

JUNIOR

(October / Unit 8): College Exploration I/II

You will need to use information from this Portfolio in the future, do not throw it away

Objectives: *College preparedness and exploration.*

To successfully complete this unit and receive your stipend, complete the following activities:

- Complete all activities in this unit.
- Parents/guardians make sure your information is included on the **Reflection Sheet**.
- Complete the **Stipend Request** form.
- **Have site sponsor/parent sign the Self-Evaluation sheet .**
- Your **Grade Check** will be provided by your Site Sponsor
- **Be prepared to review it with UB staff on _____ .**

Stipend Requirements

Stipend Amounts	Possible Portfolio Completions
Complete = up to \$40.00	<ul style="list-style-type: none"> • Unit 100% complete: turned in on-time, complete by the time of your UB meeting.
Partial = \$0	<ul style="list-style-type: none"> • Unit is between 75% and 100% complete
Incomplete = \$0	<ul style="list-style-type: none"> • Unit less than 75% complete (even if unit includes parent/guardian and site sponsor signatures)

What to do if you are absent on portfolio visit days.

Planned Absences (e.g. sports games, field trips, etc.)	Unplanned Absences (e.g. sick, flat tire, abduction by aliens, etc.)
<ul style="list-style-type: none"> • Give your binder to your site sponsor before you leave. UB staff will review your work, and you are eligible for a stipend. • If there are unforeseen problems with finishing your unit, <u>notify your site sponsor and/or UB staff immediately.</u> 	<ul style="list-style-type: none"> • Give your binder to your site sponsor the day you return to school. You are still eligible for a stipend. • If there are unforeseen problems with finishing your unit, <u>notify your site sponsor and/or UB staff immediately.</u>

Upward Bound Contacts

Diana.betoney@nau.edu

Mark.despain@nau.edu

Verlinda.folgheraiter@nau.edu

Phone: 800.628.4494 / 928.523.6988

www.nau.edu/ub

Goals, Checklists, and Preparation

Step: 1 Go to the following website link: <http://www.actstudent.org/college/checklist/> and click on the “junior” heading.

Read the information on that list and answer the following questions (you may have to find the information on other websites)

1. What classes do you have to complete in order to graduate from high school in Arizona?
2. What is your GPA, can you get into a college with it?
3. What clubs, after school activities or civic duties are you involved in?
4. What is the ACT? Why is taking the ACT so important? What is a good score on the ACT?
5. What questions do you wish you would have asked on your trip or if you did not get to go on the trip what questions should be part of a college visit?
6. Print out the college comparison worksheet
7. Have you started to research any scholarships? Why or why not and if you have which scholarships are you looking into?

After looking at this checklist of what to do your junior year of high school, go back and look at the goals you created in the first Portfolio.

Answer the following questions:

Would you change or add any goals for the year? What do you think is the most important thing that you can achieve this school year? Why?

Step 2: Before you begin your research of a college, you should figure out what kind of school you would like to attend. The following questions are meant to help you with this process. It is important that you answer these questions thoroughly and honestly. The goal is for you to enjoy college and be successful. (*Excerpted from Countdown to College by Zola Dincin Schneider and Phyllis B. Kalb*)

Go to the following website link: <https://bigfuture.collegeboard.org/find-colleges/college-101/types-of-colleges-the-basics> and answer the following questions.

1. What is the difference between private, public and for profit colleges? Which one is more expensive? Give one example of each type.

2. What are the two types of four-year colleges? What are the different types of two-year colleges? What are the differences between a four-year and two-year college?

3. Are there any special types of colleges? What are they?

4. What are the two careers that you prefer from the last Portfolio? Do you need a two or four year degree for those careers?

5. Name two colleges that have a major in the career you are interested in?

The site “bigfuture” that you visited is a great resource; make sure to favorite this on your Facebook page.

Step 3: During this part of the Portfolio make sure that you are **working with someone else**. It helps to look through many of these resources for colleges with a friend, they may have a different opinion and may think of details you don't.

