Catalog Description: The purpose of Introduction to Nursing as a Profession and Discipline is to examine the nursing discipline from a caring perspective. This first semester course is a required foundation for all baccalaureate nursing students to explore the historical, ethical, theoretical, regulatory, and political contexts of the profession. The successful student will have developed a deeper appreciation and broader understanding of the roles and responsibilities of the professional nurse.

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Course Student Learning Outcomes:

Upon completion of the course, the successful student:

Clinical Practice and Prevention
- Examine nursing as nurturing the well-being and wholeness of persons through caring.
- Demonstrate respect for the meaning of wholeness of persons connected with others in the environment as central to understanding person and persons.

Communication
- Demonstrate appropriate, respectful, and accurate written and verbal communication.

Critical Reasoning
- Examine nursing theories and conceptual frameworks emphasizing application to nursing practice.
- Apply critical reasoning to analyze nursing situations.

Leadership
- Examine the political process as it relates to nursing practice.

Professionalism and Professional Values
- Examine selected legal and ethical aspects of professional nursing practice.
- Evaluate personal beliefs, philosophy, and caring behaviors in relation to professional nursing.
- Develop an appreciation of images of nurse and nursing over time.
- Explore nursing as a discipline and a profession.
- Explore the contemporary and historical context of nursing.

Global Health
- Examine one’s own personal values, beliefs, and practices as compared to diverse populations in a global society.

Assignments/Assessments of Course Student Learning Outcomes:

REFLECTIVE JOURNAL ASSIGNMENTS: Total 30 points (10 points each for 3 journal entries)

PURPOSE: The purpose of this journal is two-fold: 1) to stimulate the exploration of the personal meaning of the topics presented in the course, and 2) to develop and communicate an integrated understanding of the objectives of the course.

ASSIGNMENT: In your journal, identify and describe an experience you have had related to the assigned topic and record your reflections as a student of professional nursing. Show how it had an impact on your growth in nursing. Journals are intended to be thoughtful expressions that reflect how you feel about nursing and assuming the role of a professional nurse. Your reflections should be described in the first person, subjective, as “I” (I feel as though...). You may choose to reflect by using prose, poetry or sketches to illuminate a particular thought. This aesthetic way of knowing
is encouraged. Journaling is a reflexive process that promotes expanding your worldview and should reflect depth of thought about new concepts. A professional journal is not a personal diary, although you should comment on your personal and professional growth. **Do not use citations or quotes from the assigned readings.** If you refer to the readings, state it informally, “I am able to understand what Mayeroff means by humility as I was able to…..

Journals entries should be submitted via the BbLearn course shell and must be typed and double-spaced. Include your name and the title of the journal. There should be enough depth to the journal to show quality of the reflection so the length will likely be 1-2 pages.

**FORMAT:** Use a word processor, font of 12, double spaced with appropriate margins. Your language should reflect that of a student enrolled in a baccalaureate nursing program. The journal should include a **description of a life experience related to the topics, including your personal reflection on the meaning of the experience.**

**GRADING CRITERIA:** The grading guidelines are as follows (10 points):
1. Description of experience related to the topic (3 points)
2. Depth of personal reflection, discussion on the experience and its contribution to personal growth in nursing (5 points)
3. Grammar, spelling, adherence to process guidelines, writing style (2 points)

**PERSONAL NURSING PHILOSOPHY PAPER: 15 Points Possible**

**Assignment:** Describe your personal philosophy of nursing.

Use the following questions to guide development of your philosophy
- What is your central belief about the individual person?
- What constitutes the environment?
- How do the individual and the environment interact?
- What is your view of health?
- How does illness relate to health?
- What is the central reason for the existence of nursing?

**Format:** Must be written in APA format and limited to 2 pages excluding references.

**Grading criteria**

<table>
<thead>
<tr>
<th>Points</th>
<th>Description</th>
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<tbody>
<tr>
<td>7</td>
<td>Incorporated personal belief regarding the profession of nursing</td>
</tr>
<tr>
<td>8</td>
<td>Integrated explication of the metaparadigm concepts</td>
</tr>
<tr>
<td>2</td>
<td>APA format, composition, grammar, spelling</td>
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**Total** 15
GROUP PRESENTATION: 20 points possible.

Submit references, along with dialog, powerpoint, audio files, song lyrics, etc in BBLearn on or before your presentation due date.

You will work with your group of students to develop a 15 minute presentation on an assigned topic. 2 points will be deducted for more than 5 minutes over the time allotted. The topic will be randomly assigned and the group will have 3-5 weeks to develop their presentation. The goal of the presentation is to be informative, and accurate, yet creative.

Sample Topics
- Nursing History
- Global Nursing
- Nursing Theorist—Watson
- Nursing Theorist—Margaret Newman
- Working with your legislators to affect health care policy
- Nursing comportment for practice
- Dealing with Bullying from a Caring Perspective
- Caring for self

Grading System:
- Personal philosophy of nursing paper 15
- Nurse Practice Act Test 10
- Reflective Journal (3 submissions 10 points each) 30
- In class activities (3 at 5 points each) 15
- NAU HIPAA Training & Academic Integrity Module (required) 10
- Group Presentation 20

Total Points 100

A grade of "C" or above is a passing grade in this course.

