

## What matters to you?

Professor Alemán's research focuses on Latino elders and their involvement with community-based agencies. She found that Mexican American elders tend to use services less than other Latino groups, and that Spanish-speaking elders tend to use fewer services than English-speaking elders. These findings resulted her book, *Hispanic Elders and Human Services*.

Alemán encourages her students to become connected with elders in their families and larger communities, and become aware of the strengths and the wisdom that our elders possess. With this perspective, young people can become more involved in policies that affect our current and future elders.

Alemán is a former recipient of the President's Award and the President's Team Award for Outstanding Service, and holds a PhD in Aging Policy from Brandeis University, Waltham, Mass.



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