1. Who did you work with?

2. Go to this URL: <https://bigfuture.collegeboard.org/find-colleges/college-101/types-of-colleges-the-basics> and choose “college search”.
3. Go through the complete college selection process and come up with the colleges that match your criteria. It's important that you are honest with yourself about the type and where you want to go to college, not just your dream college.
 - a. What colleges matched your criteria:
 - i.
 - ii.
 - iii.
 - iv.

Another great resource for searching for colleges is <http://nces.ed.gov/collegenavigator/> , make sure to post this on your Facebook and send it to someone who may enjoy it.

Step 4:

When you apply to college, you will be asked to “declare a major/minor”. A major is a subject or field of study chosen by a student to represent his/her main interest in college to study and receive a degree. You must complete a specific number of credits in order to complete your major and receive your degree. Some students may enroll in a double major where they complete the class requirements for 2 programs. This is a very challenging class load and should only be attempted with the help from a college counselor. *For example, you can major in education at college and receive a B.A. in Education. You could also double major in Biology and Chemistry if you plan to apply to medical school.*

A minor is a secondary subject or field of study that you choose to study. You take fewer credits to complete a minor. Often times, students choose a minor that is similar to their major. *For example, if you want to become a history teacher, you could major in education and minor in history.*

If you are not sure of your major/minor when you apply to and start college, you can declare your major as undecided. At this point, colleges recommend that you take the general courses required to graduate from college, and explore the fields you might be interested in. If you are have not declared your major when you apply to and start college, we highly recommend that you receive additional student services so you can get on track for your major as soon as possible.

Let’s explore how you can connect careers/interests and majors. Go to this URL: <https://bigfuture.collegeboard.org/explore-careers> (part of the *bigfuture* website).

Now list the top two careers you listed from the last Portfolio:

- 1.
- 2.

Using those two careers navigate through the website listed above to find what major and/or minor you should be a part of in college.

- 1.
- 2.

What other types of information did you read about on this website?

Now we want you to send a Facebook message to the UB staff about what career and major you will be seeking when you are in college and why (don’t forget about the why). Next send a Facebook message to one other UB student of your choice and send them the same message (yes it can be private).

Step 5: Let’s take a moment of reflection and time to think through your career interest and college choice. Remember to use another piece of paper if you need more room.

What are your main goals for this school year from your first Portfolio?

What are two careers that you’re interested in, explain why you are interested in them?

What type of college will you be attending according to your career interest above?

What might your major be in college to obtain that career?

How do all of these questions connect? (Please don't write something similar to "They all have to do with college")

Step 6: Choosing a college

Answer the following questions about at least two post-secondary schools. These schools must be one of the schools listed above that met your criteria.

In other words, you should not research ASU (student population 50,000) if you said that you would be happiest on a small campus, and you shouldn't research a school that doesn't offer a major in architecture if you indicated that you wanted to study architecture. Remember that out of state colleges are generally more expensive, unless you receive some type of scholarship to attend.

What schools are you going to be researching? Please list the names of the schools and where they are located. Please list two major fields of study at these schools that you are interested in and are offered by the school.

A. Name of college or university: _____

1st major field of study offered at this school that you might want to pursue: _____
(Pre-Med, French, mechanical engineering, etc.)

2nd major field of study offered at this school that you might want to pursue: _____

B. Name of college or university: _____

1st major field of study offered at this school that you might want to pursue: _____
(Pre-Med, French, mechanical engineering, etc.)

2nd major field of study offered at this school that you might want to pursue: _____

Admission Requirements

1. List 3 requirements for admission into the 2 schools you are interested in, such as GPA, ACT/SAT scores, specific high school classes, essay, etc. This could be anything the school requires you to have or complete before they will admit you.

School #1

School #2

1.

1.

2.

2.

3.

3.

2. Based on these requirements, would you say you are currently on the right track for admission to these schools? Please explain your answer. If not, what do you need to do to be on track?

