

**Shane Haberstroh, Ed.D.**  
Associate Professor

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**Professional Bio**

Shane Haberstroh Ed.D. is an associate professor of counseling in the Department of Educational Psychology. Prior to his appointment at NAU, he served as an associate professor, assistant department chair, founding co-director of the Academy for Crisis and Trauma Counseling, and doctoral program chair in counselor education and supervision at the University of Texas at San Antonio. Dr. Haberstroh is finishing his second 3-year term on the American Counseling Association's Governing Council and is chairing the 2018-2019 national taskforce on licensure portability. He participated in the development of the ACA's 20/20 Vision for the Future of Counseling Task force. He has served as the associate editor of *The Journal of Creativity in Mental Health* since 2011 and has served as the president, governing council representative, treasurer, and trustee for the Association for Creativity in Counseling. In 2018, Dr. Haberstroh served as the project director on a Victims of Crime Assistance Grant to establish counseling services for the communities affected by the Sutherland Springs shooting, and served as a Co-Principal Investigator on a HRSA grant integrating behavioral health into primary care settings. Prior to working as a faculty member, Dr. Haberstroh worked for six years at the Texas Tech University Health Sciences Center, Department of Neuropsychiatry, working in outpatient settings and within a maximum-security psychiatric prison hospital. While employed at the Medical School at Texas Tech University Health Sciences Center, he also directed outpatient addiction services, state mandated alcohol offender education programs, and addiction and mental health programs contracted with the United States Probation Northern District of Texas and Bureau of Prisons agencies. Before attending graduate school, he worked in adult and adolescent outpatient and residential addiction treatment for four years in St Petersburg, Florida.

**Licenses / Certifications**

- Licensed Professional Counselor in Texas
- National Certified Counselor
- Certified Clinical Trauma Professional
- Master Addiction Counselor
- Advanced Alcohol and Drug Counselor in Texas

**Areas of Teaching Interest**

- Addiction Counseling
- Crisis and Trauma Counseling
- Group Work

**Areas of Research and/or Professional Interest**

Dr. Haberstroh's research primarily focuses on technology in counseling, creativity and relational aspects in the counseling profession, and the losses and recovery processes related to addiction, crises, and traumatic events. He has published over 35 articles and book chapters, co-edited the book, *Case Studies in Child and Adolescent Counseling, Developmental, Relational, Multicultural, and Systemic Perspectives*, and is finishing his second book focused on Crisis and Trauma Counseling to be published by the American Counseling Association Press.

**Recent Publications**

**2014 – Present**

- Haberstroh, S. (Submitted). Connection through Experiential Group Work: Grief and Meaning Making in Substance Addiction Treatment. *Grief Matters: The Australian Journal of Grief and Bereavement*.
- Duffey, T., & Haberstroh, S. (2019). Creative Approaches to Group Work. In *Foundations of Group Counseling*. Pearson.
- Duffey, T., & Haberstroh, S. (2018). Current Issues and Trends in the Counseling Profession. In *Orientation to Professional Counseling: Past, Present, and Future Trends*. American Counseling Association.
- Jones, B. L., Duffey, T., & Haberstroh, S. (Eds.). (2017). *Child and adolescent counseling case studies: developmental, relational, multicultural, and systemic perspectives*. Springer Publishing.
- Haberstroh, S., & Duffey, T. (2017). The winding road through addiction and family loss. In *Child and Adolescent Counseling Case Studies: Developmental, Relational, Multicultural, and Systemic Perspectives*. Springer.
- Duffey, T., Haberstroh, S., & Waterman, S. (2017). Growing a Gentle Giant. In *Child and Adolescent Counseling Case Studies: Developmental, Relational, Multicultural, and Systemic Perspectives*. Springer.
- Haberstroh, S., & Duffey, T. (2016). Establishing and navigating relationships in online supervision. In *Using technology to enhance clinical supervision*. American Counseling Association.
- Duffey, T., Haberstroh, S., & Trepal, H. (2016). Creative Approaches in Counseling and Psychotherapy. In *Counseling and psychotherapy: Theories and interventions*. Wiley and Sons.
- Duffey, T., Haberstroh, S., Ciepielinski, E., & Gonzales, C. (2016). Relational-Cultural Theory and Supervision: Evaluating Developmental Relational Counseling. *Journal of Counseling and Development*, 94(4), 405.
- Speedlin, S., Milligan, K., Haberstroh, S., & Duffey, T. (2016). Using Acceptance and Commitment Therapy to Negotiate Losses and Life Transitions. *Ideas and Research You Can Use: VISTAS 2016*, American Counseling Association.
- Reybold, L. E., Konopasky, A., Trepal, H., & Haberstroh, S. (2015). Negotiating the Practitioner-Faculty Dialectic: How Counselor Educators Responded to Hurricane Katrina. *Innovative Higher Education*, 40(3), 229.
- Duffey, T., & Haberstroh, S. (2014). Female Counselors Working with Male Clients Using Relational-Cultural Theory. In *A Counselor's Guide to Working with Men* (pp. 305–323). Wiley and Sons.
- Haberstroh, S., Barney, L., Foster, N., & Duffey, T. (2014). The Ethical and Legal Practice of Online Counseling and Psychotherapy: A Review of Mental Health Professions. *Journal of Technology in Human Services*, 32(3), 149.

