NORTHERN ARIZONA UNIVERSITY

Campus Recreation Services

Pre Course Assessment

Please assist us in providing you with an optimum experience by completing this assessment tool, and returning it seven days prior to your course date.

1. Please briefly describe your organization. (Organization type, Age(s), Gender ratio, etc.):

2. How much time does your group normally spend together, and how well do they know each other?

3. Has your group experienced a challenge course program previously, or is your group familiar with what a challenge course is? Have you been to the NAU Challenge Course?

4. Why have you decided to schedule a team building day for your organization?

5. The challenge course can be utilized in many ways from a "Team Building Intensive" experience to a "Fun & Discovery" experience. Please place a checkmark where you feel is appropriate. (The descriptions of the two extremes are general examples, and do not always apply.)

Fun & Discovery More activities Fewer processing Less cerebral	1	2	3	4	5	6	7	8	9	10	**Team Building Intensive** Fewer activities More processing More cerebral
	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	

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6. When your day is complete, what three goals would you like to walk away achieving?
    a.

    b.

    c.

7. Please objectively identify what you consider to be the strengths and weaknesses of your group:

    Strengths:

    Weaknesses:

8. What do you see as the biggest challenge or obstacle to success for your group?

9. Please identify any other particularly essential outcomes that we may attempt to address on your team building day:

10. Any additional questions or comments:

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