Bachelor of Science in Health Sciences: Public Health

Program Highlights

- Attend class on your schedule
- Flexible online curriculum delivery
- Start before, during, or after completing a qualified regionally accredited *associate degree
- Transfer up to 64 lower division credits
- Advisement available by phone or online at 1(800)426-8315 or online.advising@nau.edu

*Regional Accreditation refers to schools in the United States that meet specific academic standards and quality requirements as determined by review boards and are granted accreditation by one of the following accrediting bodies: Middle States Association of Colleges and Schools, Northwest Association of Colleges and Schools, North Central Association of College and Schools, New England Association of Colleges and Schools, Southern Association of Colleges and Schools, and Western Association of Colleges and Schools (www.cde.state.co.us/cdprof/Licensure_glossary.asp).
The Department of Health Sciences at Northern Arizona University offers an online or in-person bachelor’s degree in Public Health. Graduates of the Public Health program will be broadly prepared in basic public health concepts and processes that can be applied within multiple health related disciplines and in graduate study.

This degree is appropriate for qualified students and professionals who:

- wish to earn their bachelor’s degree while continuing to work
- are interested in learning more about health promotion/disease prevention
- would like to qualify for career advancement opportunities

Program Admission Requirements:

Applicant must meet at least one of the following criteria:

1. A minimum of 3 years work experience as a health professional, or
2. A minimum of 30 credits of college coursework with a cumulative GPA of 3.0 or above, or
3. A 3.0 GPA in the most recent college credit hours.

Bachelor Degree Requirements:

The Bachelor of Science in Health Sciences – Public Health requires a total of 120 units of NAU and transfer coursework to include:

- Liberal Studies (minimum of 35 units)
- Health Sciences Support Courses (14-15 units)
- Health Science Major Courses (55 units)
- General Electives (if needed to reach 120 credits required for graduation and/or other NAU requirements)

Getting Started:

To get started, please read through this packet then contact one of these locations for further assistance:

NAU GateWay
(602) 286-8194
gatewaycampus@nau.edu

NAU Extended Campuses
1 (800) 426-8315
ECAAlliedHealth@nau.edu

We look forward to helping you meet your education goals!
FREQUENTLY ASKED QUESTIONS

Do I have to earn the AGEC (Arizona General Education Certificate)?
No. Students may take NAU online courses to meet specific liberal studies course requirements. Students who do transfer in the AGEC automatically fulfill NAU’s liberal studies and diversity requirements. Health Sciences advisors assist students individually to determine their best course of action to complete the program.

When should I apply to NAU?
Applications are accepted year round. See page 7 for application instructions. This program requires two separate applications, one to the department and one to the university. Due to specific prequalification requirements, students should consult with an NAU Health Sciences advisor prior to applying for admission to this program. Qualified students may apply and start taking coursework any semester.

How much does it cost to attend NAU?
The total cost includes tuition, fees, course textbook(s) and materials, residency status of student (Arizona vs. out of state), and the number of courses needed to complete the degree. NAU has one of the lowest tuition rates of any college in Arizona. For detailed, current information on tuition and fees, refer to NAU’s website at nau.edu/bursar and click on “Tuition and Fees.”

Is financial aid available?
Yes. Students who wish to use financial aid to cover their education expenses need to apply for it two to three months prior to their desired start term. Students may contact a financial advisor at (602) 728-9506 or 1 (800) 426-8315, ext. 4951. NAU scholarships are also available. Refer to NAU’s financial aid website at nau.edu/finaid for more information.

Where and how are NAU courses held?
All NAU coursework for this program is delivered online or in Flagstaff. Refer to the final page of this packet for more information about taking online classes through NAU.

Can I transfer to NAU-Flagstaff to complete this degree?
Yes. Students may transfer to the NAU Flagstaff campus to complete the program if they wish. The online format allows students who cannot attend college in a traditional setting to complete this program no matter where they live.
Required Courses:

**HS 200 HEALTHY LIFESTYLES (3)**
Physical, mental, and social health as it relates to the individual. Students must receive a B or better in this course before proceeding to other HS coursework.

**HS 205 FOUNDATIONS OF PUBLIC HEALTH (3)**
A knowledge-based approach to the various concepts, health topics, principles, and practices in the field of public health.

**HS 250 PREVENTION CONCEPTS FOR RISKY HEALTH BEHAVIORS (3)**
Explores prevention concepts related to alcohol, tobacco, and other drugs; injury; risky sexual behaviors.

**HS 300 HUMAN DISEASES (3)**
Overview of acute and chronic diseases, how these diseases affect the human body, and actions one might take to reduce the risk. Prerequisite or Corequisite HS 200 with a grade greater than or equal to B.

**FW 343 FACILITATING ACTIVE LIVING (3)**
A client-centered approach to facilitating healthy lifestyles; this course offers opportunities to gain skills necessary for helping others include physical activity and nutrition into their daily lives. Additionally, students will gain knowledge and skill in motivational interviewing and other techniques for facilitating positive lifestyle change in others.