Haberstroh, S., Duffey, T., Marble, E., & Ivers, N. N. (2014). Assessing Student-Learning Outcomes Within a Counselor Education Program: Philosophy, Policy, and Praxis. *Counseling Outcome Research and Evaluation*, 5(1), 28.

Duffey, T., & Haberstroh, S. (2014). Developmental relational counseling: Applications for counseling men. *Journal of Counseling and Development*, 92(1), 104.

Haberstroh, S., & Duffey, T. (2014). Counseling with Addicted Men. In *A Counselor's Guide to Working with Men*. Wiley and Sons.

Lonn, M., Tello, A., Duffey, T., & Haberstroh, S. (2014). Relational-cultural theory as pedagogy: Preparing doctoral student leaders for the counselor education workforce. *Journal of Counselor Leadership and Advocacy*, 1.

## **Recent Presentations**

### **2014 - Present**

Haberstroh, S., Duffey, T., Daniels, J., & Smith, R. (2019, March). Licensure Portability: Historical Context, Current Status, and Future Directions. American Counseling Association Annual Conference. New Orleans, LA: The American Counseling Association.

Swensen, C., Haberstroh, S., & Kolidinsky, W. (2019, January). 3-2-1 Process: Experiential grudge-reduction and forgiveness-enhancement. 2019 Counselor Annual Conference. Scottsdale, AZ: The Arizona Counseling Association.

Chan (Listed Alphabetically), C., Daniels, J., Duffey, T., Haberstroh, S., Smith, R., & Smith, S. (2018, December). Licensure Portability: Challenges, Implications, Solutions, and OUR Collective Next Steps. Joint ACA Division Webinar: AMCD, ALGBTIC, ASERVIC & CSJ.

Haberstroh, S. (2018, November). The Enneagram Personality Typology in Practice: A Tool for Case Conceptualization. Northern Arizona Psychological Society. Flagstaff, AZ: Northern Arizona Psychological Society.

Duffey, T., Haberstroh, S., Daniels, J., & Oustz-Moore, R. (2018, September). The Future of Creativity in Counseling: Inspiring Courageous Leadership. The Association for Creativity in Counseling (National ACA Division). Clearwater, Florida: Association for Creativity in Counseling.

Duffey, T., Haberstroh, S., & Kerl-McClain, S. (2018, September). Cultivating Creativity through Personality Types: Conceptualizing Pathways for Growth. The Association for Creativity in Counseling (National ACA Division). Clearwater, Florida: Association for Creativity in Counseling.

Duffey, T., & Haberstroh, S. (2018, February). Community Responsiveness and Resilience to Traumatic Events: A Systemic Perspective. Supporting Our Students Through Crisis and Loss Symposium. San Antonio, TX: The Children's Bereavement Center.

- Haberstroh, S., & Duffey, T. (2018, April). Creativity in Counseling: Using the Enneagram Personality Typology in Counseling Practice. The American Counseling Association Annual Conference. Atlanta, GA
- Balkin, R., Beeson, E., Brooks, M., Cashwell, C., Chaney, M., Daniels, J., ... Watson, J. (2018, April). Publishing in ACA Refereed Journals: Suggestions From the Council of Editors. The American Counseling Association Annual Conference. The American Counseling Association.
- Haberstroh, S. (2017, August). Understanding Family Systems in Treatment. Pathways to Hope Conference. San Antonio, TX: Pathways to Hope.
- Haberstroh, S., & Duffey, T. (2016, March). Developmental Relational Counseling: Growth in a Relational Context. The American Counseling Association Annual Conference. Montreal, CA: The American Counseling Association.
- Haberstroh, S. (2016, Autumn). Working with Young People with Mental Health Needs. Workshop for City Year Staff. San Antonio, TX: City Year.
- Clauss-Ehlers, C., Balkin, R., Duffey, T., Glavin, K., Haberstroh, S., Holman, L., ... Watson, J. (2015, March). Publishing in ACA Refereed Journals: Suggestions From the Council of Editors. The American Counseling Association Annual Conference. The American Counseling Association.
- Duffey, T., & Haberstroh, S. (2014, February). Ethics in Supervision Practice using Developmental Relational Counseling. The Texas Association of Counselor Education and Supervision Annual Conference. Austin, Texas: The Texas Association of Counselor Education and Supervision.
- Appiah-Boaten, A., Brooks, A., Butler, K., Duffey, T., Evans, M., & Haberstroh, S. (2014, March). Core Competencies for Effectively Counseling Men. The American Counseling Association Annual Conference. The American Counseling Association.

### **Professional Memberships**

- American Counseling Association
- Association for Counselor Education and Supervision
- Association for Creativity in Counseling
- Western Association for Counselor Education and Supervision