<table>
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<tr>
<th>Score Range</th>
<th>Grade</th>
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<tbody>
<tr>
<td>93-100 pts</td>
<td>A (&gt;93%)</td>
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<tr>
<td>84-92 pts</td>
<td>B (&gt;84%)</td>
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<tr>
<td>78-83 pts</td>
<td>C (&gt;78%)</td>
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<tr>
<td>&lt;78 pts</td>
<td>Fail (&lt;78%)</td>
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Readings and Materials: Weekly reading assignments not in Rischer text are available in the course in the weekly modules


Course Videos (available in BBLearn view before assigned class)
- The American Nurse (80 minutes)
- Substance Use Disorder (13 minutes)
### Class Outline

<table>
<thead>
<tr>
<th>Week</th>
<th>Topics</th>
<th>Preparation for class</th>
<th>Assignments</th>
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</thead>
</table>
| **Week #1** | **Orientation to Course, BBLearn, Nursing as a Profession: Images of Nursing** | Explore syllabus and BBLearn course prior to class meeting  
Readings:  
Rischer: Chapter 1  
View Video before class:  
The American Nurse (80 minutes) | NAU HIPAA Training  
NAU Academic Integrity |
| **Week #2** | **Nursing as a Discipline: Caring—More than a Feeling** | Readings:  
Rischer: Chapters 2 & 3  
Roach: p43-48  
Boykin & Schoenhofer p539-554 | APA Quiz  
Reflective Journal #1: |
| **Week #3** | **Nursing as a Profession: Ethical & Legal Perspectives  
Regulation of Nursing Practice  
Chemically-Dependent Nurses** | Readings:  
Rischer: Chapters 4  
Code of Ethics Part I  
Code of Ethics Part II  
Law & the professional nurse - p381-392  
View Video before class:  
Substance Use Disorder Nursing (13min)  
The Nurse Licensure Compact (5min) | Complete the Nursing Practice Act Test  
(copy or screenshot final score page and paste into assignment box) |
| **Week #4** | **Nursing as a Discipline: Patterns of Knowing Nursing Theory & Practice—The Art and Science** | Readings:  
Rischer: Chapters 8  
Nurse Theory - p120-153, 169-176, 184-195  
Philosophy of Nursing - p99-112  
Evidence Based Practice – p51-53 | Reflective Journal #2: |
| **Week #5** | **Nursing as a Profession: Health Care Delivery The Political Process** | Explore the American Nurses Association (ANA) website.  
Readings:  
Navigating the Care Network p320-356  
Ambulatory care Nursing p6-13  
System complexity…p58-61  
View Videos before class: | Personal Philosophy Paper: p |
<table>
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<tr>
<th>Week #6</th>
<th>The Practice of Nursing: Concepts of Culture and Health Patient Education and the Nursing Process</th>
<th>The “Voice” of Nursing (10 min)</th>
<th>Assignments</th>
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<tr>
<th>Week #7</th>
<th>Final class date</th>
<th>Group Presentations</th>
<th>Final Presentation references, etc</th>
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</thead>
</table>

**Class Policies:**

**Attendance Policy**
Under NAU Policy, students are expected to attend class prepared to participate in the activities and discussion. We believe attendance will enrich the learning experience.

**Written assignments**
All assignments must be completed and on time. Academic integrity is an essential component to NAU’s mission along with the profession of nursing. SafeAssign is a requirement of paper and PowerPoint assignment submissions. Assignments (presentations and philosophy papers) will not be graded without a SafeAssign Report.

**Academic Dishonesty/Plagiarism**
All forms of student academic dishonesty, including cheating, fabrication, facilitating academic dishonesty and plagiarism are prohibited and subject to disciplinary action. Cheating means intentionally using or attempting to use unauthorized materials, information or study aids in any academic exercise. Fabrication means intentional and unauthorized falsification or invention of any information or citation in an academic exercise. Plagiarism means intentionally or knowingly representing the words or ideas of another, as one’s own in any academic exercise. For further explanation of academic dishonesty refer to the School of Nursing Undergraduate Student Handbook and Northern Arizona University Student Handbook.

**Professionalism**
Professional behavior is expected in all aspects of NUR330. Professionalism includes behaviors addressed in the NUR330 syllabus, all state and federal laws in higher education, American Nurses’ Association Code of Ethics, the Arizona State Board of Nursing guidelines, the NAU School of Nursing Undergraduate Student Handbook (current edition) and the NAU Student Handbook (current edition).
University Policies:

Review the following policies available on the Northern Arizona University Policy Statement website (http://nau.edu/OCLDAAA/_Forms/UCC/SyllabusPolicyStmts2-2014/):

1. Safe Environment Policy
2. Students with Disabilities Policy
3. Academic Contact Hour Policy
4. Academic Integrity Policy (also see http://home.nau.edu/images/userimages/awf/9476/ACADEMIC%20DISHONESTY.pdf)
5. Research Integrity Policy
6. Sensitive Course Materials Policy
7. Classroom Disruption Policy (also see http://nau.edu/uploadedFiles/Administrative/EMSA_Sites/Folder_Templates/Forms/Classroom_Disruption_Policy.pdf)

The Impaired Student policy will be strictly adhered to; there will be no tolerance in for any evidence of substance abuse.