**HS 305 THEORIES OF HEALTH BEHAVIORS (3)**
Study of behavioral change theories and their applications to health-education intervention strategies and practices.

**HS 306 METHODS FOR COMMUNITY HEALTH PROMOTION (3)**
A skills-based approach to the various methods and strategies required to conduct comprehensive health promotion programs.

**HS 313 ENVIRONMENTAL HEALTH (3)**
Studies environmental health issues and interventions to modify the environment to improve human health.

**HS 317 MATERNAL, CHILD, & SEXUAL HEALTH (3)**
Introduces major issues and trends that affect the health and well-being of women, infants, children, and adolescents in domestic and international settings. Examines healthy relationships, contraception, and STI prevention.

**HS 390W CURRENT HEALTH ISSUES (3)**
In-depth study of selected contemporary health problems; examines contributing social, psychological, physical, legal, and cultural factors. This course fulfills NAU's junior-level writing requirement.

**HS 402 ORGANIZATION OF COORDINATED SCHOOL HEALTH PROGRAMS (3)**
Organization and administration of components of a coordinated school health program in K-12 schools.

**HS 403 PLANNING, IMPLEMENTING, AND EVALUATING HEALTH PROGRAMS (3)**
Concepts of community health promotion program planning, implementing, and evaluating.
HS 404 PRINCIPLES OF EPIDEMIOLOGY (3)
Concepts and methods for analyzing the spread and control of disease: trends in solving community health problems. Prerequisite: HS 300 with a grade greater than or equal to C.

HS 408C FIELDWORK EXPERIENCE (Capstone) (9)
Supervised fieldwork experience in a professional community health-promotion setting. Requires 270 clock hours at internship site. Pass-fail only. Prerequisite: application for fieldwork approved by the department at least three months before starting the fieldwork, all HS coursework complete and a GPA of 2.5.
1. **Get connected with an advisor by calling or emailing:**

   **1 (800) 426-8315 or online.advising@nau.edu**

   Call a NAU Health Sciences advisor prior to applying to determine if you qualify for this program and to help you get started.

   The advisor will ask you to forward unofficial transcripts (or copies) of your college coursework so far **prior to your official phone or online advising session.** This gives the advisor time to prepare your degree evaluation. The evaluation will show how your transfer credit will apply and the courses you will need to take to complete the B.S. Health Sciences degree.

2. **Complete the Health Sciences Program Application.**

   Go to [nau.edu/hsonline](http://nau.edu/hsonline), click on “Admission”, and access the program application under number 3.

   Upon receipt, the Health Sciences Coordinator will send you a confirmation letter with instructions on how to proceed.

3. **Complete the NAU application.**

   Go to nau.edu/hsnonline, click on “Admission”, and access the online university application under number 4. Or, go to [nau.edu/admissions/](http://nau.edu/admissions/) to submit your application.

   Contact your prior colleges and have them submit sealed, **official** transcripts to:

   NAU Undergraduate Admissions  
   P.O. Box 4084  
   Flagstaff, AZ, 86011

   If you are 22 years old or younger and have not completed a regionally accredited associate’s degree, you must send an official high school transcript as well.

4. **If desired, apply for financial aid.**

   Go to [nau.edu/finaid](http://nau.edu/finaid) to get started.

   Call (602) 728-9506 or 1 (800) 426-8315 if you have questions.

5. **Upon notification of admission, contact your NAU advisor for assistance choosing and enrolling in classes.**
1. You need access to the Internet. NAU students who do not have access to a computer may use any NAU Extended Campuses computer lab. See NAU locations at extended.nau.edu and call the campus for computer lab hours.

2. To access Bb Learn (NAU’s web course platform), go to bblearn.nau.edu, click on “Log in to bblearn” and enter your NAU User ID and password (which you set up once you are admitted), then click on your class. If you have questions or experience problems logging in, please call the Academic Computing Help Desk at (888) 520-7215 or email StudentComputing@nau.edu.

3. Check for email messages from your instructor frequently. Web instructors contact their students through their Bb Learn class email accounts. They provide pertinent information about your course. To access your Bb Learn email, log into your class, then choose “Mail” in the left side menu.

4. Students may purchase texts for their NAU online courses through the NAU Bookstore at nau.edu/bookstore.

5. Students who wish to familiarize themselves with the format of an online course or practice online skills can take the TIPS course (Technology Information and Proficiency Skills) that is accessible to all admitted NAU students by logging into bblearn.nau.edu.

6. Many online courses use the NAU Cline Library as an important resource for class projects and assignments. Your online instructor may provide a link. If not, you can access the library at nau.edu/library or call them toll free at (800) 247-3380.

7. Additional resources to assist online students are located on the Academic Computing Help Desk web site at nau.edu/its.

NAU Extended Campuses wants you to be a successful web student and have a positive experience. If you have questions about your web courses, please feel free to contact the NAU Extended Campuses office at (800) 426-8315.