School #1

YES or NO

School #2

YES or NO

Explain:

Explain:

Student Population

In college **undergraduate students** are working towards an associates (2-year) or bachelors (4-year) degree. For example, you could complete any of the following undergraduate degrees:

- A.A. (Associate of Arts) in Nursing at a community college
- B.A. (Bachelor of Arts) in History
- B.F.A. (Bachelor of Fine Arts) in Photography
- B.S. (Bachelor of Science) in Biology

When you enter college in the fall of 2015, you will be an undergraduate student!

Graduate students are students working towards a variety of postgraduate degrees. For example, you could complete any of the following graduate degrees:

- M.A. (Master of Arts) in Political Science
- Ph.D. in Psychology
- M.D. (Doctor of Medicine, the abbreviation of the Latin title, *Medicinae Doctor*) in order to become a doctor
- J.D. (Juris Doctor) in law school in order to become a lawyer.

You must have a bachelor’s degree to attend a graduate program.

Cost of Tuition

1. Please indicate the cost of tuition at the two schools you chose. Fill out the appropriate section depending on whether you will be attending an in state or out of state college.

College / University #1	Full-time (One Academic Year)
In-State Tuition (AZ Resident)	
Out-of-State Tuition	

College / University #2	Full-time (One Academic Year)
In-State Tuition (AZ Resident)	
Out-of-State Tuition	

Housing

2. Do these schools have dorms on campus in which students live?

School #1: Yes No

School #2: Yes No

3. **If yes**, how much does it cost to live in a dorm for one academic year (fall and spring) at these schools?

College / University #1	College / University #2
Cost of Dorm Room for One Academic Year	Cost of Dorm Room for One Academic Year
Single (one person to a room):	Single (one person to a room):
Double (two people to a room):	Double (two people to a room):
Suite (two+ rooms that share a bathroom):	Suite (two+ rooms that share a bathroom):
Cost for On-Campus Apartments (if available) for One Academic Year	Cost for On-Campus Apartments (if available) for One Academic Year
Studio / One bedroom:	Studio / One bedroom:
Two bedrooms:	Two bedrooms:
Three or more bedrooms:	Three or more bedrooms:
Extra Costs for On-Campus Apartments for One Academic Year	Extra Costs for On Campus Apartments for One Academic Year
Move in expenses: deposits and application fees	Move in expenses: deposits and application fees
Utilities per month:	Utilities per month:

4. **If no**, how much does it cost to live in the surrounding community in an apartment?

College / University #1	College / University #2
Cost of an Apartment for One Academic Year	Cost of an Apartment One Academic Year
Single (one person to a room):	Single (one person to a room):
Double (two people to a room):	Double (two people to a room):
Suite (two+ rooms that share a bathroom):	Suite (two+ rooms that share a bathroom):
Extra Costs for Apartments for One Academic Year	Extra Costs for Apartments for One Academic Year
Move in expenses: deposits, application fees and cleaning deposit	Move in expenses: deposits, application fees and cleaning deposit
Utilities per month:	Utilities per month:

5. Based on the above information, where do you think you would live for your first year? Please explain your answer.

School #1

School #2

HINT: There is usually a separate application process for housing from the admissions application. What is the deposit needed for the dorm you chose and when does your housing application have to be submitted?

School #1

School #2

6. Will you need to pay to park a car on-campus? What does a student parking permit cost for an academic year?

School #1

School #2

Meal Plans

7. List the different meal plans available at these schools (sometimes this is included in the tuition). Please include the cost of each plan.

School #1

School #2

1.

1.

2.

2.

3.

3.

8. Based on this information, which meal plan would you choose? Please explain your answer.

School #1

School #2

HINT: There is usually a separate application process for your meal plan from the admissions application. What is the deposit needed for the meal plan (if any) and when does your meal plan application have to be submitted?

School #1

School #2

9. Given the information you have gathered in the last few sections, estimate how much it would cost to attend these schools for one academic year? Your estimation should be the totals for all costs at each college you researched.

