NORTHERN ARIZONA UNIVERSITY
College of Health and Human Services

Bachelor of Science
Education Health Sciences:
Physical Education and School Health
2008-2009 Undergraduate Catalog
Degree Progression Plan

Freshman Year

1st term			2nd term		
HS 200	**Health Principles**	3____	BIO 181	Unity of Life I: Cell Life and Lab	4____
ENG 105	Critical Reading and Writing	4____	**HS 300**	**Human Disease**	3____
MAT 114	**Quantitative Reasoning**	3____	**EDF 200**	**Intro to Education**	3____
Liberal Studies#		3____	Liberal Studies		3____
Liberal Studies		3____	Liberal Studies		3____
	Total Units	16		Total Units	16

Sophomore Year

3rd term			4th term		
BIO 201	**Human Anatomy & Physiology**	4____	**BIO 202**	**Human Anatomy & Physiology**	4____
HS 121	**Traditional Dance** (***Fall Only***)	1____	**HS 365**	**Physical Education Special Population**	3____
Nutrition	**Any human nutrition (NTS 135)**	3____	**HS 455**	**Organization of Coordinated School Health Programs** (***Spring only***)	3____
HS 315	**Effect Teaching Physical Act**	3____	**HS 335**	**Physical Education in the Elementary School**	3____
HS 408	**Fieldwork Experience**	1____	Liberal Studies		3____
HS 350	**Substance Abuse & Prevention**	3____			
Global or Ethnic Diversity		3____			
	Total Units	18		Total Units	16

Junior Year

5th term			**6th term**		
HS 303	**Exercise Science for HS**	3____	**HS 345**	**Physical Education for Middle School Students** (Spring Only)	3____
HS 303	**Exercise Science for HS Lab**	1____	**HS 375**	**Teach Health-Related Fit Concepts** (Spring Only)	3____
HS 325	**Growth and Movement Behavior** (Fall only)	3____	**HS 405**	**PE in an Adventure Setting(**Spring)	2____
HS 355	**Physical Activity for High School Students**	2____	**HS 415**	**Planning and Implementing School Health (**Spring Only**)**	3____
EPS 325	**Educational Psychology**	3____	**BME 437**	**Structured English Immersion**	3____
HS 305W	**Theories of Health Behavior**	3____	**ECI 322**	**Secondary School Curriculum**	3____
	Total Units	16		Total Units	18

3

Senior Year

7th term			8th term		
HS 425	**Plan & Implementing School PE** (Fall Only)	3____	**ECI 495**	**Student Teaching: Supervised Teaching**	12____
HS 435	**Evaluation & Assessment in Health / PE** (Fall Only)	3____			
ECI 450	**High School Teaching Methods**	3____			
ECI 465	**Evaluation of Learning: Secondary**	3____			
HS Elective		3____			
Global or Ethnic Diversity		3____			
	Total Units	18		Total Units	12

Consider taking a liberal studies that is also a Diversity course. *Apply to the College of Education **Apply to student teach

Liberal Studies Distribution blocks

AHI (6 units)	SPW (6 units)	CU (6 units)	Science (7 units)	Additional 3 units to reach 35 total
			BIO 181	
			NTS 135	

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Bachelor of Science in Education Health Sciences:
Physical Education and School Health
2008-2009

The goal of this degree is to promote healthy behaviors of children and adolescents through school programs.

To earn this degree, you must complete at least 129 units of coursework, which we describe in the sections that follow:

- At least 35 units of liberal studies requirements. Be aware that you may not use courses with an HS prefix to satisfy theses studies requirements.
- At least 63 units of major requirements
- At least 31 units of teacher-preparation requirements
- Elective courses, if needed, to reach an overall total of at least 129 units

Please note that you must complete NAU's diversity requirements by taking two 3-unit courses, one in ethnic diversity and one in global awareness. These courses may be used to meet other requirements within your liberal studies courses if you choose them carefully.
Also be aware that NAU requires at least 30 units of the courses you take for your degree must be upper-division courses (those numbered 300 and above.

Additionally, you should be aware that you must have a grade point average of at least 2.5 in all of your NAU coursework in order to graduate. This applies to all B.S.Ed. majors at NAU.
http://jan.ucc.nau.edu/~hs-p/programs/index.php?id=2

Also be aware that, for the B.S.Ed. degree, you must have the following:
A grade of at least B for the English foundation requirement (ENG 105 or equivalent)
(If you don't receive a 3.0, you may complete an additional writing course, at the 200 level or above with at least a B, to meet this requirement.)
A grade of at least C for the mathematics foundation requirement (generally MAT 110, 114, 125, or 155)
Apply and be admitted to the College of Education http://coe.nau.edu/student_services/TEP_Application.doc

This 8-term plan is to be used in conjunction with the academic catalog and degree audit report.
Students should see an academic advisory regularly to confirm their academic progress.
Students must see an academic advisor before enrollment for the 7th term in preparation for graduation.
Honors students complete different requirements to meet NAU's liberal studies program.
Students should consult an Honors Program advisor for fulfilling Honors Liberal Studies requirements.

Liberal Studies courses	http://www4.nau.edu/aio/Articulation/LScourselist.htm
Diversity courses	http://www4.nau.edu/aio/Articulation/DiversityCourseList.htm
Academic Catalog	http://www4.nau.edu/academiccatalog/2007/academiccatalog.htm
English Placement Info	http://www.nau.edu/comp/placement.html
Math Placement Info	http://www.math.nau.edu

Contact Information
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