMBERJACKS: LET'S WORK TOGETHER.



**Wear a mask when around others.**



**Practice physical distancing—6 feet apart.**



**Wash your hands for 20 seconds.**



**Cover coughs and sneezes with a tissue or your elbow.**



**Clean and disinfect your areas.**



**Monitor your health.**

stop the spread

For more information, visit  
[nau.edu/coronavirus](http://nau.edu/coronavirus) or [cdc.gov](http://cdc.gov).

**NAU**