



RESOURCES LIST

Community Resources

Coconino County Career Center

Health & Community Services Building
2625 N. King St.
Flagstaff, AZ 86004
(928) 679-7400
<http://www.coconino.az.gov/careercenter>

The center provides vocational and on the job training and education, summer youth jobs, internships, and use of computers for career purposes. They also provide career advisement, resume help, job search workshops, interview workshops and skills assessments. A schedule of all career related events is located on their website.

Goodwill Industries

Flagstaff East Full Service Good Neighbor Center
4308 E. Route 66
Flagstaff, AZ 86004
(928) 526-9188
<http://www.goodwillna.org/find-help.html>

Goodwill offers a one stop career center for employment assistance, computer use, and job searches. Through Jobs Plus Goodwill Works and The Job Connection, Goodwill offers the services of Employment Specialists who are able to assist with employment plans, career paths, skills assessments, resume reviews, and interview help. Goodwill also offers computer use, GED preparation, and help filling out job applications and finding job openings.

Arizona Department of Economic Security- Employment Service: Arizona's Job Connection

397 Malpais Lane, Suite 9
Flagstaff AZ, 86001
(928) 779-4557
<https://www.azdes.gov/main.aspx?id=3331>
<https://www.azdes.gov/InternetFiles/Pamphlets/pdf/ESA-1277APAMNA.pdf>

Employment Service offers current labor market information, skills assessments, career guidance, referrals to job openings, extra training, job search workshops, job fairs, rehabilitation for workers with disabilities and Rapid Reemployment Initiative. There are specialized services for job seekers with special needs such as veterans, youth, minorities, workers with disabilities, migrant and seasonal farm workers, and workers with limited experience.

Arizona Department of Economic Security- Rehabilitation Services Administration: Vocational Rehabilitation

2323 N Walgreens St, Suite 104

Flagstaff, AZ 86004

(928) 779-4147

<https://www.azdes.gov/RSA/>

[https://www.azdes.gov/InternetFiles/Pamphlets/pdf/rsa_vocational_rehabilitation\[2\].pdf](https://www.azdes.gov/InternetFiles/Pamphlets/pdf/rsa_vocational_rehabilitation[2].pdf)

The Vocational Rehabilitation (VR) Program provides a variety of services to individuals with disabilities, with the ultimate goal to prepare for, enter into, or retain employment. To be eligible, you must have a documented disability, have a disability which presents a barrier to employment, have the potential and desire to work, and need services in order to work. The services available include vocational guidance and counseling, training, work site evaluations, job development, job placement services, and rehabilitation technology services and devices. You can apply for VR services at <https://www.azdes.gov/RSA/>

Guidance Center, Inc.

2187 Vickey St

Flagstaff, Arizona 86004

(928) 527-1899

<http://tgcaz.org/>

The Guidance Center offers behavioral health counseling to individuals, families and groups. The Center also offers psychiatric hospital services, residential substance abuse services, primary health care services through our Integration Clinic, and crisis services which are available 24 hours a day, 7 days a week. Services provided by The Guidance Center are recovery-oriented and trauma-informed across our entire system of consumer care.

North Country Health Care

2920 N. 4th Street

Flagstaff, AZ 86004

(928) 522-9400

<http://www.northcountryhealthcare.org/>

North Country Health Care provides a variety of affordable health care services. Among other things, it provides behavioral health care and assistance. They can help address stress, anxiety, depression, and relationship issues as well making lifestyle changes and plans to improve health, well being, and better health outcomes.

Flagstaff Medical Center (FMC)

1200 N. Beaver St.

Flagstaff, Ariz. 86001

928 779-3366

<http://www.flagstaffmedicalcenter.com/>

FMC's Behavioral Health Services provides inpatient and outpatient mental health and substance abuse services. The medical staff and a multidisciplinary team of mental health professionals provide 24-hour medical care and supervision. Confidential, comprehensive assessments and consultations are available 24 hours a day, seven days a week in the FMC Emergency Department.

Southwest Behavioral Health Services (SBHS)

1515 E. Cedar Avenue, #B-4

Flagstaff, Arizona 86004

928-779-4550

<https://www.sbhservices.org/>

SBHS offers behavioral health interventions that can help people achieve optimal functioning in their personal lives and their community. Services are designed to be short-term in nature and build upon a consumer's strengths, and provide community supports while minimizing behavioral crises and a recurrence of symptoms. Treatment frequency, modality, and length of stay will vary by individual needs and preferences. Services may be provided in office or home-based settings and address substance abuse, general mental health, family functioning, crisis, planning, and skill building. Services may include: Counseling (Individual, Family, and Group); Case Management; Psychiatric Evaluations/Medication Monitoring; Skills Training; Health and Wellness; and Behavior Coaching.

NAU Resources

Counseling Center

(928) 523-2261

Health and Learning Center, First Floor

www.nau.edu/counseling

Counseling Services (CS) works to enhance the psychological growth, emotional well-being, and learning potential of Northern Arizona University students. We can help you overcome many different concerns, including: adjustment to college, relationships, depression, eating concerns, anxiety and stress, substance abuse, academic issues and career and vocational issues.

Disability Resources

(928) 523-8773

Health and Learning Center, Room 2050

www.nau.edu/DR

We provide services and accommodations at no cost to all Northern Arizona University students who have current documentation of a disability that substantially limits one or more major life activities, including but not limited to walking, talking, learning, hearing, or seeing. Our services and accommodations include: accessible housing and computer labs, assistive technology devices and services, priority registration, sign language interpreting.

Military and Veteran Student Center

(928) 523-8387

Building 33, Hotel and Restaurant Management Building, Room 108D

www.nau.edu/VA

We are advocates for military and veteran students, regardless of location. We can help you apply to the university, learn about the education benefits you earned through your military service and find resources to help you succeed academically. We can connect you with a variety of resources and support services, many of which are specifically designed for military-affiliated students.

Multicultural Student Center

(928) 523-5656

University Union, Room 104

www.nau.edu/msc

Inclusion and Multicultural Services (IMS) is here to serve all students, acting as a centrally-located gathering spot that provides culturally-relevant services and support to historically underrepresented students. We promote student success through: academic, personal, and cultural growth; providing an access point into the campus community; developing leaders that enrich our diverse society.

We offer advising, counseling, and computer use for all students as well as diversity resources for all university members. Our center connects you with the LEADS Center, LGBTQA Resources and Support, and Student Support Services, which provides you with advising, mentoring, and academic support.

Native American Student Services

(928) 523-8086

Native American Cultural Center, Room 100

www.nau.edu/nass

We provide culturally-sensitive support services to our American Indian, Alaskan Native, and Native Hawaiian/Pacific Islander students, assisting with the transition from home to the university community. Our services are also available to all university students. We offer: a gathering place and a home away from home; one-on-one academic, financial aid, personal, and cultural guidance; peer mentor support; connections to resources for tutoring, child care, and health care/social services; cultural events and activities; computer lab and study lounge; and free faxing and printing.