



# **SOUTH RECREATION COMPLEX RULES AND POLICIES**

**All organized group events or activities must be scheduled through  
Campus Recreation Services**

**For information on this facility or to report concerns please call  
Campus Recreation Services (928 523-1733), the facility manager  
(523-9526), or NAU Safety and Security (523-3611)**

**In case of emergency or injury call NAU PD 523-3000 or 911**

**Use field complex and amenities at your own risk**

**To ensure a safe and well-maintained facility, the following articles and  
activities are PROHIBITED in ALL complex areas:**

- **Glass of any type**
- **Alcoholic beverages**
- **Smoking and use of smokeless tobacco products**
- **Skateboarding, biking, and in-line skating**

**The following are PROHIBITED on synthetic field turf areas:**

- **All food and beverage products, except water, including gum, and shelled seeds or nuts (a serious allergy risk to others)**
- **Sharp objects such as tent stakes, corner flags, and poles that may penetrate or damage the turf**
- **Chairs or benches (these items may puncture the turf or cause damage)**
- **Portable heater and any open flame**
- **Metal cleats or high heeled shoes**
- **Dogs or Other Pets**
- **Any golfing or throwing activities such as hammer, shot, discus or javelin**
- **Suntan lotions, oils or creams of any kind - Please apply sunblock prior to entering the turf area**

**The following are APPRECIATED from all users:**

- **Always Lift and Carry (DO NOT DRAG) Goals and Equipment,**
- **Please deposit all trash in trash receptacles PROVIDED**

# TURF FIELD USER'S RESPONSIBILITIES

**CLEANLINESS:** because the turf is not regenerated like natural grass, anything left on the turf remains there, posing health and safety hazards as well as general degradation of the turf.

**Please clean up after your activity!!!**

## 1. **Clean-up:**

1. You are responsible to leave the field as clean and ready for the next user. When you are done, please inspect the field and remove anything left by your players or spectators, such as trash, athletic tape, or equipment. Be very careful to remove all mouth guards left by players (a biological hazard). Have your participants walk the field in a line at the end of their event.
2. Cleaning spills and participant fluids: Spills of foreign substances should be removed as quickly as possible. Thoroughly rinse any cleaning attempts to avoid slippery areas that could result in injury. Contact the Campus Recreation Services office or Student Manager for assistance if needed.
3. In the event that a user has left the fields without cleaning up or has allowed sunflower seeds and/or gum onto the field turf. A cleaning fee will be charged.

## 2. **Hazardous Waste:**

1. In the event of an accident or injury resulting in bodily fluids onto turf: **STOP ALL ACTIVITY, CONTACT THE CAMPUS RECREATION SERVICES OFFICE OR FIELD MANAGER FOR PROPER CLEAN-UP.** You may resume play once hazardous area is cleaned up.

## 3. **Other Notes:**

1. For obvious reasons, please encourage your players to avoid spitting on the turf.
2. If a manager is assigned to your event, contact the manager for assistance.
3. Notify Facilities Manager if any areas of the turf are damaged or deficient.

# PROTECT THE TURF FROM PHYSICAL DAMAGE

The Field Turf is a composite system consisting of synthetic grass fibers sewn into a mat. Between the fibers is a 1 ½ inch layer of small rubber pellets (infill). The rubber infill makes the grass stand up and is also the critical cushion between the player and the stone base beneath the mat. Foreign objects pose physical risks to the turf fibers, the mat, and the rubber infill.

1. Footwear is restricted to molded cleats (max 1/2"), turf shoes, or other soled athletic shoes such as cross-trainers or running shoes. Metal cleats or spikes are prohibited.
2. Protect the turf surface from sharp or pointed edges of objects or equipment placed on the field. When goals or other equipment are moved, they should be picked up off the turf. Dragging goals, such as lacrosse goals and soccer goals will damage the turf.
3. Allow no sharp objects that would penetrate the turf.
4. Motorized vehicles are not permitted on the turf (except approved maintenance vehicles).
5. All Physical Damage caused by negligence of the user will be charged to the user.

# **INCLIMATE WEATHER PROCEDURES**

While using fields remain aware and alert for incoming weather. This is a large open area and subject to lightening and other weather related hazards.

## **Any or all of the following may indicate the possibility of imminent lightning**

- Thunder, even without any visible lighting
- A sudden cloudburst of enormous raindrops or hail
- A fast-moving cold front; these often trigger thunderstorms along a squall line ahead of the front as it pushes warm moist air upward. A change in wind direction with a sudden blast of cold air is often an indication of a incoming cold front
- Signs of highly charged air—any of the following signs is an indication of serious lightning potential: hair standing on end or crackling; crackling noises or bussing in the air; small sparks given off around metal objects.

## **30/30 lightning rule**

- At a count of 30 sec between seeing a strike and hearing thunder or signs of an approaching storm, field users are to move the entire user group under and in the middle of the Ramada immediately. Normal activity should not be resumed until 30 min after the last thunder clap is heard.

## **Other Weather**

- Severe weather can impact the safety of activities on the field. Rain, snow, ice and cold fronts can alter a situation in a hurry. Keep this in consideration when deciding on a plan of action. If weather threatens the safety of the field users, consider seeking shelter until it passes or discontinue use of the fields