## All-Fruit Blends

<table>
<thead>
<tr>
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<th>24 oz</th>
<th>32 oz</th>
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<tbody>
<tr>
<td>Price</td>
<td>$4.69</td>
<td>$5.29</td>
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### Fit-N-Fruity
- strawberries, bananas, and raspberries
- Calories: 333 (24 oz), 432 (32 oz)

### Tropical Trim-Up
- mangos, pineapple, and bananas
- Calories: 362 (24 oz), 465 (32 oz)

### Berry Boost
- strawberries, blueberries, and raspberries
- Calories: 321 (24 oz), 396 (32 oz)

Add protein to any drink or get a natural boost with fresh spinach or carrots for $0.49 more.
Original Blends

Simply Strawberry
strawberries, bananas, and orange sherbet

Peach Passion
peaches, bananas, orange sherbet, and vanilla frozen yogurt

Beach Breeze
bananas, mangos, pineapple, pineapple sherbet, and vanilla frozen yogurt

Berry Blast
strawberries, raspberries, pineapple, and lime sherbet

Mango Mania
mangos, bananas, and pineapple sherbet

The Essential Blend
bananas, blueberries, spinach, raspberry sherbet, and frozen yogurt

24 oz $4.49  32 oz $5.09

Calories
24 oz 32 oz
Simply Strawberry 370 476
Peach Passion 376 535
Beach Breeze 404 523
Berry Blast 351 452
Mango Mania 401 519
The Essential Blend 397 537
Power Blends

24 oz $4.79  32 oz $5.29

Calories
24 oz  32 oz
932   1331

Power Lift
bananas, peanut butter, peanuts, chocolate protein, non fat vanilla frozen yogurt and milk

Vital Ascent
pineapple, bananas, blueberries, milk, vanilla nonfat yogurt, and vanilla protein

5.10 Blend
mangos, strawberries, bananas, carrots, milk, vanilla protein, and vanilla frozen yogurt

All drinks are made with an Essential juice base...

100% pure fruit juice