School #1

School #2

Tuition:

Tuition:

Housing:

Housing:

Meals:

Meals:

Fees:

Fees:

Parking:

Parking:

Books:

Books:

Miscellaneous:

Miscellaneous:

TOTAL: _____

TOTAL: _____

These are just a sample of most of the expenses, there may be more there may be less. If you don't know the costs look them up. For instance to look up the cost of books you can just enter "average college book costs" in the Internet and it's like magic it gives you the answer.

Don't ever write "I don't know" to any question in your Portfolios, the world is at your fingertips through the Internet, use it.

Student Services

- a. List three student service offices at that these schools that you would be interested in using. [e.g., financial aid advisement, academic advisement, student services (specific to your major/ethnicity/etc), tutoring, health services, etc.]]. **The above are only examples, and you must look at the college websites to find specific student service programs.** You must list at least one of the TRIO programs that are at the college.

School #1

a.

b.

c.

School #2

a.

b.

c.

- c. List three student organizations or clubs you might be interested in joining (e.g., African-American Student Association, Social Work Student Association, Young Democrats, Cycling Club, Hispanic Honor Society, Outdoor Club, Art Student Association, International Club, etc.), and tell us why you are interested in the three student organizations you selected. Remember that all colleges have a variety of different student organizations. **The above are only examples, and you must look at the college websites to verify their student organization options and their exact names.**

School #1

a.

c.

c.

School #2

a.

b.

c.

At this time, which school would you rather attend and why (be specific, citing the information that you researched)?

JUNIOR PORTFOLIO SELF-EVALUATION October/Unit 8 • College Exploration

Student Name: _____ **Date:** _____

Directions: To obtain full credit complete this check-in sheet of your unit work.

- It is advisable that you take time to think of what portfolio work you need to complete between now and the day your portfolio is due, and get to work on it!
- Please circle the appropriate response and answer in complete sentences where asked.
- **Site Sponsor and Parent/Guardian must sign Check – In Sheet by due date on the 1st page of your portfolio unit.** This is typically 1 week before your portfolio visit.

1. What parts of the unit do you still need to complete?

2. What part of this unit, if any, are you having difficulties with? Why?

3. Did you connect with other UB students through Facebook? If so how did it work? If no then who did you collaborate with at your school and why?

Parent/Guardian Portfolio Evaluation:

Please check on your child’s Portfolio, what do they still have to complete?

Is there a particular part of the Portfolio that is unclear?

Is your child going to complete their Portfolio by the due date?

Unit at least ½ complete: Y N

Site Sponsor Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

STUDENT REFLECTION

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Student Name: _____

Directions: To obtain full credit

- You are required to fully explain your answers to the following questions in full sentences. ***Simple yes or no responses are not acceptable.***
- It is advisable to take time to think of what was interesting to you, what you learned, and why.

1. Based on the completion of this Unit what type of college are you interested in attending? Why?

2. How do your interests, career choices, college choice, and major connect?

3. Can you make any changes to the career or college or major that you identified in the Portfolio? Do you think that you'll change any of those items why or why not? Most people do not get a job in the major they had in college, why is that?

4. Who did you contact through Facebook with information about the college you want to go to? Why did you choose them? Will they be a part of your Success Team (someone to help get you through college)?

Student Signature

Date

Student Phone Number

Student E-mail

PARENT/GUARDIAN REFLECTION
October/Unit 8: College Exploration

The following questions are for your parent(s)/guardian. If they do not complete the questions you will not be eligible for the complete stipend.

Let's take a moment of reflection and time to think it all through.

1. What are some of the interests in your child's life?

2. What are two careers that they are interested in?

3. What type of college will they be attending according to their career interest?

4. What might their major be in college to attain that career?

5. What do you think about all of their decisions about which college to go to?

6. Are there any changes in your contact information that we will need in order to contact you or send out important information?

Parent Signature

Date

Parent Phone Number

Parent E-mail